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The Ukiah DAILY JOURNAL

Mendocino County's local newspaper

Tomorrow: Sunny to partly cloudy

TUESDAY
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Career Day at the college

Students explore future possibilities



Zack Sampsel/The Daily Journal
At left, students learn about the Fashion Institute of Design and Merchandising at Monday's Career and University Day at Mendocino College. The FIDM was one of the 150 exhibitors at the event. Below, representatives from DeVry University speak with students at the Career and University Day Monday.



By ZACK SAMPSEL
The Daily Journal

The gymnasium at Mendocino College was a colorful display of signs and booths as hundreds of students from all over Mendocino County turned out for the first-ever combined Career and University Day Monday morning.

"Combining the Career Fair and College and University day allows more students to participate and research their future school and career at the same time," Kurt Combs, Mendocino College Career and Transfer Center director said about the integration of the two activities.

Monday's Career and University Day gave both High School and college-age students a chance to talk with potential employers, sign up for internships or look to find a four-year university.

This year more than 150 exhibitors, including local organizations The Solar Living Institute and The Mendocino County Sheriff's Office, among others, helped to easily make this year's Career and University Day the biggest ever.

"This year we started looking for more diversity, and with the success so far, we'll look to do it again next year," Combs said.

This year's turnout more than doubles the 38 vocational and four-year schools that participated at last year's College and University Day combined with the 37 employers visited during the Career Fair last spring.

"We're really pleased with how this has gone. It's an awesome turnout. If a student can find a career that interests them, they're more likely to finish school or move on to more education," Combs said. "Our hope is that the students will use today to look at things they want to do as a career or find another path to education."

Combs said the expected attendance for the event was between 300 and 400 students from Mendocino College, Ukiah Unified Schools as well as students from Round Valley, Anderson Valley and Potter Valley. And with exhibitors such as the Fashion Institute of Design and Merchandising, DeVry University, NCO HeadStart and every branch of the military, there was plenty for the students to learn -- and plenty of free items.

Although free goodies like calculators, umbrellas and pens were an easy draw for most booths, many students like Brad Norman, 12, from Fort Bragg Middle School, found themselves learning more than they had ever expected.

"There was a lot of action at the

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Career & University Day exhibitors

- Broadcasting Corp. of Mendocino County
- California Conservation Corps
- California Forensic Medical Group
- California Highway Patrol
- California Human Development
- County of Lake
- CSU Chico
- CSU East Bay
- DeVry University
- Dominican University
- Dominican University - Ukiah
- Embry Riddle Aeronautical University
- Fashion Institute of Design & Merchandising
- Federal Bureau of Investigation
- Goodwill Industries
- Granite Construction
- Hawaii Pacific University
- Hertz
- Holy Names University
- Home Depot
- Hospice Services of Lake County
- Humboldt State University
- J. C. Penney
- Lake County Biplane Tours
- MCOE/ROP
- Mendocino Animal Hospital
- Mendocino College Agriculture/Horticulture
- Mendocino College Athletics
- Mendocino College Business Office Technology
- Mendocino College Ceramics
- Mendocino College Counseling
- Mendocino College Disability Resource Center
- Mendocino College Financial Aid
- Mendocino College Personnel Services
- Mendocino College Public Safety
- Mendocino Community Health Clinic, Inc.
- Mendocino County IHSS Public Authority
- Mendocino County Sheriff's Office
- Mendocino County Social Services
- Mendocino Works/MPIC
- Mervyns
- Microphor
- NCCC, Inc./Lake County One-Stop
- NCO Head Start
- North Coast Builders Exchange
- North Coast Opportunities/RCCC
- Northern California Engineering Contractors

See EXHIBITS, Page 16

Students left on side of road

By ROB BURGESS
The Daily Journal

According to a Ukiah High School student, a Ukiah United School District bus driver kicked as many as 27 students off her bus, some miles from home, Wednesday because she perceived a small group as being too rowdy.

Troy Christensen, a freshman at UHS, said that he was among the group of high school students that were told to exit bus D25 last week.

He said the incident started when two students riding in the back were waving and pretending to throw things out the bus window.

"She said we had the choice to either get off the bus or be taken back to school and be removed by security," he said. "I was a little over a mile away from my house where they she let us off."

Christensen said he wasn't positive of how many students were told to leave the bus because of how many there were.

"I'd say it was anywhere between 13 and 27 kids," he said. "I can't be sure."

Christensen's father, Milton Kleim, said the back seven rows of the bus were cleared by the driver, who had a different take on the incident.

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HIT AND RUN

Wallet left at scene after hit and run



MacLeod Pappidas/The Daily Journal
A gas pump at a Shell fueling station was struck by a vehicle early yesterday morning. The suspect fled the scene, allegedly leaving his wallet behind.

By ROB BURGESS
The Daily Journal

A hit and run accident at the Shell fueling station at the corner of Airport Park Boulevard and Talmage Road partially crushed and nearly toppled a gas pump yesterday, with the suspect allegedly leaving his wallet at the scene.

Ukiah Police Department Watch Commander David McQueary said the department received a 911 call at around 1:43 a.m. from 1105 Airport Park Blvd. Monday morning.

McQueary said the caller told officers they heard what sounded like a crash and then saw what they described as a black pickup truck traveling east on Talmage Road.

Thirteen minutes later, at 1:56 a.m., police arrested Thomas Perry, 18, of Cloverdale, on suspicion of driving under the influence and a hit and run.

McQueary said Perry had been headed southbound on Highway 101 when he was intercepted.

Then, according to a police report, at approximately 2:35 a.m., officers recovered what they believed to be Perry's wallet from the scene of the crime.

Rob Burgess can be reached at udjrb@pacific.net.

DAILY DIGEST

Editor: Richard Rosier, 468-3520 The Ukiah Daily Journal udj@pacific.net

The world briefly

AMD's new 'quad-core' server chip seen as critical to chip maker's success

SAN FRANCISCO (AP) - Advanced Micro Devices Inc. is set to launch its highly publicized new server chip Monday, delivering the biggest jolt to its product lineup in four years.

The company's redesigned Opteron processor is the first from AMD to feature four computing engines on a single chip instead of just one or two.

AMD's belated entry into the "quad-core" market is a critical element in the financially strapped company's offensive against Intel Corp., the world's largest semiconductor company, whose market value of $148 billion makes it 21 times bigger than AMD.

Intel has outspent its smaller rival on new technologies and better absorbed the pain of a brutal price battle that has led to embarrassing market-share losses AMD hopes its new chip will reverse.

AMD has overhauled the design of the original Opteron chip, which the company says is the most important improvement in delivering higher performance, and is using a different engineering strategy than Intel.

Fighting, private suites and lip syncing: MTV Video Music Awards flourish despite Britney Spears bomb

LAS VEGAS (AP) - As in most train wrecks, it was hard to focus on just one thing as the Britney Spears disaster unfolded. There was just so much that went wrong.

Out-of-synch lip-synching. Lethargic movements that seemed choreographed by a dance instructor for a nursing home. The paunch in place of Spears' once-taut belly. At times she just stopped singing altogether, as if even she knew nothing could save her performance.

Designed to drum up excitement for her upcoming album, Spears' kickoff to the MTV Video Music Awards on Sunday night became another example of how far she has fallen. It would have been understandable if MTV's show had been crushed under the weight of the opening fiasco.

The show banked heavily on its own reinvention. After poor reviews and a decline in ratings over the last few years, MTV moved the show to Vegas, shortened it from three hours to two, went to a hostless format and focused more on performances than awards.

Justin Timberlake and Timbaland, Kanye West, Fall Out Boy and the Foo Fighters hosted separate suite parties where most of the performances took place.

Roger Federer beats Novak Djokovic to win his 4th straight U.S. Open and 12th Grand Slam title

NEW YORK (AP) - Roger Federer beat Novak Djokovic 7-6 (4), 7-6 (2), 6-4 for his fourth consecutive U.S. Open championship and 12th Grand Slam title overall.

Federer gave Djokovic all sorts of chances to pull off a major surprise in the U.S. Open final Sunday. Federer knows how to win these things, while Djokovic is still learning, and that might have made the difference.

The 26-year-old Federer became the first man since Bill Tilden in the 1920s to win the American Grand Slam four years running, and he moved within two of Pete Sampras' career record of 14 major titles.

Djokovic was in his first Slam final, yet he led 6-5 in each of the opening two sets. In the first, the 20-year-old Serb held five set points. In the second, he held two.

Federer erased all of those, showing the craft and cool that have allowed him to hold the No. 1 ranking for the past 188 weeks, the longest run by a man or woman.

Probe of 'free lunch' seminars for seniors finds sales pressure, misleading claims, fraud

WASHINGTON (AP) - An investigation by federal and state regulators of "free lunch" investment seminars aimed at seniors has found high-pressure sales pitches masquerading as educational sessions, pervasive misleading claims for unsuitable financial products, and even fraud.

Much of the blame goes to investment firms for failing to properly supervise their employees who put on the seminars for seniors, according to the report of the investigation being made public Monday. By law, the sales pitches made at the seminars and the materials provided to participants must be approved by a brokerage or investment firm's supervisors.

The examination by the Securities and Exchange Commission, state regulators and the securities industry's self-policing organization, the Financial Industry Regulatory Authority, covered seven states that have large numbers of retirees: Alabama, Arizona, California, Florida, North Carolina, South Carolina and Texas.

The investigation, which ran from April 2006 to June 2007, focused on 110 investment firms and branch offices that sponsor sales seminars for seniors with free meals.

SEC Chairman Christopher Cox called the investigation's findings "a wake-up call for securities regulators, the financial-services industry and, especially, older investors."

Vikings D overwhelms Vick-less Falcons, rookie Adrian Peterson runs for 103 yards in 24-3 rout

MINNEAPOLIS (AP) - Somewhere, Michael Vick must have been shaking his head. The Minnesota defense overwhelmed Atlanta's Joey Harrington with six sacks and two interception returns for touchdowns, and rookie running back Adrian Peterson finished off the Falcons in a 24-3 victory by the Vikings in Sunday's season opener.

Kevin Williams returned an interception 54 yards for a first-quarter score, and Antoine Winfield ran one back 14 yards in the fourth quarter for Minnesota. Peterson made an amazing catch out of the backfield that he turned into a 60-yard touchdown reception and - oh, by the way - finished with 103 yards rushing on 19 carries after starter Chester Taylor hurt his hip.

Harrington? He was doing all right, until imploding down the stretch. But he certainly didn't do anything to make Atlanta forget about Vick, whose indefinite suspension and probable jail time for his role in a dogfighting ring stunned the Falcons this summer.

Harrington finished 23-for-32 for 199 yards, but he failed to lead his team to the end zone - and paid dearly for his two interceptions. Peterson, the seventh overall draft pick out of Oklahoma, was taken to inject some life into an offense that was one of the NFL's worst last year. He couldn't have been any better in his debut.

FUNERAL NOTICES

MABEL FLORENCE SIRIZZOTTI

Born Mabel Florence Olsen on May 20, 1915 in Oakland, California. Mrs. Sirizzotti passed away on September 8, 2007 in Ukiah, California. She is survived by husband George Sirizzotti, retired Willits postmaster and disabled veteran; sister-in-law, Marge Cook; ten nieces and nephews including Willits resident Denny McEntire; and numerous great nieces and nephews. She was preceded in death by her daughter, Larsine Sirizzotti, four brothers, and sister, long-time Willits resident Ila McEntire.

Arrangements under the care and direction of the Anker-Lucier Mortuary.

DEATH NOTICE

• **Frances E. Simmons**, 88, formerly of Hopland, died in Crestview, Fla. on Wednesday, Sept. 5, 2007. Services will be held on Tuesday, Sept. 18, 2007 at 10 a.m., at Hopland Cemetery. The Eversole Mortuary is in charge of arrangements.

FDA considers food-label symbols to steer shoppers toward healthier eating

WASHINGTON (AP) - If an increasingly overweight America's eyes are bigger than its stomach, then placing more nutritional information in plain sight could allow shoppers to see their way to more healthy choices while scanning food labels.

That's an idea being considered by the Food and Drug Administration as it examines whether symbols added to the front of food packages could convey nutrition information in a clear and concise way - without forcing shoppers to pore over the small print usually relegated to the back of the box, bag or can.

The agency opens a two-day hearing Monday to collect comments from food companies, trade groups, watchdog organizations, medical experts and their overseas counterparts on the topic. Any action is likely years away.

Some food manufacturers and retailers already have begun labeling foods with symbols to indicate how nutritious they are. PepsiCo uses the "Smart Spot" symbol on diet Pepsi, baked Lay's chips and other products. Hannaford Bros., a New England supermarket chain, uses a zero to three-star system to rate more than 25,000 food items it sells. And in Britain, the government has persuaded some food companies to use a "traffic light" symbol. That ranking system relies on green, yellow and red lights to characterize whether a food is low, medium or high in fat, salt and sugar.

There is little consistency among the competing symbol regimes, since they can rely on differing criteria and requirements for eligibility, according to the FDA. The agency seeks information on how shoppers respond to the symbols, whether they eat better as a result and how use of the symbols affects sales.

POLICE REPORTS

The following were compiled from reports prepared by the Ukiah Police Department. To anonymously report crime information, call 463-6205.

ARREST -- Ottis Britton, 66, was arrested on suspicion of driving under the influence at 12:54 a.m. Sunday at the corner of North Highland Avenue and West Perkins Street.

ARREST -- Gregory Morris, 21, of Ukiah, was arrested on suspicion of driving under the influence at 1:12 a.m. Sunday at the corner of West Perkins Street and Thompson.

ARREST -- Ivory Miller, 24, was arrested on suspicion of driving under the influence at 2:30 a.m. Sunday at 105 North Main Street.

ARREST -- Severo Lupian, 24, of Hawaii, was arrested on suspicion of driving under the influence at 8:02 p.m. Sunday at 600 Walnut Avenue.

ARREST -- Thomas Perry, 18, of Cloverdale, was arrested on suspicion of driving under the influence and a hit and run.

The following were prepared from reports prepared by the Willits Police Department.

FIRE AND RESCUE

UKIAH FIRE DEPARTMENT --

ACCIDENT -- A two vehicle accident occurred at 3:04 p.m. at the corner of North State Street and Ford Road, with Ukiah Valley Fire Department responding. Five people were involved, with no injuries reported.

CORRECTIONS

The Ukiah Daily Journal reserves this space to correct errors or make clarifications to news articles. Significant errors in obituary notices or birth announcements will result in reprinting the entire article. Errors may be reported to the editor, 468-3526.

In the story "Chili Cookoff" which ran on the front page of Saturday's paper, the amount raised for last year's event should have been listed as $18,500.

LOTTERY NUMBERS

DAILY 3: 2, 1, 3.
FANTASY 5: 7, 8, 12, 32, 38.
DAILY DERBY:
1st: 04 - Big Ben
2nd: 12 - Lucky Charms
3rd: 02 - Lucky Star

Race time: 1.44.63

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How to reach us

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Sat-Sun.....Closed

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ASK DR. GOTT

By Peter H. Gott, MD

Where is the tail of the breast?

DEAR DR. GOTT: A readers wrote to you saying she found a lump in the tail of her breast. I am 70 and do not know where the tail of my breast is. I've asked several of my women friends, ranging in ages from 25 to 75, and none of them knows where it is, either. I am assuming there are many other women that read your articles who would also like to know where the tail of the breast is.

DEAR READER: Normal breast tissue extends almost into the armpit, where it is flat, thin and resembles a tail. Being breast tissue, it can be a source of inflammation and/or tumor formation. It should be palpated (and X-rayed) along with the major breast tissue at appropriate intervals.

To give you related information, I am sending you a copy of my Health Report "Breast Cancer and Disorders." Other readers who would like a copy should send a long, self-addressed, stamped envelope and $2 to Newsletter, PO Box 167, Wickliffe, OH 44092. Be sure to mention the title.

DEAR DR. GOTT: Our son, who is a doctor, suggested that we get Zostavax, the shot for shingles. We are both in our early 80s. Do you recommend it?

DEAR READER: Without a doubt. The vaccine will prevent shingles in most people. Shingles is a miserable and painful viral infection of the nerves in the skin. I took the shot this year without problems. I urge every adult over 60 to get the vaccine.

DEAR DR. GOTT: Recently, I read your column about the man who stated that he has sleep apnea. I can understand this gentleman's frustration with the CPAP mask. I recently started using one. It is a bit noisy and cumbersome.

I cannot understand your reply to his letter. Taping one's mouth shut might be an option for a person who snores. I don't think that it can be considered an option, intriguing or otherwise, for a person with sleep apnea.

Sleep apnea is a sleep disorder characterized by pauses in breathing during sleep. These episodes, called apneas (literally "without breath"), last long enough so one or more breaths are missed, and occur repeatedly throughout sleep. I understand that sleep apnea can be mild or severe. I still don't think that taping one's mouth closed would be an option for someone even if he/she has very mild sleep apnea.

Taping one's mouth does not treat some of the sleeping problems associated with sleep apnea.

DEAR READER: I apologize for suggesting mouth-taping for patients with sleep apnea. This

See GOTT, Page 5

Hillside Health Center gets a face lift

By Richard Rosier
The Daily Journal

Hillside Health Center recently completed a major construction project, providing an expanded lobby to better serve their patient base.

"The lobby remodel is part of a larger facilities upgrade project," said Catherine Rada, Mendocino County Health Clinic's grants and corporate compliance officer. "This just-completed phase has brought together medical and dental reception, so our patients have a much nicer waiting area. Next, we'll be bringing counseling and medical services together to create a care environment that addresses the multiple needs of our patients. We are also building new exam rooms to house our growing OB/GYN program, Care for Her."

The new lobby, as well as the new landscaping design for the front of the building, was designed to make patient care easier and more inviting. Several patients voiced their approval of the new lobby's design.

"We got a grant from the merger of two health plans and it was offered to clinics throughout the state," said Linnea Hunter, chief executive officer of Mendocino Community Health Clinics. "It came for capital improvement, which grants rarely do. This gave us $344,000 dollars to improve access to care . . . for Ukiah site."



MacLeod Pappidas/The Daily Journal

Hillside Health Center CEO Linnea Hunter sits in front of the facility's new lobby.

The building was constructed during the 1950s, said Hunter, and care has progressed quite a bit since that time.

"We wanted to make it comfortable," said Hunter. "We wanted to give it a more aesthetic, pleasing look to who we are. If you ask half the people in Ukiah, they have no idea who we are. Unless you need us, nobody knows who we are."

For more information on Hillside Health Center and other Mendocino County health clinics, visit www.mchcinc.org.

Richard Rosier can be reached at udjfeatures@pacific.net.

Schwarzenegger to call legislative session on health care

By LAURA KURTZMAN
The Associated Press

SACRAMENTO - Gov. Arnold Schwarzenegger said Monday he will call a special session of the state Legislature to deal with health care, as lawmakers prepared to debate a Democratic plan he has pledged to veto.

Health care is the governor's top priority this year, and the special session would buy time for him to strike a deal with Democrats on how to cover millions of uninsured Californians.

The regular legislative session is scheduled to end this week, and the two sides remain at odds.

Schwarzenegger announced the decision in Los Angeles during an event in which billionaire Eli Broad donated $20 million for stem cell research. His office said a formal statement would come later Monday.

"What everyone wants, and what we all want, is access to health care so it is affordable and so that everyone can have health care, and no one ever has to worry about it again, that they maybe have to file for personal bankruptcy because they have to stay in a hospital for a few days," Schwarzenegger said at the University of California, Los Angeles. "So we are working on this right now. We're going to have an extended session, a special session that we are calling today."

Schwarzenegger says the Democrats' bill asks too much of employers, while they reject his demand that health insurance be mandatory.

The Democrats' bill would raise fees on employers and expand public programs to cover about 3.4 million of the 4.9 million people who have no insurance throughout the year.

The governor's plan has a broader funding base and would cover more people, about 4.1 million. Funding would come from hospitals, doctors, employers and the federal government.

While the Democrats' bill can pass on a simple majority, the governor's approach needs a two-thirds vote, which means Republicans would have to support it. They have vowed to block any tax or fee increases to fund health care.

A way around the impasse might be for the Legislature's Democratic majority to pass the framework of a health care deal in a special session, then let voters decide whether they want to pay for it. Funding sources could include a sales tax, as well as new taxes on employers and hospitals.

But most voters already have health insurance and may not want to raise their taxes to pay for the uninsured. The ballot measure also could face opposition from some powerful interest groups, such as the California Nurses Association, which supports a government run single-payer system.

Hundreds of nurses swarmed the hallways of the Capitol on Monday to demonstrate against the Democrats' bill, which they say is a giveaway to insurance companies. They also oppose the governor's plan.

Democrats would charge employers 7.5 percent of payroll initially to help fund the coverage expansion, and that amount could be raised in subsequent years. The governor says it should be 4 percent.

The Democrats' bill is co-authored by Assembly Speaker Fabian Nunez, D-Los Angeles, and Senate President Pro Tem Don Perata, D-Oakland.

HEALTH CALENDAR

ALANON: Family and friends of alcoholics; 5:30 p.m. on Mondays, noon on Tuesdays, noon on Fridays and 10:30 on Saturdays; Calvary Baptist Church, 465 Luce Ave.; 463-1867 or 621-2721.

Alateen: Meets Thursdays 8 to 9 p.m.; Calvary Baptist Church, 465 Luce Ave., enter at east side back door; 463-1867 or 621-2721.

Alcoholics Anonymous: Daily; call 462-7123, www.aaukiah.org.

Breastfeeding Support Group: meets second Wednesday from 10:30 a.m. to noon and fourth Wednesday from 10:30 a.m. to noon; Mendocino County Public Health – WIC office, 1120 S. Dora; Tess O'Connell, 472-2739.

Celebrate Recovery: Christ-centered 12-step recovery; Fridays at Trinity Baptist Church Hall, South Dora Street and Luce Ave, 6 p.m. fellowship dinner; 7 p.m. teaching/testimony; 8 p.m. men and women's small group sharing; 9 p.m. dessert/solid rock cafe. Babysitting provided. For more information call 462-6535.

Childbirth classes: Learn about nutrition during pregnancy , preparing for childbirth, breastfeeding and infant safety. Thursdays, 6 to 8 p.m., 333 Laws Ave., in Ukiah, 472-4603.

Community Healing Clinic: 20- to 30-minute sessions on a walk-in basis with a variety of health practitioners; Second Tuesday of each month, 5:30 to 7:30 p.m.; Full Cirlce Wellness Resource Center, 530 S. Main St. in Ukiah; 463-0777; www.fullcirclewellness.org.

Council on Domestic Violence: First Wednesday, 1:30 to 3 p.m., Public Health Department, 1120 S. Dora St., Conference Room 198, in Ukiah except for May and October, which will be held at 10-Mile Court, 700 S. Franklin St. in Fort Bragg, 472-2699.

La Leche League: Breastfeeding group; meets second Tuesday, various times; Nursery Room at Presbyterian Church, corner of S. Dora and W. Perkins; Margaret Turano, 468-9587.

Look Good Fell Better: Classes are from 10 a.m. to noon on the second Monday of each month. This program pairs women with licensed cosmetologists to eliminate the appearance related side effects of cancert treatment. This is a free class offered by the American Cancer Society at 115 E, Smith St. in Ukiah. For more information, call 462-7642 ext. 3.

Low Vision Support Group: 10 to 11:30 a.m.; Fourth Monday; at Henny Penny Resteraunt, 687 S. Orchard Ave., Ukiah; open to local seniors; call 523-3222

NAMI: (National Alliance for the Mentally Ill Family Support Group) first and third Wednesdays,6:30 p.m.; call 972-9040, 485-8033, or 467-9116 for location and information. Nami is an organization dedicated to improving the lives of people with brain disorers by providing mutal support,education and advocacy.

Multiple Sclerosis Self-help Group: People with multiple sclerosis can take one more step toward ending effects of MS at the Ukiah group; sponsored by the National MS Society; 7 p.m.; second Tuesday.

Men's Cancer Support Group: Group on summer hiatus, call for one-on-one with staff. A supportive place to share your cancer experience; second and fourth Wednesdays of each month; 6 to 7:30 p.m.; at their new offices at 590 S. Dora St.; Mendocino Cancer Resource Center; 467-3828.

Narcotics Anonymous: Meetings throughout county; 485-9110.

New Life Workshop: Do you need help managing your weight? Noon to 1 p.m. Thursdays; Salvation Army, 714 A S. State St., Ukiah; 468-9577.

Overeaters Anonymous: In Ukiah – Mondays at 5:30 p.m.; Saturdays at 11 a.m.; 270 N. Pine St.; 472-4747. Meets in Willits on Wednesdays at 5:30 p.m. at Willits United Methodist Church, School and Pine Streets, upstairs; No dues or weigh-ins, everyone is welcome; 459-4594.

Sweet Success: The California Diabetes and Pregnancy Program; support for special pregnancies in which women have diabetes; planning pregnancy or are pregnant, need extra support; 463-7527.

Tantalizing Tuesdays: Series of health related evening discussions; First and third Tuesdays; Full Cirlce Wellness Resource Center, 530 S. Main St. in Ukiah; from 6:30 to 8:30 p.m.; 463-0777; www.fullcirclewellness.org.

T.O.P.S.: (Take off pounds sensibly): Meets from 9:15 to 10:30 a.m., every Tuesday, at Calvary Baptist Church, 465 Luce Ave; Carolyn Madole, 463-0261.

T.O.P.S.: Low-cost, non-profit group meets every Tuesday at Autumn Leaves, 425 E. Gobbi St., in the community room. Weigh-in is from 5:30 to 6:15 p.m. Meeting is from 6:15 p.m. to 7:15 p.m.; Linda MacDonald, 467-2391.

T.O.P.S.: Every Thursday at Washington Mutual Building community room, 700 S. State St.; meeting is from 8:30 to 10:30 a.m.; it is a low-cost, weight-reduction support group; call 462-4901 or 485-7801.

T.O.P.S.: Every Friday at the Meadows Mobile Court clubhouse, 8686 East Road, Redwood Valley; weigh-in is from 9:30 to 11 a.m.; meeting is from 9:30 to 10:30 a.m.; call 485-8260 or 485-1238.

Ukiah Community Center Crisis Line: Need help? Call 463-help (4357) or 1 (800) 575-help (4357).

Ukiah Diabetes Education: The Diabetes Education Group; 7 p.m.; second Monday; 463-7698.

Ukiah Valley Blood Center/Blood Centers of the Pacific: Mondays, 9 a.m. to 4:30 p.m.; Tuesdays, 10 a.m. to 5 pm.; Thursdays, 11 a.m. to 6 p.m.; 620 Kings Ct., Suite 110; make appointment, donate, schedule blood drive at workplace; 1 (888) 393-GIVE.

Weight-loss Surgery Support Group: Free, open to the public, Gastric Reduction Duodenal Switch (GRDS) support and information group; Central Valley Bariatrics; 1st Friday; 6 p.m.; Bartlett Hall, Ukiah Senior Center complex, 499 Leslie Street, Ukiah; e-mail, letstalk@iwon.com.

Weight Watchers: Redwood Valley Weight Watchers meet at the Redwood Valley Cafe and are hosted by Redwood Valley Fitness on 9620 N. State St. Their leader is Laurel of Ukiah Weight Watchers. For more information, call 485-5696.

Women's Cancer Support Group: A supportive place to share your cancer experience; first and third Tuesday of each month; noon to 1 p.m.; at their new offices at 590 S. Dora St.; Mendocino Cancer Resource Center; 467-3828.

If you -– or the organization that you represent –- change a phone number, an address, or any information in this calendar, please call at the Ukiah Daily Journal at 468-3520, or e-mail us at udjfeatures@pacific.net.

The new arrival



Striving for Imperfection

By Scott Marcus

It doesn't cry or use diapers, but rolls well and I can sit on it. OK, you guessed, I bought a new bicycle! I named it "Specialized Crossroads Sport" (it's easy to pick a name when it comes painted on it). It's a "comfort bike" because riding it is similar to riding a couch. (That is, if your couch rolls up hills and goes against the wind.)

Embarrassingly, by getting a new bike, I felt I was abandoning my old Schwinn Mesa. Of course, it didn't help when my wife said, "I can't believe you're retiring your old bike." Great, pangs of guilt; just what I needed! (Mental note to self: what does it say about me that I get emotionally attached to an inanimate object like a bike? Where is my therapist's phone number?)

First the back story: I'm not someone who does 100 mile cross country marathons, but I do find my way around town, utilizing my bicycle for commuting. I'll ride to meetings, drop off videos, or pick up some groceries. (If you go grocery shopping via bicycle, you save a heck of a lot of money also because you have to lug your goods on your back.) In essence, I do the usual "around town" errands on two wheels instead of four, saving me a few hundred dollars in gasoline, improving my health, and - as an added benefit - feeling I'm making a stand against Big Oil in some small manner.

A bicycle, just like a car (and us), requires regular looking after. Also as with a car, I am not able to provide said maintenance; so I take my metallic steed to the bike shop for adjustments. The last time I brought in my Schwinn, the "bike guy" said the whatchamacallit and the thingamabob were wearing out.

"Not a big deal," adds he (easy to say if you're mechanically apt - unlike me), "But the cost to replace it is more than the bike is worth. You might want to consider one of the newer 'city bikes.'"

City bikes, I discover, are for people like me; designed for short trips and tasks, they are more comfortable and do not make you stretch as much to reach the handlebars (a big deal, let me tell you). Infused with such newly acquired comprehension, I found my soon-to-be new best buddy at a local bike shop and plunked down my credit card.

After the exchange, it occurred to me:

1. I spent almost $400 on a

See STRIVING, Page 5

FORUM

Editor: K.C. Meadows, 468-3526 The Ukiah Daily Journal udj@pacific.net

Letters from our readers

The U.S. Farm Bill: Subsidizing the obesity epidemic

To the Editor:

Talk of the obesity epidemic pervades American culture. With the number of overweight and obese Americans totaling more than 66 percent, it's not a stretch when we say that the obesity epidemic is virtually everyone's problem.

There are plenty of explanations for this epidemic, all of them plausible. We have altered our lifestyle, eating more but exerting less energy. With a higher standard of living, more people can afford the western diet dominated by fats and sugars. With a greater disparity between the rich and the poor, healthier whole foods cost more. Technology has reduced the amount of physical activity we perform at home and in the workplace. Companies have developed clever marketing strategies, with supersized portions and advertising targeting children the norms.

All of these explanations have merit, but it pays to go a little further and search for the cause behind these. In order to develop a comprehensive solution to the obesity epidemic we must acknowledge a primary cause of our over-consumption of calories: the U.S. farm bill. Through a set of subsidy payments, the U.S. farm bill influences what will ultimately get into the mouths of consumers, and how much consumers will pay for these products.

Let's examine one of the cheapest products on the American market: corn. In Iowa, grain elevators pay almost a dollar less for a bushel of corn than it actually costs a farmer to produce it. Subsidies written into the U.S. farm bill are paid to farmers and corporations to make up this difference. And with corn subsidies costing the U.S. nearly $42 billion from 1994 to 2005, it's no small difference.

If there's so much corn being grown in America today that the market won't pay the cost of production, it doesn't make sense for farmers to plant another acre of it. But our government continues to make subsidy payments, and America is figuring out just what to produce with this surplus of cheap corn.

High fructose corn syrup (HFCS). Hydrogenated vegetable oils. Grain-fed, mass-produced meat. Supersized portions. Supersized portions consisting of HFCS, hydrogenated vegetable oils and said meat.

When we look at a soda bottle or a supersized meal, we don't think of corn.

But we should.

Todd Dawson, a biologist at UC Berkeley, ran a McDonald's meal through his mass spectrometer and calculated how much of the carbon in it originated from the corn plant. The results were: soda (100 percent corn), milk shake (78 percent), salad dressing (65 percent), chicken nuggets (56 percent), cheeseburger (52 percent), and French fries (23 percent).

One might say that the McDonald's meal doesn't represent the majority of our diets as Americans, but according to the Center for Disease Control, one in three children eats fast food every single day. Even if you've never set foot in a fast food chain, you're not free from corn-laden foods, as more than 25 percent of the 45,000 items in the average American supermarket contain corn.

Having an abundance of corn-laden products in supermarkets and restaurants is not a problem in and of itself, but in altering the prices of these processed foods, agricultural subsidies create perverse market conditions that ultimately harm American consumers.

Between 1989 and 2005, the real price of fruits and vegetables in the U.S. increased by 75 percent while the price of soft drinks and other foods dominated by sugars, fats and oils declined by 33 percent.

Can we really be surprised that our families are eating too many calorie-dense foods high in added fats and sugars and not enough fruits and vegetables? Our misled farm bill is making poor eating habits the economically practical choice.

What's worse, these subsidies aren't even helping the majority of traditional family farms that have been such a definitive part of America's history. Farming "corporations" make up only 5 percent of the farming community in America but receive 55 percent of the subsidies. In 2006, 19 Fortune 500 companies received direct subsidy payments. Six-time NBA champion Scottie Pippen received his annual $26,315 payment not to farm his Arkansas land. Even the indicted Enron CEO Kenneth Lay received $6,019 not to farm his land.

Sixty percent of U.S. farmers -- including most of those who grow fruits and vegetables or use sustainable practices -- do not receive any subsidies.

In crusading for healthier food and beverage options for Ukiah Unified School District, I was routinely told that the money the High School earns from its contract with Canteen Vending Services is crucial to the survival of the athletic department. Ironically enough, the money made from peddling Pepsi to our students also pays for their sports referees.

Our government has $32,334 for Scottie Pippen and Kenneth Lay, but no money for the Ukiah High Athletic Program?

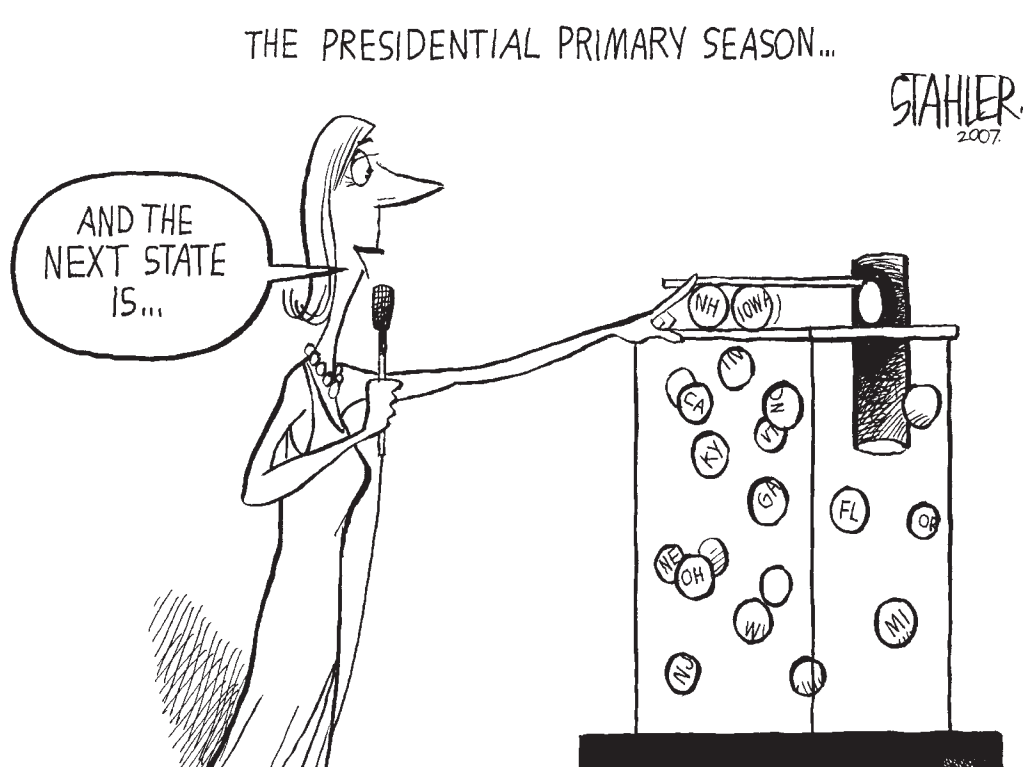
In the public health sector, we look at the obesity epidemic as a complex problem, not one that could be radically improved with a single policy change. But unexpectedly, I have come to realize that we often complicate an issue that is really driven by the simple principles of economics. I have always acknowledged the fact that unhealthy options are often cheaper. But I never understood why. It always seemed contradictory to me that a serving of French fries is cheaper than a serving of carrots, but I failed to make certain connections. Now that I know a cause behind these seemingly paradoxical problems, I feel compelled to act.

The House of Representatives passed a farm bill in late July that trumpets improved nutrition programs and support for organic farmers, but does little to reform the commodity program. Critics are disappointed in Pelosi and the House democrats -- they failed to stand up to the commodity lobbies, and covered their tracks by touting appropriated funds to laudable nutrition efforts. The President has threatened to veto the bill on the basis that it spends too much; but republicans aren't going to save the farm bill either. The White House doesn't object to the $26 billion appropriated for subsidies to commodity producers. Instead, Bush objects to language that would spend $21 million to bring fresh fruits and vegetables to our schools.

American farm policy is essentially subsidizing poor food choices. If this thought alarms you, please contact your elected officials and let them hear your voice. We could have a farm bill that supports new, and small family farmers, encourages conservation and sustainability, and levels the playing field for growers of fruits and vegetables by reforming the commodity program. Call Diane Feinstein (415-393-0707), and Barbara Boxer (415-403-0100) to share your thoughts while the Senate tackles the farm bill in September.

Lauren Bishop
Palo Alto

Editor's note: Lauren Bishop is a sophomore at Stanford University, majoring in American Studies and Health Policy. She is interning at the Mendocino County Public Health Department. She can be reached at lbishop@stanford.edu.



Time to speak out

To the Editor:

I'm writing to express my love for this valley, along with the love I feel for the people of this area, and also the vision I have for this area's future. I've lived in this area my entire life. We are a diverse group.

Though I'm sure some members of our community would like and prefer the convenience of a mall and more housing, I've seen the devastation such development has already brought to this area. I assure all those who read this letter, though a mall and housing might sound "good" in the short term, they will not have any benefits for this area or the surrounding communities in the long term. People may want the mall to make things easier for themselves, yet in actuality it would bring more complexities, such as traffic, noise and congestion.

People ask, "What can we do in terms of economic growth in this area?" Let us have happier and less complex lives. Let us grow hemp, for which there are more than 2,000 uses, and thus numerous healthy job possibilities. Let us, as individuals of this community come together as a whole and determine our collective future as one.

Let's live our ideals and talk about our ideals in the open, not being afraid of ridicule. Let's let the people we (the hobbits) put in office know that we will no longer tolerate shortsightedness, greed, and back room politics. I was recently at a public input meeting where the future of the valley was discussed, and of all of the people who spoke, only two were for this development. Yet the supervisors and county administration apparently sided with the developers. Let's know and respect each other, knowing for once we truly are one.

Yoshaany Rahm
Ukiah

WHERE TO WRITE

President George Bush: The White House, 1600 Pennsylvania Ave., Washington, D.C. 20500; (202) 456-1111, FAX (202)456-2461.

Governor Arnold Schwarzenegger: State Capitol, Sacramento, 95814. (916) 445-2841; FAX (916)445-4633

Sen. Barbara Boxer: 112 Hart Senate Office Bldg., Washington, D.C. 20510; (202)224-3553; San Francisco, (415) 403-0100 FAX (415) 956-6701

Sen. Dianne Feinstein: 331 Hart Senate Office Bldg., Washington, D.C. 20510. (202)224-3841 FAX (202) 228-3954; San Francisco (415) 393-0707; senator@feinstein.senate.gov

Congressman Mike Thompson: 1st District, 231 Cannon Office Bldg, Washington, D.C. 20515. (202) 225-3311; FAX (202)225-4335. Fort Bragg district office, 430 N. Franklin St., PO Box 2208, Fort Bragg 95437; 962-0933,FAX 962-0934; www.house.gov/write rep

Assemblywoman Patty Berg: State Assembly District 1, Capitol, Rm. 2137, Sacramento, 95814. (916) 319-2001; Santa Rosa, 576-2526; FAX, Santa Rosa, 576-2297. Berg's field representative in Ukiah office located at 311 N. State St, Ukiah, 95482, 463-5770. The office's fax number is 463-5773. E-mail to: assemblymember.berg@assembly.ca.gov

Senator Pat Wiggins: State Senate District 2, Capitol Building, Room 5100, Sacramento, 95814. (916) 445-3375Email: senator.wiggins@sen.ca.gov.

Mendocino County Supervisors: Michael Delbar, 1st District; Jim Wattenburger, 2nd District; John Pinches, 3rd District; Kendall Smith, 4th District; David Colfax, 5th District. All can be reached by writing to 501 Low Gap Road, Room 1090, Ukiah, 95482, 463-4221, FAX 463-4245. bos@co.mendocino.ca.us

LETTER POLICY

The Daily Journal welcomes letters to the editor. All letters must include a clear name, signature, return address and phone number. Letters chosen for publication are generally published in the order they are received, but shorter, concise letters are given preference.We publish most of the letters we receive, but we cannot guarantee publication. Names will not be withheld for any reason. If we are aware that you are connected to a local organization or are an elected official writing about the organization or body on which you serve, that will be included in your signature. If you want to make it clear you are not speaking for that organization, you should do so in your letter.All letters are subject to editing without notice. Editing is generally limited to removing statements that are potentially libelous or are not suitable for a family newspaper. Form letters that are clearly part of a write-in campaign will not be published. You may drop letters off at our office at 590 S. School St., or fax letters to 468-3544, mail to Letters to the Editor, P.O. Box 749, Ukiah, 95482 or e-mail them to *udj@pacific.net*. E-mail letters should also include hometown and a phone number.

ON EDITORIALS

Daily Journal editorials are written by Editor K.C. Meadows with the concurrence of Publisher Kevin McConnell.

From the desk of ....



RUBEN NAVARRETTE JR.

A first fumble

Americans and Mexicans have more in common than you might imagine, and that's not necessarily a positive thing. People in both countries respond to illegal immigration into the United States in ways that are dishonest, insulting and counterproductive, and they spend too much time blaming each other for situations they helped create.

Many Americans find it easier to blame Mexico for the problem of illegal immigration rather than own up to the fact there wouldn't be a problem if employers on this side of the border weren't gobbling up illegal workers. It's as if we're desperately pleading with our neighbor, "Stop us before we hire again."

Meanwhile, many Mexicans find it easier to worry about the welfare of the most desperate members of their society only after those poor souls have taken up residence in the United States. It's as if Mexicans are lecturing their neighbors about how to care for castaways that their own country has no idea how to care for.

For most of the 20th century, leaders from Mexico's Institutional Revolutionary Party simply ignored those citizens who went over to *el otro lado* (the other side). National pride dictated that those who jilted Mexico to pursue a life in the United States be treated as gone and forgotten.

In his 2000 campaign for the presidency, Vicente Fox changed that. As the conservative National Action Party candidate and later as president, he visited immigrant communities throughout the United States and repeatedly referred to Mexican expatriates as "heroes" because of their contributions to both countries.

That was admirable. In light of the more than $20 billion that Mexicans living in the United States send home yearly, the expatriates deserve some respect. But Fox also took to meddling in U.S. immigration policy, which didn't sit well with Americans. And when the U.S. Congress failed to pass immigration reform, some analysts blamed Fox for putting in his two centavos.

When new Mexican President Felipe Calderon assumed office 10 months ago, he seemed committed to avoiding the trap that ensnared his predecessor: defining the entire U.S.-Mexico relationship in terms of the immigration issue. For a while, Calderon pulled it off. But, while he was holding his tongue, Congress was once again mishandling immigration reform.

Now with comprehensive reform on ice, Calderon may have decided that there is no upside to staying out of the game. The problem is, the first thing he did after coming off the bench was fumble.

Last week, the Mexican president used his state of the union address to fire away at the Bush administration for its plans to build border fencing and "unilateral measures. . . that exacerbate the persecution and the humiliating treatment of undocumented Mexican workers." Calderon also lamented the "insensitivity" of the U.S. government toward foreign workers and pledged to protect the rights of Mexicans no matter where they live. In a sweeping statement that only fueled the paranoid fantasies of nativists and immigration restrictionists, Calderon even went so far as to declare that "wherever there is a Mexican, there is Mexico."

Despite the erroneous claims of CNN's Lou Dobbs that the Mexican president -- who has a 65 percent approval rating -- didn't bother to criticize his own country, Calderon did just that. He recovered his fumble when he scolded Mexico for not creating enough jobs, not doing enough to improve education, not cracking down enough on tax cheats, and not finding enough fiscal alternatives to the country's oil reserves. If Mexico made those reforms and others such as cracking down on corruption, it might create an environment where more Mexicans would want to stay rather than travel north and put themselves at the mercy of their American neighbors.

Bravo for Calderon. That self-help message should be plastered on billboards all over Mexico. Which makes all the more disappointing a meeting Calderon had with Elvira Arellano -- the 32-year-old single mother who lived in Chicago as an illegal immigrant before being deported to Mexico and separated from her child. It has since been reported that her son has rejoined her in Mexico. Nonetheless, Calderon promised his help in getting Arellano a visa so she could return to the United States and perhaps serve as a goodwill ambassador.

That was a mistake. Here's what Calderon should have promised: "Elvira, Mexico is broken. And I promise to fix it -- so that, in the future, other people won't have to go through what you've gone through."

Now, that would have built some good will with Americans.

Ruben Navarrette Jr. is a columnist and editorial board member of The San Diego Union-Tribune.

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COMMUNITY BRIEFS

Hospice of Ukiah to host grief information meeting on Nov. 5

"Getting Through the Holidays" is the theme of a gathering for those who could use help facing Thanksgiving, Christmas, Chanukah, New Years, anniversaries, birthdays and other holidays after the loss of someone dear to them.

Sponsored by Hospice of Ukiah and open to the public without charge, this 2-hour meeting will convene on Nov. 5 from 7 to 9 p.m. at the Hospice of Ukiah office at 620 S. Dora, Suite 101.

Tools and suggestions will be shared for how to lessen anticipated pain and use the holiday as a time for healing.

People are welcome to come to this evening as a one-time event or as the first session in a series of seven weekly meetings of a new Grief Recovery Support Group starting Nov. 5 and running through Dec. 17. The group will meet on successive Monday evenings from 7 to 9 p.m. at the Hospice of Ukiah office at 620 S. Dora Street., Suite 101.

The series is open to any adult who is grieving a death. This is an opportunity to express feelings of loss in a safe atmosphere and to learn information and techniques for moving through the bereavement process.

The group is educational as well as supportive. Each week focuses on different aspects of the grieving process, and includes helpful written handouts to take home as well as suggested exercises to work on during the week.

What's "normal" when you are grieving? How do people handle feeling depressed, stuck, angry, guilty, and stress? How can memories be healing and not just painful reminders? What's the best way to approach upcoming holidays and anniversaries? Simply committing to coming to the Grief Group once a week and being with others going through a similar experience can be an important component of moving forward into one's new life without the person who has died.

There is no charge for participation in the group. Hospice of Ukiah, Inc., is a volunteer hospice supported by donations which are always welcome. For more information and to register, call 391-8013.

Free tire recycling available through Sept. 17

Households will be able to recycle up to 9 passenger or light truck tires per day, without charge, at the four transfer stations throughout Mendocino County for a two-week period in September.

There is a 17 inch diameter size limit. No rims are allowed, and no tire dealers may participate.

Locations and dates are:

• Ukiah Transfer Station, 3151 Taylor Drive. Sept. 4 through 17, closed Sundays;

• Willits Transfer Station, 350 Franklin Avenue. Sept. 4 through 17, closed Sundays and Mondays;

• Caspar Transfer Station, Prairie Way. Sept. 4 through 17, closed Thursday and Friday.

• South Coast Transfer Station, Fish Rock Road, Gualala. Sept. 4 through 17 closed Monday, Thursday and Friday.

The program is sponsored by the Mendocino Solid Waste Management Authority. A grant from the California Integrated Waste Management Board supports the program.

The free tire amnesty program will help households clean up accumulations of used tires, and lessen the illegal dumping of tires along roadsides. The usual tire recycling fee is waived. Last year, 7,000 tires were collected, saving the public more than $21,000 in fees.

Clean up of old tires is especially important now that West Nile Virus has come to Mendocino County. Water collected in old tires is a breeding ground for mosquitoes, which carry the virus.

For more information about the Free Tire Collection, call the Recycling Hotline at 468-9704.

Positive parenting classes available at Mendocino College

This course is for everyone who finds parenting a bit challenging. Parents learn simple, practical solutions to common problems, while making parenting more enjoyable.

Early childhood educators, as well as parents, benefit from this course. Learn the causes of children's behavior, how to encourage children's development, and strategies to manage misbehavior.

Parents learn through observation, discussion, practice and feedback. One 8-week course will be held at Mendocino College, Tuesday evenings from 6:30-8:30 p.m. Sept. 11 to Oct. 30. The class will be taught by Mimine Ambrois LCSW, who has many years of working with children and families. Register at 468-3353 for course number 0222 or visit http://www.mendocino.edu. For more information, call Raise and Shine at 462-1233.

Mendocino Rose Society meeting 'Roses for Shade' set for today

The Rose Society will host guest speaker Jan Thomashoff from Russian River Rose Company in Healdsburg on Tuesday Sept. 11. Jan will present a slide show on her gardens, which contain over 650 roses. She will also identify various roses that can tolerate sites with less than full sun. The public is welcome to attend.

The Mendocino Rose Society meets every second Tuesday of each month at 6:30 p.m. at the Ukiah Civic Conference Room, 411 Clay Street in Ukiah. For more information about the Rose Society, or their upcoming meeting, call Jessica at 743-1902 or Noreen at 463-3550.

Ukiah Garden Club to meet tomorrow

The Fall meeting of the Ukiah Garden Club will be held on Wednesday, Sept. 12, at 12:30 p.m. at the Clubhouse, 1203 West Clay Street. Members will be bringing a salad or a dessert for a shared potluck lunch.

Annie Joseph will be the featured speaker. Her topic is "Gardening without Pesticides". She will be describing alternative ways to handle pests in the garden that do not pollute or drain into waterways.

The night meetings for the Garden Club will be held on the third Monday of each month at the Clubhouse at 7 p.m. The public is welcome to attend these meetings.

For membership information contact Cheryl Godon, by calling 485-8311.

Ukiah Valley Smart Growth Coalition general meeting set for Sept. 13

The Ukiah Valley Smart Growth Coalition invites the public to attend their general meeting this Thursday, Sept. 13, 6:30 p.m., at the Ukiah Methodist Church.

They are looking for help on planning how to win the battle to save the Ukiah Valley from corporate urban sprawl.

Today, the Ukiah Valley faces an unprecedented threat from corporate developers like Developers Diversified Realty and Creekbridge Homes. On Aug. 21, the developers got a 3 to 2 nod of approval from the Board of Supervisors to prepare an EIR on General Plan amendments that will allow their projects.

But the battle is far from over. The City of Ukiah is strongly opposed to these urban sprawl projects on its northern border. At public hearings, citizen comment has been overwhelmingly opposed to urban sprawl, especially the loss of the Masonite site for industry and its conversion into a huge big-box shopping mall.

The County must complete an Environmental Impact Report (EIR) that fully discloses the impacts of the proposed General Plan amendments and tries to show how these impacts can be accommodated. If and when such an EIR is accepted, the Supervisors must vote again on whether to enact the General Plan Amendments.

Hospice of Ukiah family volunteer training course starts Sept. 13

Hospice of Ukiah will present a hospice volunteer training course on seven Thursdays, starting Sept. 13, and running through October 25, from 6 to 8:30. This 7-week course is designed to prepare Hospice volunteers to provide emotional and physical support to the terminally ill and their families.

Areas for focus include a history of Hospice, exploring feelings and fears about dying, death and grief, spiritual issues, bedside care and caring for the caregiver, medical aspects including pain control and symptom management, communication skills, bereavement, funerals and the business of dying, legal issues, and community resources.

The class is held at 620 S. Dora St., suite 101. To register, call 462-4038.

There is a suggested $5.00 donation to cover the cost of materials.

Ukiah is accepting applications for Design Review Board through Sept. 13

The City of Ukiah announces three vacancies on the city's Design Review Board. The board consists of seven people with design experience and community interest. Four members reside, or own real property or a business within City of Ukiah city limits, and three members represent the community at large, with no residency or residency requirement. Members serve for a three year term.

The board is intended to represent, to the degree possible, a cross section of the community and a range of experience and education relevant to its functions, such as architecture; landscape architecture; building design; community, city, or urban planning; construction trades; engineering or surveying; historical or cultural preservation; environmental planning; or being a director of the Ukiah Main Street Program.

Qualified individuals that would like to make a difference in the Community and are interested in serving, are encouraged to apply. Applications are located at the reception counter in the Administrative wing of the Ukiah Civic Center, at 300 Seminary Ave. Individuals may also call the City of Ukiah at 463-6213 for an application to be mailed, faxed, or E-mailed. The submittal deadline is Thursday, Sept. 13, at noon. The appointment will be considered at the regular City Council meeting scheduled for Sept. 19.

Harvest Fiesta for Mike Thompson at Jeriko Winery set for Sept. 14

The second annual Mike Thompson Fajita Fiesta takes place at Jeriko Winery, off Highway 101 north of Hopland, on Friday, Sept. 14 from 5 p.m. until 7:30 p.m. Salsas prepared by the Salsitas from Anderson Valley will complement the fajita buffet served by the Congressman and other local dignitaries.

Dinner will be served on biodegradable cornstarch plates and utensils with sugar cane cups making this a zero waste event. Mendocino wines and beers and a silent auction are part of the festivities, and Cowlicks ice cream will be scooped for dessert.

Mike Thompson was elected to Congress in 1998. Prior to that time, he was in the State Senate for eight years. He will be speaking at the event and taking questions.

Tickets for the Fiesta Dinner, which is sponsored by the Mike Thompson for Congress Committee, are $20 for adults and $5 for children under 12 years.

For more information, or to make reservations, call 226-8989.

Community Health Grant applications available until Sept. 14

The ROUND 6 Request for Application for funding Community Health Projects are now available. These grants are generally less than $10,000.

Funding is made available from the National Tobacco Settlement Revenues, which have been set aside by the Mendocino County Board of Supervisors for community health related projects. Applications must address one or more of the four priority areas of the 2005-2009 Community Health Improvement Plan: Access to Care, Aging, Alcohol and other Drugs, Healthy Lifestyles. The Community Health Improvement Plan can be found at the Web site http://www.co.mendocino.ca.us/ph.

Those interested in accessing the RFA, GIS mapping of past funded projects, and related documents can visit the Public Health Web site at http://www.co.mendocino.ca.us/ph/mctsac

The application deadline is Sept. 14.

For more information, contact Cassandra Thatcher at 472-2793 or E-mail thatchec@co.mendocino.ca.us.

Mendocino Sustainable Skills Camp set to start on Sept. 14

The Mendocino Ecological Learning Center will hold a Sustainable Skills Camp from Sept. 14 to Sept. 17.

The curriculum is designed for 25 students, and covers many subjects in ecology and sustainable communities, including permaculture, ecological design, sustainable water and food systems, green building and construction, renewable energy, and additional subjects relating to meeting the basic needs of humans, while preserving and restoring our environment.

For more information, or to register, call 456-0779, or E-mail register@melc.us, or visit their Web site http://www.melc.us.

Benefit tour of Ridgewood Ranch set for Sept. 15

The general public is invited to a walking tour of Seabiscuit's historic home -- Ridgewood Ranch on Saturday, Sept. 15, at 9 a.m. Proceeds will benefit Geva, Inc., a thoroughbred rescue foundation located in Sonoma County. In addition to the guided walking tour, guests will be treated to a continental breakfast, viewing of restored original film footage of Seabiscuit's retirement and ranch life at Ridgewood, as well as memorabilia and will receive a commemorative souvenir.

Guests will also see several descendants of Seabiscuit including the newest 'Lil Biscuit, Bronze Sea, a bay filly born on Seabiscuit's birthday, May 23, 2007.

Reservations are $25 per person, and must be made in advance by contacting the Willits Chamber of Commerce at 459-7910.

Ridgewood Ranch is located at 16200 N. Highway 101, just south of Willits.

Gott

Continued from Page 3

practice could significantly worsen the risks of sleep apnea, as many readers brought to my attention.

I should add that the gentleman who wrote did not state he had sleep apnea, only snoring. Because he was prescribed a CPAP, I assumed his snoring was due to sleep apnea and therefore gave the Band-Aid therapy a chance.

To give you related information, I am sending you a copy of my Health Report "Sleep/Wake Disorders." Other readers who would like a copy should send a long, self-addressed, stamped envelope and $2 to Newsletter, PO Box 167, Wickliffe, OH 44092. Be sure to mention the title.

Doctor Gott is a retired physician and the author of the new book "Dr. Gott's No Flour, No Sugar Diet," available at most chain and independent bookstores. If readers would like to contact Dr. Gott, they may write him at Dr. Gott c/o United Media, 200 Madison Ave., 4th fl., New York, NY 10016.

Striving

Continued from Page 3

bike when I used to only buy $79 "specials."

2. $400 on something I actually utilize beats the heck out of $79 on something I won't.

Formerly, I bought all manner of exercise paraphernalia that was eventually relegated to an expensive spot for hanging clothes I did not put away. Now, I know this bike will get oodles of use. Change has really occurred; slowly, over time, and without notice, like it usually does. But it's definitely here.

However, please join me in a moment of silence for my old bike. May he find a wonderful new home.

About the author: Scott "Q" Marcus is a THINspirational speaker and author. Since losing 70 pounds 13 years ago, he conducts speeches, workshops, and presentations throughout the country. You too can take a pledge to visit www.ForeverFightingFat.com or contact him at scottq@scottqmarcus.com

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COMMUNITY DIGEST

Special Olympics bowling practice

Three months of bowling practice begin on September 20 and continue every Thursday afternoon through November 29. Practice starts at 3:30 and ends at 5:00. For more information call J.D. at 489-3087. There will be on bowling scheduled on Thanksgiving Day.

Preseason meeting for LadyCat softball

Any Ukiah High School girls interested in playing softball should come to the informational meeting on September 13, noon, at Ukiahi in room R-6. Topics include preseason workouts, paperwork, schedule information and more.

Time to bowl

Looking for a great fall/winter sport? Yokayo Bowl needs bowlers on several different leagues. Singles and Teams for Monday Mixed 5's, Thursday Women's 5's, Friday Men's 5's and Senior's Tuesday and Wednesday Mornings.

For more information call 462-8686.

Ukiah co-ed softball tournament

The City of Ukiah is beginning registration for a co-ed slow pitch softball tournament. The tourney will be held at the Ukiah Sports Complex on Saturday, September 22, and Sunday, September 23.

The format will be a three game round-robin with a single elimination playoff to follow. The deadline for registration is Friday, September 14 with a maximum of 18 teams. Team fees are $300 per team (no player fee).

All proceeds go towards field and facility improvements for the City of Ukiah Complex. For questions or to register a team, please call (707) 463-6714 or come to 411 West Clay Street.

Ukiahi Athletic Boosters meeting

Become involved and join the Ukiah High School Athletic Boosters Club. All parents and community members are welcome and encouraged to participate.

This is a fun and long-standing community group which works hard to help local prep athletes obtain their uniforms and much needed equipment.

The next Ukiah High School Athletic Boosters meeting will be on Monday, September 24, at 5:30 p.m. on the Ukiahi campus in the Career Center located in the Administration Building.

Ukiahi Athletic Boosters dinner

Ukiah High School Athletic Boosters fund raising dinner and auction will be held on Monday, October 15.

The community is invited to join us for our annual event at a "new" location in the Fine Arts building at the Ukiah Fair Grounds.

Dinner tickets are $30 per person. For reservations and purchase information contact Deni Lee at 468-3736 or Val Jackson at 468-9085.

UVAH golf tourney

On September 22, the 17th annual Ukiah Valley Association for Habilitation (UVAH) golf tourney will be held at the Ukiah Municipal Golf Course. Participants can enter as a team of up to four people, or individually.

Prizes for the first, second, and third place teams, hole-in-ones and longest putt and longest drive will be awarded to participants. Sign up by September 1, to ensure a shotgun start. For more information call Pam Jensen at 468-8824.

A $60 donation required, $35 for people with yearly memberships. All proceeds go to the UVAH.

SAL Boxing

Fall hours for SAL boxing are Thursday 6:45 p.m. and Friday 5:00 p.m. The cost is only $5 a year and classes are ongoing at the Redwood Health Club. To join SAL Boxing athletes must fill out paperwork and have a parental signature for those under 18. The class is a mix of a levels and ages. Come for a good workout or to seriously study boxing.

PumpkinFest 3-on-3

This hoops tourney will take place in the Ukiah Savings Bank parking lot at 200 N. School St. The fee is $20 per player (five player maximum). Team check-in is 9 a.m. There is a three game minimum for all divisions, and there will be team and individual awards. Call 463-6714 for more information or to register.

Attention coaches!

Please report local game results and schedule updates to the Ukiah Daily Journal sports desk as they happen. Ideas for sports feature stories are also appreciated. Game or team photos, statistics, and contact information are always appreciated. The sports editors will do their best to include as many local teams as possible.

Information may be dropped off at 590 South School Street on weekdays. Telephone results to 468-3518 any time, or email udjsports@pacific.net.

Bills' Everett has most severe of collection of NFL injuries

Buffalo has also suffered the loss of two other starters for the entire season

By The Associated Press

The spinal-cord injury suffered by Bills tight end Kevin Everett was "catastrophic" and life-threatening and it will be several days before the severity is known.

On a day when more than a dozen teams were hit with injuries to key players, Everett's was the worst, caused making a tackle on Denver kick returner Domenik Hixon.

"A best-case scenario is full recovery, but not likely," Dr. Andrew Cappuccino said, one day after performing a four-hour operation on the player. "I believe there will be some permanent neurological paralysis. ... A full neurological recovery was bleak, dismal."

The 25-year-old Everett underwent surgery Sunday night. He is currently under forced sedation and breathing through a respirator as doctors wait for the swelling to lessen.

Everett's family members, including mother Patricia Dugas, were expected to arrive in Buffalo on Monday from their Houston home.

"We honor ourselves by our work, and we honor Kevin by moving forward and working while never forgetting Kevin and never getting him out of our thoughts and prayers," Bills coach Dick Jauron said. "We're going to wait and see what the outcome is here and we're really hoping and praying for the best."

The Bills also lost two starters: cornerback Jason Webster, who had surgery to repair a broken forearm, and free safety Ko Simpson, who also had surgery for a broken left ankle. Both could miss the rest of the season. And linebacker Coy Wire, starting in place of injured Keith Ellison, has a sprained knee and is out indefinitely.

Rams

Seven-time Pro Bowl tackle Orlando Pace tore the labrum and rotator cuff in his right shoulder against Carolina and will be sidelined for the rest of the season. An MRI exam Monday revealed the damage to Pace, the first overall pick of the 1997 draft.

The injury is Pace's second season-ender in two games, after tearing his left triceps last November. Coach Scott Linehan said this one could be career-threatening.

Team physician Dr. Matt Matava estimated a six-month rehab period while calling it a "correctable injury."

Pace was injured on the first play after the two-minute warning while pass-blocking against the Panthers' Julius Peppers, minor jostling that didn't appear out of the ordinary.

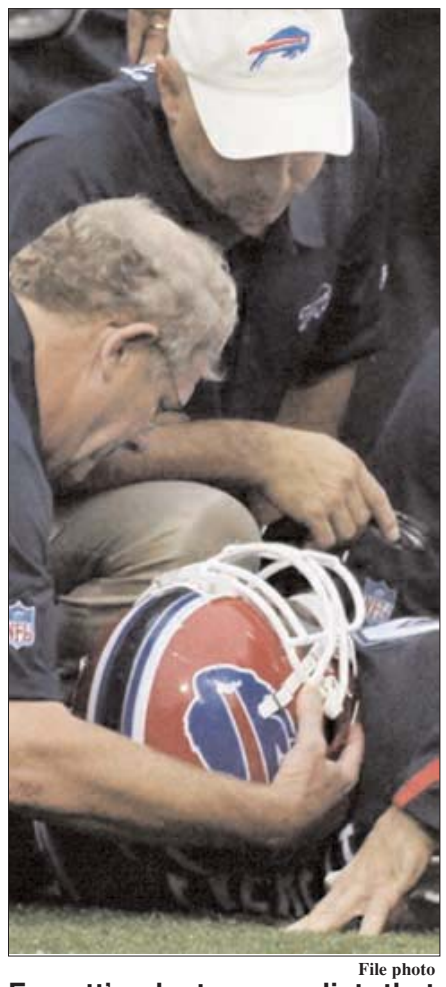
The 31-year-old Pace was placed on injured reserve last November with a torn triceps, also sustained while pass blocking, that knocked him out for the last seven games. He also missed an early-season game in 2006 with a concussion.

Complicating matters, guard Richie Incognito has a high ankle sprain that kept him out of the opener, and he'll likely miss Sunday's game against the 49ers.

Bears

Chicago might have lost defensive leader Mike Brown again. An MRI exam Monday revealed the safety suffered a serious left knee injury at San Diego. Defensive tackle Dusty Dvoracek also seriously hurt his left knee.

Coach Lovie Smith would not confirm a report on the NFL's official Web site saying they would miss the rest of the season. But he did say: "They both have serious knee injuries."



File photo

Everett's doctors predict that some paralysis will be permanent.

If Brown's injury is season-ending, it would be his third in four years. He was hurt when blocked by fullback Lorenzo Neal.

Redskins

Jon Jansen's fibula was broken and his ankle dislocated Sunday when his right foot was hit by Miami Dolphins linebacker Zach Thomas early in the second quarter of Washington's 16-13 overtime victory. The injury will require surgery this week and three to four months of rehabilitation.

This is another ruined season for the offensive tackle, the second in four years. He ruptured his left Achilles' tendon in the preseason opener in 2004.

The once-durable player has since dealt with two broken thumbs and a torn calf muscle, although the 31-year-old Jansen said this year he was in his best shape since college.

"I'm hoping that I've run out of whatever could happen next," Jansen said. "And that what's going to happen next is I'm going to have a healthy year and put about four or five more healthy years together and really have some great seasons left."

Jets

QB Chad Pennington has an injured right ankle. The New York Jets acknowledged that much, but they wouldn't say how badly the quarterback is hurt or how long he will be sidelined.

"It is the ankle, same as what was announced during the game," the always secretive coach Eric Mangini said Monday.

Pennington injured the ankle when he was sacked during the third quarter of the Jets' 38-14 loss to the New England Patriots. He was scheduled for an MRI on Monday, and Pennington wasn't available for comment at the team's practice facility.

If Pennington is sidelined for Sunday's game at Baltimore, Kellen Clemens would likely get the start.

Giants

Eli Manning has a bruised right shoulder and it is uncertain whether the quarterback will play against the Packers on Sunday. Manning had an

See INJURIES, Page 8

Annual Ukiahi Boosters Club fund-raiser is coming soon

Traditional dinner and auction event has helped thousands of local athletes over the years

For the Journal

Preparations are underway for the Ukiah High School Annual Boosters Club Dinner and Auction. An invitation is extended to the community to attend this fundraising event on Monday, October 15, at the Redwood Empire Fair Grounds in the Fine Arts Building. A catered tri-tip and chicken dinner is being offered for $30 per person. There will be general seating, with reserve tables for 8-10 people available for purchase.

Doors open at 5:30 p.m. with dinner scheduled at 6:30 p.m. All proceeds from this evening will benefit the Wildcat athletic program.

With a ticket purchase, patrons will receive three passes to any Ukiah home game for the school year. Passes are redeemable at the ticket booth.

Enjoy the big screen TV for viewing of the Monday Night Football game of NY Giants vs. Atlanta Falcons

The Booster Club is the single resource for the purchase of all athletic team uniforms and if funds are available, they support other purchases such as warmups, jackets, team bags etc. They have supported other one time purchases such as professional development for coaches and facility needs like bleachers for the new softball fields.

According to Ukiahi Athletic Director Christy Melvin this fundraiser is crucial to the entire Wildcat sports program.

"The Boosters can only continue to clothe athletes as long as the community supports it's only fundraiser, the Dinner/Auction," said Melvin. "Most years, the overall financial need is $15,000 to $20,000, but recently some sports have specific rule changes that will force the coach to order new uniforms to meet the specifications of these rules, even though their current uniforms are in good condition," she concluded.

The total of these unexpected costs are unknown at the moment; but could exceed the Boosters ability to help at the present time.

"Our athletic program serves approximately 500 athletes throughout the school year, which is almost 30% of our school population," said Melvin.

Those who would like to make a donation, purchase dinner tickets, Booster Club Merchant Cards, or volunteer time should contact either Deni Lee 468-3736 or Valerie Jackson 468--9085.

Tickets will also be available for purchase at Ukiahi Back to School Night in the Cafetorium on September 20.

"We really appreciate the support that Boosters has provided for our program over the years," said Ukiahi Varsity softball coach Gary Venturi. "The girls can walk on the field with pride because their uniforms look good and the equipment is up to date. In a sport like ours it is expensive to provide everything that is needed. We would be lost without the financial help.



Photo by Suzette Cook-Mankins

Over 500 Ukiah High School athletes, such as Emily Houghton, shown here in a recent Varsity volleyball match, benefit in numerous ways from the financial support of the Boosters Club.

LOCAL ACTION

Ukiah JV football opens with victory

By Russ Tow
For the Journal

Prior to the Varstiy Wildcats 20-20 tie with the Dragons last Friday, the Ukiah JV football team opened their 2007 season with an impressive 13-0 road victory over Sonoma.

Chad Pittman led the Wildcats by running for one touchdown and completing a TD pass to Chris Tow who totaled over 100 yards in offense.

Defensively the team was led by the dominating play of Scott Cokely and Quincy Oswald, Cole Cupples, Tyler Carter, Larry Pinnegar, Oscar Delgado, Marques Maciel, Vinnie Hyler, Tow, Anthony Butler, and E.J. Castenada.

Defensive coach Mike Hyler lauded the Wildcats team intensity in the first half, keeping Sonoma from making any first downs.

Butler was credited with a pass interception and Carter recovered the fumble.Ukiah's offensive line gave Pittman ample time to throw, led by Geoff Belford, Cupples, Jonathan Dewey, Logan Morris, and Calvin Schueller.

Other contributors to the victory were Ryan Dixon's extra point, Ben Brooks, Brett Bowers, Brandon Bowman, Cory Davis, Donnie Ferranti, Jeremy Beebe, Chris Inman, Kevin Vasquez, Javier Ramirez, Brandon Delapo, Tyson Mobley, and Freddy Loupy.

Coach Craig Morris acknowledged the team effort and appreciation for the large Ukiah crowd who traveled to Sonoma.

"I encourage fans to come out Friday to see the home opener against Petaluma at 5 p.m.," said Morris.

The varsity game will follow at 7:30, with the Wildcats looking to pick up their first win of the young 2007 season.

The frosh see action Thurday at 5:00 against El Molino.

NULL action

For the Journal

North Ukiah Little League fall baseball's inaugural season began last Saturday with two games. North Ukiah is proud to start this autumn tradition in Ukiah.

North Ukiah Little League started in 1955 as one of Little League baseball's original charters. Little League makes baseball available to all boys and girls in Ukiah and the surrounding areas.

Over 40 children are involved in this program which is a instructional league dedicated to improving baseball skills. Fall Ball runs every Saturday through Nov. 4, finishing with a tounament.

The primary sponsor is T.J. Nelson and Associates from Willits, Boonville and Santa Rosa.

Team managers include David Lancaster, Remy Gonzaga, Jason Buell and Bob Franzen representing the Yankees, Mets, Giants, and Dodgers.

"It takes many hands to make it possible," said Sonny Garza of North Ukiah Little League.

There are still have a couple of spots open for kids who are interested in playing this year. Please contact Sonny Garza at 707-456-9302 for more information or to sign up.

MCC soccer

For the Journal

The Mendocino Eagles women's soccer team earned a split in weekend action. Playing Saturday the squad downed College of the Redwoods by a score of 3-0.

The three players scoring for the Eagles were Tabitha Olson, Shanelle Vonfeldt, and Roxie Contreras. Much needed assists were provided by Carly Davis, and two by the tenacious Olson.

Sunday's action proved a much less fruitful for Mendocino, as they dropped a hard fought decison to Butte College by a score of 5-0.

FERGUSON ON GOLF: No matter what measure, Tiger at an alarming pace

By DOUG FERGUSON
AP Golf Writer

LEMONT, Ill. — The massive gallery chasing Tiger Woods around Cog Hill included his wife, Elin, who was on the golf course for the first time since giving birth to their daughter. It was a sign they are settling back into a routine, even if Woods never got out of one.

He's still winning.

For those wondering how fatherhood might affect him, Woods is 56 under par in the six tournaments he has played since Sam Alexis was born a day after the U.S. Open. That includes three victories, one of them a major, and another milestone.

Woods doesn't keep track of the numbers, so he was mildly surprised to learn that his two-shot victory over Aaron Baddeley in the BMW Championship on Sunday was No. 60 in a PGA Tour career that began 11 years and 13 days earlier.

Only four other players have won that many times — Sam Snead, Jack Nicklaus, Ben Hogan and Arnold Palmer — and no one has reached that number so quickly. Woods is 31. Nicklaus was 35 and in his 14th season on tour when he reached his 60th tour victory.

"I never, ever would have dreamt that this could have happened this soon," Woods said after making eight birdies, missing only one fairway and posting a 63 that neither Baddeley nor Steve Stricker could match.

"I've been out here what, 11 years? And to have this many wins, I never could have foreseen that," he said. "I've exceeded my expectations, and it's been a lot of fun to enjoy that road, that whole process to get to 60. It's been a lot of work. There have been some changes along the way. But I think that's all been great."

The Tour Championship will be his final official start of 2007, so Woods will have to wait until next year to surpass Palmer, who is fourth on the career list with 62 victories. If he continues at this pace, he also will pass Hogan (64 victories) next year.

Odds are he will break Snead's record of 82 victories before he gets to Nicklaus' record of 18 professional majors.

As long and as often as Woods has been winning, the rate is no less alarming. Remember, it was only 13 months ago at the Buick Open that Woods reached his 50th career victory. Since then, he has won 10 times in 19 starts.

"Not bad, eh?" was the best response Woods could find.

But he smiled and half-jokingly said another slump was eminent if he went a couple of tournaments without winning.

Woods has been dealing with such expectations for the last eight years, and there are times he gets too sensitive over any critique of his game. A little subcutaneous fat is better than thin skin.

But it's amazing how quickly public opinion can change. After failing to win while playing in the final group at the Masters and the U.S. Open, then never seriously contending at the British Open, there was talk that swing coach Hank Haney was holding him back. Never mind that Woods had won four of the previous eight majors, and none of his contemporaries have more than three for their career.

Woods quieted that talk with his victory at the PGA Championship.

And for those who question his ability off the tee, he missed only two fairways the entire weekend at Cog Hill. Asked the last time he had struck the ball that well, Woods mentioned Southern Hills, noting that the PGA fairways were more narrow.

Memories can be short.

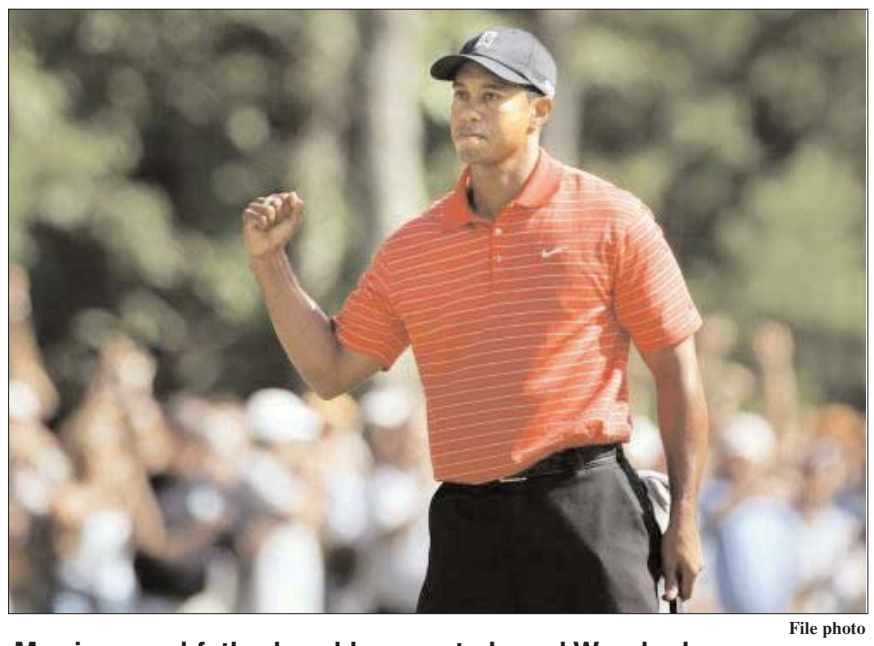
Justin Rose has played with the world's No. 1 player on big stages like Muirfield and Carnoustie. But this was the first time in a final round, and he noticed a difference.

"He's so intense, but he's also incredibly relaxed," Rose said. "You can see he lets his round build. He starts off very relaxed, very calm, doesn't let anything bother him. And then as the round gets on and he gets more into it, he gets more and more focused."

That's what coach Butch Harmon was trying to share with Phil Mickelson about his former client.

When Mickelson won the Deutsche Bank Championship last week outside Boston while playing three rounds with Woods, he made it sound as though Harmon had shared some secrets.

In fact, Harmon said the tips were the same thing Rose discovered.



File photo

Marriage and fatherhood have not slowed Woods down.

"One of the things he (Mickelson) can learn from Tiger is he doesn't let anything bother him," Harmon said in a telephone interview last week. "Tiger's greatest strength is what you can't see — his mind, his heart, his desire. I explained things I learned in my 10 years being around Tiger, and it was geared toward making Phil more comfortable in that environment."

Along with reaching his 60th tour victory, the timing could not have been any better for the PGA Tour.

The FedEx Cup now has the No. 1 player atop the standings going into the Tour Championship, with Stricker and Mickelson right behind and both capable of winning the $10 million prize. Woods winning the cup would lend some measure of credibility for the skeptics. Stricker or Mickelson as the FedEx Cup champion would mean they won two of the four playoff events. There's nothing wrong with that, either.

Woods helped promote the FedEx Cup by doing TV spots for the tour, the first time he had done a commercial for free. He is among players who wonder about the shelf life of these PGA Tour Playoffs. But if there's a trophy on the line, he wants it.

Two-time champion Sarale soars to Ukiah victory in BCRA midgets

By ROBERT HAUGH
for the Journal

Chauffeuring the Sarale Farms #32 Beast/Riolo-Chevy, two-time reigning BCRA champion John Sarale of Stockton overtook 16-year-old BCRA points leader Justin Grant on Lap 6, never looking back en route to claiming the checkers first in the DMS Race Products BCRA Midget series feature at the 1/4-mile Ukiah Speedway on September 8.

After getting by Grant's #30 Beast/Esslinger on Lap 6, Sarale took control of the race, stretching his lead to a straightaway over Grant, Ralphie "The Racer" Cortez in the #31 Shores-Cortez Special Beast/Sesco-Mopar and Bill Lindsey aboard Stu Donaldson's #87x Stealth Pontiac, with while 15-year-old first-time pavement Midget racer Chad Boat of Arizona charging from the back in legendary father Billy Boat's #30b Gerhardt/Esslinger.

After jumping to the lead in his #18 Champion Automotive Stealth/Van Dyne, 7-time BCRA champion "Ageless Wonder" Floyd Alvis was quickly contested by Sarale and Grant. Leaping forward from the get go, Grant and Sarale vaulted forward to second and third respectively from their fourth and sixth starting positions by the second lap.

With heavy pressure coming from Grant and Sarale, Alvis spun his "Green Beret" machine in Turn 3 while Boat spun in Turn 1 bringing out the race's only caution on lap 5.

With Alvis and Boat droppin to the rear for their respective spins, Grant, Sarale and Cortez led the field to the green flag for the single-file Lap 5 restart.

Grant relinquished the lead to Sarale, holding the lead for just one lap before the veteran slid under Grant entering Turn 3 overtaking Grant.

Sarale quickly pulled away to a straightway lead, with Grant, Lindsey, Cortez, Rick Faeth aboard Jim Fowler's newly acquired #61 Beast/Gaerte, Boat and Alvis following single-file.

Cortez squeaked by Lindsey on Lap 10, while Sarale's dominating lead grew further, meanwhile, Boat was patiently making his way forward from the back, passing Faeth on the 15th circuit, and then passing Lindsey for fifth five laps later on Lap 20.

With Sarale cautiously and meticulously approaching and overtaking lapped traffic around Lap 26, Grant, Cortez and Boat began catching Sarale, looking for a chance to hunt down the two-time BCRA champion.

While Grant was closing within inches of leader Sarale, Boat was heavily pressuring third-running Cortez, making numerous pass attempts.

Coming to the checkers, Grant and Boat both made risky moves for the lead and third, respectively, with both passes failing. Grant's bid of overtaking Sarale resulted in getting slightly airborne, spinning after climbing over Sarale's left rear wheel, the checkers in second, slightly sideways. Boat's attempt was not as fortunate as the rookie Midget chauffer slid into a spin trying to pass Cortez, ending his excellent run and settling for sixth place.

After an intense nearly non-stop 30-lap feature, Sarale claimed his first DMS Race Products BCRA feature of the year over Grant, Cortez, Lindsey, Alvis, Boat and Faeth, who finished seventh, one lap down from the leaders.

Sarale's win comes after a plethora of great podium finishes in 2007. Prior to winning this race, Sarale scored four runner-up finishes and a third-place effort. Sarale becomes the twelfth different BCRA feature winner, in just 15 races.

Prior to the Heat race, Sarale battled ignition issues throughout hot laps and qualifying, with his crew finally alleviating the ignition gremlins just in time for the Heat race, which he won from the pole.

Boat broke an oil pump early in the evening. However, his crew, including his father Billy, the former IRL driver and many-time Midget victor made repairs in time for the Heat race and Main event.

Rick Faeth took over driving duties in Jim Fowler's recently acquired Alan Norton WMRA Beast/Gaerte just before the Heat. Faeth's engine expired in his #3 Stealth/Chevy V4 in practice on Friday.

Mike Donaldson was forced to scratch after dropping out early the Heat race with an apparent broken fuel and power steering pump drive.

Sarale won the 8-lap Heat over a charging Cortez and Chad Boat, Floyd Alvis and Justin Grant. Boat started the Heat in eighth and worked his way up to third in the 15-year-olds first-ever pavement race. Boat will be competing at BCRA's final two pavement races at Madera and Shasta, respectively on September 15 and 22.

2002 Car owner champion and third-place driver Bill Lindsey of San Carlos wheeled Stu Donaldson's #87x Stealth/Pontiac to the Trophy Dash victory over Justin Grant, Floyd Alvis and Ralph Cortez.

Grant outpaced the field in qualifying, setting the mark to beat at 12.478, just three-tenths off of the mark he posted in June while breaking the track record.

Prior to the beginning of the Trophy Dashes, Floyd Alvis and Pete Bray honored former BCRA car owner and Santa Rosa resident Bob Consani who recently passed away, by running a Memorial lap in Consani's memory. In honor of the late Consani, the Midgets adorned special decals featuring Consani's famous red and gold #4c.

The BCRA Midgets trek to the lightning-fast 1/3-mile Madera Speedway on September 15, as part of the Harvest Classic. Visit www.bcraracing.com for more information on the BCRA Midgets.

Deal with Russell could be close

By JOSH DUBOW
AP Sports Writer

ALAMEDA — Oakland Raiders officials met with representatives for holdout quarterback JaMarcus Russell for the third time in four days Monday, leading coach Lane Kiffin to say the contract dispute with the No. 1 overall draft pick could be resolved quickly.

The two sides met Friday and Saturday in the Bay Area before taking a day off for Oakland's season opener Sunday against the Detroit Lions. There were more meetings held Monday and a deal could be finalized soon. Before the weekend, the two sides had met only once in person since the start of training camp.

"It just continues to sound like they are getting closer and closer," Kiffin said. "It could be today. You just never know. I know that the sides are as close as they've ever been."

Kiffin said he would not be surprised to see the deal get done this week, ending the longest holdout for a No. 1 overall pick since 1986. Russell's agent, Eric Metz, has not publicly commented on the talks and did not return a phone call seeking comment.

Russell is believed to be asking for about $31 million in guaranteed money, which would be a record for a rookie. The Lions gave No. 2 pick Calvin Johnson $27.2 million in guarantees this year and top pick Mario Williams got $26.5 million in guaranteed money a year ago.

The last top pick to miss a game was Bo Jackson, who sat out the entire 1986 season after being drafted first overall by Tampa Bay. Jackson chose to play baseball instead, and was eventually drafted a year later in the seventh round by the Raiders.

The last first-round pick not to be signed by the season opener was offensive lineman Bryant McKinnie, who missed the first eight games in 2002 after being selected with the seventh overall pick by the Minnesota Vikings.

Even if the sides do reach a deal this week, Russell will not be able to contribute much to the Raiders anytime soon. He has missed all of training camp and the exhibition season and will have a difficult time catching up on the lost time.

That means that Josh McCown will remain the quarterback for the foreseeable future. McCown was 30-for-40 for 313 yards and two touchdowns in the 36-21 loss to the Detroit Lions.

He also threw two interceptions and lost a fumble in the closing minutes with the Raiders trailing by eight points.

Kiffin kept his decision to start McCown over Daunte Culpepper in the season opener a secret until right before game time, hoping to gain a competitive advantage by making the Lions prepare for two quarterbacks. He will not use the same kind of subterfuge this week, announcing Monday that McCown will start against the Denver Broncos.

"I thought Josh managed the game extremely well," Kiffin said. "A bunch of little things he did really well, as far as we didn't have a wrong formation all day, we didn't have a missed audible all day. He moved us really well at times. ... I thought he played really well."

The other starting spot Kiffin kept secret before the game was at center, where former Pro Bowler Jeremy Newberry beat out incumbent Jake Grove for the starting spot. But Newberry pulled his hamstring on the first drive and did not return to the game.

Newberry, who played in only 11 games the past three seasons because of various injuries, had never hurt his hamstring before.

He tried to stay in the game despite the injury, but left after failing to realize McCown was in the shotgun on the final play of the opening drive.

"I should have come out of the game but I was like, 'Ah, maybe this thing will lighten up,"' Newberry said. "I didn't even hear shotgun. I was just trying to get to the line without my leg locking up on me. I should have came out of the game before the fourth play, I should have."

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In the Pits: Earnhardt's faulty motors have conspiracy theorists abuzz

Junior said he is comfortable with his effort and is walking away with dignity

By JENNA FRYER
AP Auto Racing Writer

CHARLOTTE, N.C. — If not for five blown engines, Dale Earnhardt Jr. would be racing for a Nextel Cup championship in this final season driving for his late father's company.

Instead, three failures in the last seven races — including one with six laps to go Saturday night at Richmond — knocked NASCAR's most popular driver out of the Chase for the championship.

"We broke another motor, and they seem to fall apart when they plug 'em into my car," Junior said. "It's just really frustrating."

It's also more than a little suspicious to his legion of fans, who have wondered for weeks if this was sabotage on the part of his stepmother.

After all, his relationship with Teresa Earnhardt "ain't a bed of roses," and Junior's impending split isn't exactly amicable. They've publicly feuded since December, he claims she's been unreasonable during negotiations and he's bolting for rival Hendrick Motorsports at the end of the season.

The squabbling has been so intense on so many issues — most recently Teresa's refusal to let Earnhardt take his beloved No. 8 with him to Hendrick — that the idea that she would intentionally derail his season wouldn't surprise anyone. And because the DEI motors never even seem to sputter under the hoods of his teammates, it's actually believable.

But DEI officials call the entire idea preposterous.

"I can assure you that's not the case," general manager John Story said Monday. "We understand that there might be a natural assumption that because he is leaving, the team would say 'Who cares? We are not going to try for him.'

"But if anything, it's the other way around. We tried hard to get him in the Chase. We wanted him to win a championship. We always said that would have been the most appropriate way for him to leave DEI."

Of course, DEI is going to say that. And conspiracy theorists will forever be convinced Earnhardt was the victim of an intricate and evil plot to punish him for his betrayal.

It sounds awfully good. But it's probably not true.

Sure, seeing Junior fail might bring a slight smile to Teresa Earnhardt's face, but it would be one of the most foolish business decisions she could possibly make.

Since the Chase was launched in 2004, making it has been the standard for success.

Those good enough to compete in the 10-race title hunt had a great year. Those not involved immediately go to work figuring out what went wrong.

Keeping Earnhardt out wouldn't have hurt him. He's leaving anyway, and he's repeatedly said that although winning a Cup title for DEI would have been nice, he's comfortable with the effort he's put forth and will walk out the door with his integrity intact.

And if anything, missing the Chase can be viewed as a luxury to Earnhardt. He's now free from the stress and pressure that the Chase provides, and he can relax and race for wins over the final 10 weeks of the season.

But the fact is, DEI needed Earnhardt in the Chase for the health of the company and to support Martin Truex Jr. in his first run at a title. Truex is in, has been for weeks, and he's one of only two drivers who won't have a teammate in the field.

Hendrick and Richard Childress both have three drivers in the chase, while Joe Gibbs and Jack Roush have two each. To think that Teresa would be so spiteful that she'd jeopardize Truex's chances makes little sense for a company she fought to keep control of.

But Story knows the allegations are out there — the same thing happened in May after Earnhardt said he was leaving and Truex promptly took off on the track.

"We didn't go in there overnight and put all the cars from Dale's shop and put them in Martin's shop," Story said. "That's not the way it happens. And, what people don't consider is that (Earnhardt) has run as well or better than (Truex) over the last six to eight weeks. He just doesn't have the finishes to show for it."

No, he doesn't, and that's partly because of the motor problems that Truex, Paul Menard and Mark Martin have been immune to.

Although DEI has partnered with RCR on an engine program, Story said the teams are not yet using true common engines. They are combining parts and pieces, and he said his engineers are baffled as to why Earnhardt's keep breaking.

Each failure, Story said, is something different. In Watkins Glen, the team knew the motor was ailing during Friday and Saturday practices, but thought it could last through Sunday's race.

It's quite possible Earnhardt himself is damaging the motors. He's been driving the wheels off his cars the past few weeks, and perhaps he's been too hard on the engines.

But on Saturday night in Richmond, when Earnhardt was headed to a gutsy top-five finish, that motor failure with six laps to go was devastating. He wound up 30th in his sixth DNF of the season, and the brief hug he shared with crew chief Tony Eury Jr. showed their heartbreak over another wasted run.

"We deserve to be in the Chase," he said. "We race hard. We don't quit. We love racing. That's what we do. It's just disappointing, man. These dang motors."

There's no doubt DEI's top officials were thinking the same thing, and they determined Monday that a broken oil pump belt — possibly from debris on the track — caused the failure.

Either way, there was no joy in Earnhardt's failure. After all, whatever is going on with his motors can very well spread to Truex's, and then DEI would have no shot at all at its first Nextel Cup title.



File photo

DEI's Dale Earnhart, Jr., shown here at Infineon Raceway last month is not worried about the engine controversy.

Injuries

Continued from Page 6

MRI exam Monday that revealed a contusion near the collarbone.

"They have put it in my hands," Manning said of his playing status. "It's how you heal, and when you start to feel good and when you can make the throws. It's not a certain amount of time. It's how long you take to heal. I hope I'm a fast healer."

The Giants got other good news Monday. Defensive end Osi Umenyiora irritated the cartilage in his left knee in the first quarter, and his status is day to day. Halfback Brandon Jacobs, who sprained his right knee, will be week to week.

Eagles

Two-time Pro Bowl cornerback Lito Sheppard is expected to miss at least one game with a sprained knee ligament. Sheppard hurt his right knee in a three-way collision with teammate Sean Considine and Packers receiver Ruvell Martin in Philadelphia's 16-13 loss at Green Bay.

An MRI exam Monday confirmed Sheppard has a sprained medial collateral ligament.

"I don't think he'll make it this week," coach Andy Reid said of the Monday night game against Washington.

Will James would replace Sheppard in the starting lineup.

Cowboys

Nose tackle Jason Ferguson is out for the season after tearing his right biceps against the Giants.

Coach Wade Phillips confirmed Monday the injury would end the season for Ferguson, the team's most experienced defender in his 11th season. Ferguson is scheduled to have surgery Friday.

"That's certainly bad news for us," Phillips said.

The 6-foot-3, 312-pound Ferguson got hurt in the first quarter of the Cowboys' 45-35 victory.

Vikings

Running back Chester Taylor hurt his oblique, a muscle near the lower part of the rib cage, but coach Brad Childress sounded as though he expected him to play Sunday at Detroit.

"He's a pretty tough guy," Childress said. "There's nothing structurally wrong. It's just extremely uncomfortable right now."

Rookie Adrian Peterson, who was supposed to split the carries with Taylor, rushed for 103 yards on 19 attempts and turned a short catch into a 60-yard touchdown. But Childress said he would return to the original plan of sharing the load at that position when Taylor is healthy.

Also, fullback Tony Richardson has a bruised forearm. The 13-year veteran broke his forearm last season and missed the last seven games.

Dolphins

Safety Yeremiah Bell will miss the rest of the season with a torn left Achilles' tendon, a blow to an already thin secondary. Bell was hurt in the third quarter of Sunday's season-opening loss at Washington.

"He had done everything to have a great year," coach Cam Cameron said Monday. "This is the tough part of the business."

Bell likely be replaced by Travares Tillman, who started 17 games in 2005-06, and 2006 first-round draft pick Jason Allen may be moved from cornerback to provide depth at safety.

Buccaneers

Bruised ribs forced running back Carnell "Cadillac" Williams to sit out part of the season-opening loss at Seattle. They could sideline him again when New Orleans visits Tampa on Sunday.

Williams, who was slowed much of last season by injuries, would be replaced by Michael Pittman and Earnest Graham.

"Unfortunately, we're good at one thing now, offensively, and that's contingency planning. We've had a number of guys in and out of our lineup the last few seasons," said Gruden. "We're going to count on Cadillac playing, optimistically. But realistically, we understand he does have sore ribs."

Cornerback Brian Kelly is questionable because of a groin strain.

Jaguars

Kicker Josh Scobee has a strained right quadriceps muscle and probably won't play Sunday against Atlanta. Tests showed no tearing, good news for the Jaguars, but Scobee said the team planned to bring in another kicker this week.

Scobee hurt his leg during warmups before the season opener against Tennessee.

"If you play golf, you know what it feels like when you hit a fat one and you're swinging as hard as you can," Scobee said.

Colts

Starting weakside linebacker Freddy Keiaho hopes to play at Tennessee after dislocating his right elbow. Keiaho injured the elbow in the first quarter of last Thursday's 41-10 season-opening win over the Saints. Keiaho, who played most of the game with the injury, had his elbow in a brace and sat out the team's brief practice Monday afternoon.

"It's really a pain issue," coach Tony Dungy said. "He's going to get it braced up and we'll see how he does."

The second-year linebacker, in his first season in the Colts' starting lineup, had seven tackles and his first career interception against New Orleans.

Texans

Houston's win over Kansas City was tempered by the loss of strong safety Jason Simmons, the second starter at the position to suffer a season-ending injury this year.

Simmons underwent surgery Monday to repair his torn left patellar tendon after injuring it trying to avoid a collision with a lineman in the second quarter. He gained the starting job after Glenn Earl fractured his foot in the Texans' first exhibition game.

Seahawks

D.J. Hackett, who had just moved into the starting lineup at wide receiver, is out indefinitely with a high ankle sprain.

Hackett played just one quarter in his new role opposite flanker Deion Branch before he got hurt in Sunday's 20-6 win over Tampa Bay. At the end of Hackett's only reception, a 7-yard gain in the first quarter, his foot was caught in the turf while trying to pivot as he was hit by Brian Kelly.

"He's going to be down for a while. I can't tell you for how long. Those things are very unpredictable," coach Mike Holmgren said Monday. "This typically is longer. And in some instances it can be very, very long."

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HEALTH BRIEFS

Community HealthCorps Program seeks applicants for new program cycle

The Community HealthCorps of Northern California is still accepting applications to serve in local community health centers (including health centers in Ukiah, Potter Valley, Gualala, Fort Bragg, Laytonville, Willits and Boonville) in the areas of health education, outreach and patient advocacy.

The mission of the HealthCorps Program (a division of the national AmeriCorps Program) is to engage community members in service with the goal of improving access to comprehensive, affordable and culturally appropriate health care.

The program is an opportunity for community members to gain professional skills and to make a positive impact on the health and well-being of their communities.

In exchange for 1700 hours of their service to the community, HealthCorps Members receive a modest living allowance of $10,900, an education award of $4,725, health insurance, child care benefits, training in community health issues, and opportunities for professional and personal development.

The next program cycle begins in September. For more information about the program, or to download an application, visit http://www.ruralcommunityhealth.org, E-mail Nancy Eachus, Program Coordinator, at neachus@ruralcommunityhealth.org, or call Nancy at 462-1477 ext. 102.

Warm Line open weekend evenings for county residents

An opportunity for people who need emotional support is now available as near as the closest phone on weekend evenings.

Thanks to peer volunteers trained to provide support for emotional and mental health recovery, a new county-wide Warm Line is now available Friday and Saturday evenings from 6 p.m. to 10 p.m.

Expressly not a hot line or a crisis line, the new Warm Line is part of a larger Mental Health Services Act funded project to develop mental health peer support projects and opportunities in Mendocino County.

The Crisis Line is accessed by calling 463-HELP in Ukiah, 964-HELP in Fort Bragg and 459-HELP in Willits, or calling 800-575-HELP (4357).

Better Breathers Club to meet in Ukiah on Wednesdays

The American Lung Association invites persons who have been diagnosed with emphysema, chronic bronchitis, have breathing difficulties, are looking for more information on chronic lung disease, or are looking for support on how to live better with lung disease to join their Better Breathers Club program, on Wednesdays, in conference room 161 at the Public Health Department, 1120 S. Dora St., 1:30 to 2:30 p.m.

For more information, or to speak to a respiratory therapist, call 1-800-LUNG-USA, or visit the Web site http://www.lungusa.org.

Weight Loss Surgery and Information Group meeting first Friday every month

A Weight Loss Surgery Support and Information Group is meeting, free and open to the public. It is a support group for Gastric Reduction Duodenal Switch and other weight loss surgeries, sponsored by Central Valley Bariatrics.

The group meets on the first Friday of the month, at 6 p.m., in Bartlett Hall, Ukiah Senior Center, 495 Leslie St., Ukiah. For more information, E-mail kathlyn@pacific.net.

Cancer Resource Centers offer free services

People living with cancer, their friends and their families are invited to call or visit the Mendocino office of the Cancer Resource Centers of Mendocino County for free supportive services including a library of cancer-related books, tapes and magazines available for check-out, a support group for people diagnosed with cancer, cancer-care telephone workshops, accompaniment to medical appointments, and support from our patient navigators.

They have offices located on the coast and in Ukiah. The coast office is open Monday through Thursday 9 a.m. to 4 p.m. and Friday by appointment at 45040 Calpella St. in the village of Mendocino, or call 937-37833.

The Ukiah office is open Monday through Friday 9 a.m. to 5 p.m. at 590 S. Dora St. in Ukiah, and can be reached by phone at 467-3828. CRCMC is a nonprofit organization funded through local donations, events and grants.

A Healing Cooperative offering support/counseling

A Healing Cooperative, a local non-profit, is offering the following mental health-focused services: a support center, open Monday to Friday, 11 a.m. to 3 p.m.; art classes, Mondays, Thursdays, and Fridays, 1 to 3 p.m.; Writing for Self Discovery, Tuesdays, at 11 a.m.; Men's and Women's support groups, Tuesdays at noon; Movin' On, a dual diagnosis support group, Wednesdays at 2 p.m.

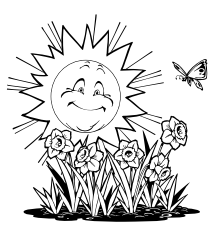
These activities take place at 270 N. Pine St., at the Ukiah United Methodist Church. For more information, contact them at 462-3360, or visit their web site www.ukiahumc.org/ahc.

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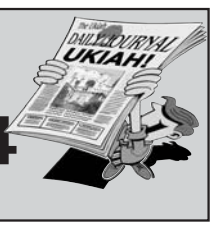
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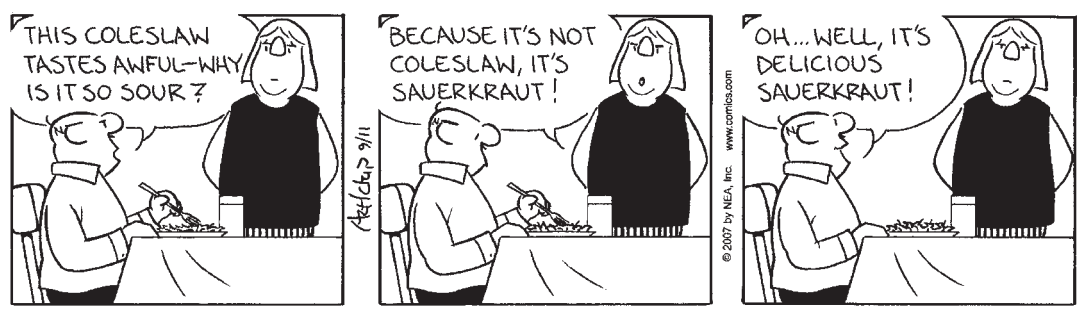
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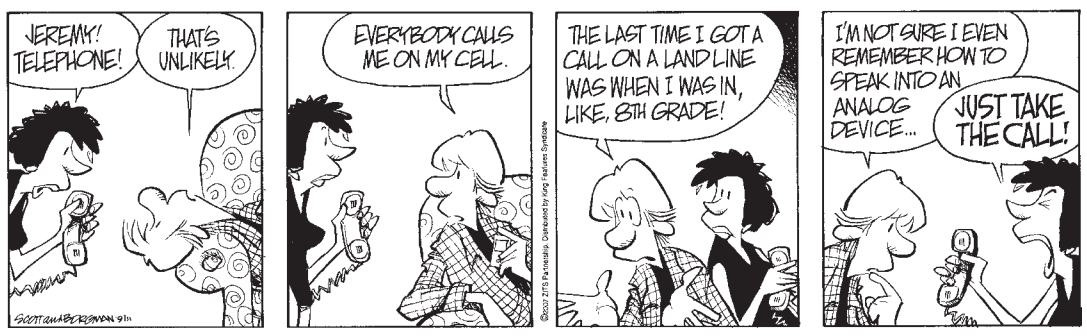
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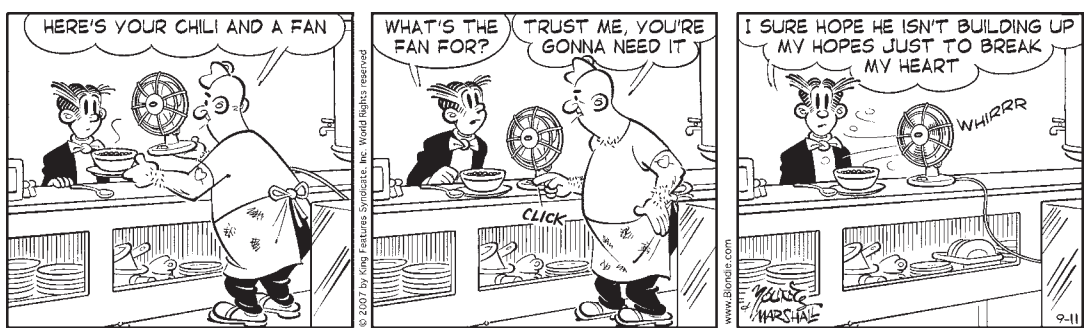
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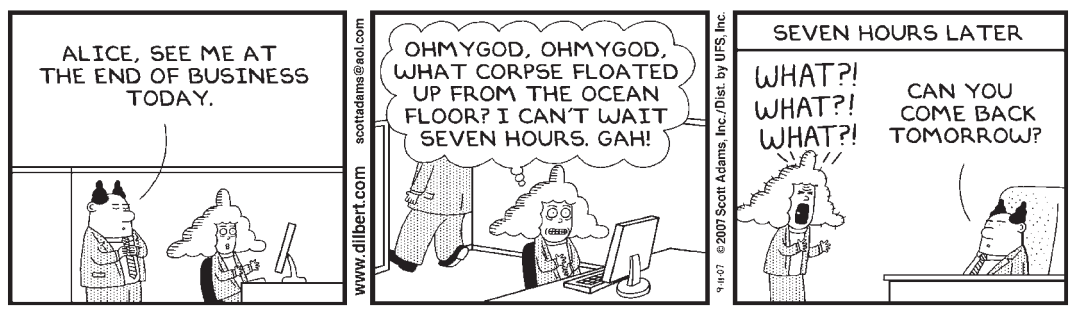
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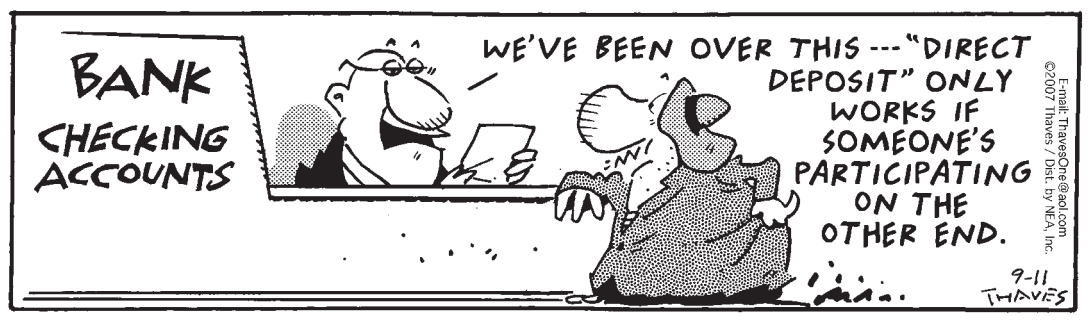
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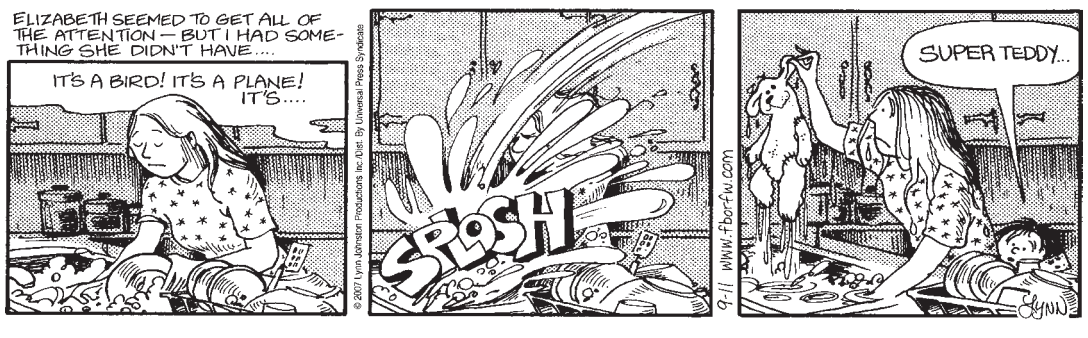
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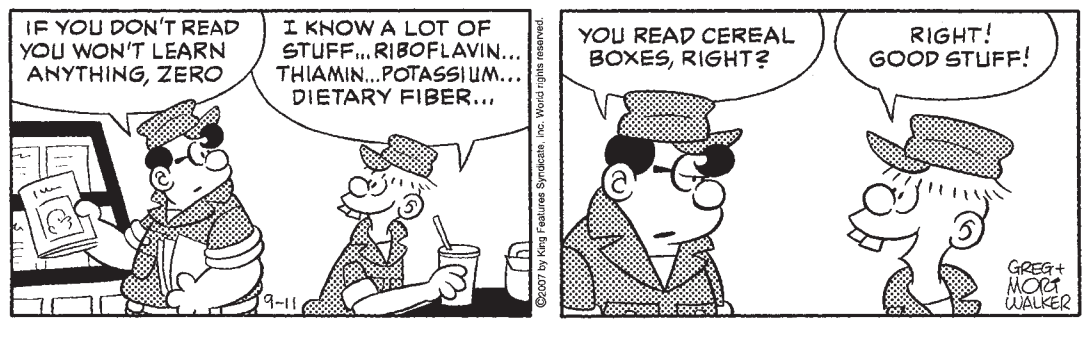
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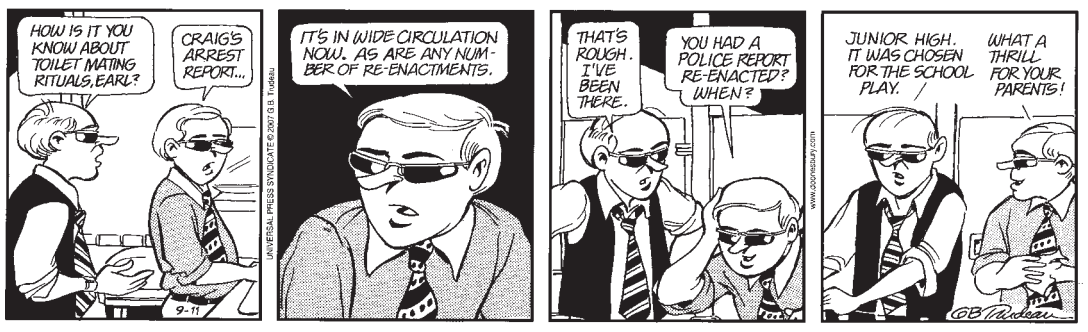
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Datebook: Tuesday, Sept. 11, 2007

Today is the 254th day of 2007 and the 83rd day of summer.

TODAY'S HISTORY: In 1777, British troops defeated the Continental Army in the Battle of Brandywine Creek.

In 1841, most of President John Tyler's cabinet resigned to protest his veto of a national banking bill.

In 2001, hijacked planes crashed into the World Trade Center, the Pentagon and a Pennsylvania field in a terrorist attack that claimed nearly 3,000 lives.

TODAY'S BIRTHDAYS: O. Henry (1862-1910), short-story writer; D.H. Lawrence (1885-1930), novelist; Brian De Palma (1940-), film director, is 67; Virginia Madsen (1961-), actress, is 46; Moby (1965-), musician, is 42; Harry Connick Jr. (1967-), actor/singer, is 40.

TODAY'S SPORTS: In 1985, Pete Rose broke Ty Cobb's record with his 4,192nd career hit.

TODAY'S QUOTE: "If only we could have two lives: the first in which to make one's mistakes, which seem as if they have to be made; and the second in which to profit by them." -- D.H. Lawrence

TODAY'S FACT: John Tyler was the first vice president to assume office because of a president's death; during the term he served, he was often referred to slightingly as "His Ascendancy."

TODAY'S MOON: New moon (Sept. 11).



ASTROGRAPH

By Bernice Bede Osol

Your Birthday

Wednesday, Sept. 12, 2007

In the year ahead, there is a good chance you will add a number of new friends and close buddies to your list of acquaintances. The similar interests you share will be the links that bind you.

VIRGO (Aug. 23-Sept. 22) -- Usually you strive to treat others in a reciprocal manner, but if you are too reluctant to part with something another could use, you might later regret that you weren't a more giving person.

LIBRA (Sept. 23-Oct. 23) -- Normally, you love partnering with someone no matter what you're doing, but you are likely to find your independence is of considerable importance to you and welcome being a loner.

SCORPIO (Oct. 24-Nov. 22) -- Because you're such a shrewd investigator, it will be difficult for anyone to hide something from you if you want to know about it. Satisfy your curiosity without abusing another's privacy.

SAGITTARIUS (Nov. 23-Dec. 21) -- Take care what kind of favors you ask of others and that you don't request more than they are prepared to give. Grant them the option of deciding how much is enough to offer.

CAPRICORN (Dec. 22-Jan. 19) -- Whether you like it or not, the spotlight is likely to be focused directly on you. Consequently, it will be extremely important how you conduct yourself around persons you wish to impress.

AQUARIUS (Jan. 20-Feb. 19) -- You could be both a receptive student and a good teacher, giving you the ability to learn and retain things of value from the same involvements where you are functioning as the instructor.

PISCES (Feb. 20-March 20) -- Engaging in joint ventures is worthy of your time and effort, especially if you are putting something together with another to form a sturdy foundation that will last for some time to come.

ARIES (March 21-April 19) -- You'll have greater success teaming up with others to do a job, project or activity than by doing things alone. If someone asks to partner with you, don't turn down the offer.

TAURUS (April 20-May 20) -- It isn't likely you will feel fulfilled unless you busy yourself with an endeavor you think is worthy of your time. Don't let the day slip away without accomplishing something productive.

GEMINI (May 21-June 20) -- Try to schedule your day where a bit of time can be allocated to doing something fun and enjoyable with friends or family. Balancing your day with a social outlet will help relax you.

CANCER (June 21-July 22) -- Perhaps your greatest asset is your tenacity to complete an important project you've got under way. This determination can accomplish almost anything you set your mind to.

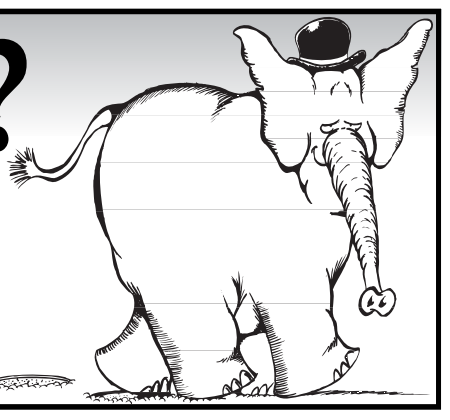
LEO (July 23-Aug. 22) -- Remember: There can be a fine line between making constructive remarks and destructive comments, so if you're asked to offer advice, be extra careful how you phrase your comments.

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12 Had bills
13 Psyche components
14 Whodunit verdict, perhaps
16 Ewes and mares
17 Revises
18 Puppy noise
20 Mumbai wraps
21 Did a salon job
24 Bridge towers
28 Type of microscope
30 Ill humor
33 Bauxite or galena
34 Urn homophone
35 Elevator guy
36 August sign
37 Groovy
38 Craving
39 Maria Conchita —
41 Cruel
43 Washington waterway
47 Crone
49 Far East temple
50 Trick
53 Driving hazards (2 wds.)
55 Fermi split it
56 Fat cat's friend
57 Thickened, as pudding
58 Michael Jackson album
59 Make one's way
60 Vane dir.

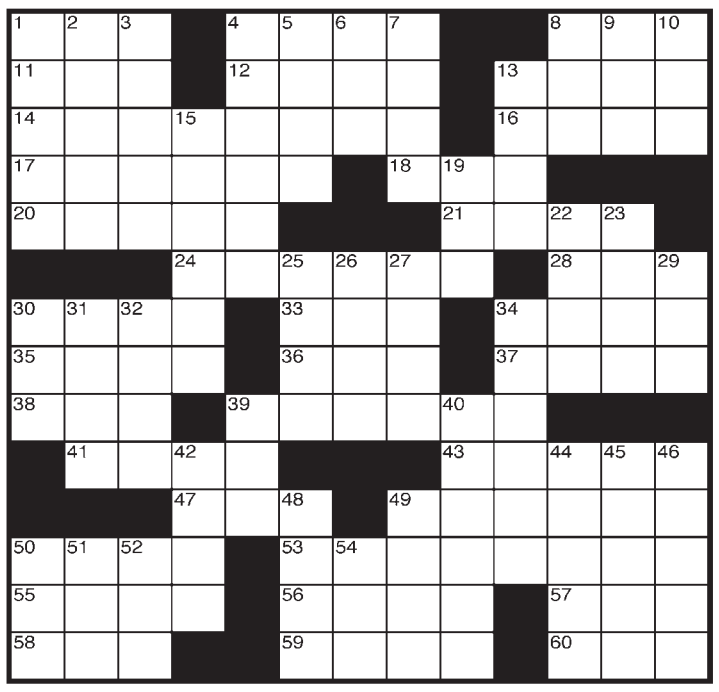
DOWN

1 Uses a camcorder
2 Savory smell
3 More slippery
4 Grovelike
5 Has
6 Peace gesture
7 Whirlpool
8 Yecch!
9 Familiar digit
10 Slalom run
13 Glimpse
15 Takes potshots
19 Badges
22 Patrick's domain
23 Lisbon lady
25 Recline in a relaxed manner
26 Two-piece cookie
27 Garish light
29 Safety or mosquito —
30 Young male
31 Tabloid twosome
32 Bus route
34 Plenty
39 Santa — winds
40 Dug
42 Attention-getter
44 Waterfowl
45 Perimeters
46 Try a bite
48 Flourish
49 Distress
50 Pat on
51 Ms. Hagen
52 Herd of whales
54 Byron work

Answer to Previous Puzzle

D	I	N	T	■	D	Y	E	■	S	O	D	A
E	R	O	S	■	R	E	V	■	C	R	O	C
S	I	T	U	■	E	L	E	P	H	A	N	T
■	S	A	N	D	A	L	■	E	E	L	S	■
■	■	■	A	I	D	■	A	R	M	■	■	■
L	O	O	M	S	■	D	R	I	E	S	T	■
A	L	A	I	■	T	A	L	L	■	H	I	P
G	E	T	■	S	U	M	O	■	H	A	L	O
■	O	S	C	A	R	S	■	A	A	H	E	D
■	■	■	O	F	F	■	A	D	Z	■	■	■
■	M	O	L	E	■	W	R	E	A	T	H	■
H	I	T	A	S	N	A	G	■	R	A	Y	S
A	M	I	D	■	E	G	O	■	D	U	D	E
M	E	S	A	■	T	E	N	■	S	T	E	W

GET MORE in the new "Just Right Crossword Puzzles" series from Quill Driver. Call 800-605-7176.



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THE LEARNING CHALLENGER

by Robert Barnett

DIRECTIONS:

A. Using each "Chaos Grid" number with its letter one time, arrange the numbers with their letters for the "Order Grid" so each vertical column, horizontal row, and two diagonals each ADD to numbers inside thick lined cells.

B. Some correct numbers with their letters have been put into the "Order Grid" to get you started. Also, above the "Order Grid" is a "Decoded Message" clue.

C. After you have solved the "Order Grid" doing as direction "A" says, put the letters from horizontal rows, from left to right, under "Decoded Message" and make words to form the answer.

CHAOS GRID

34 M	21 K	20 U	33 A
52 M	56 A	53 I	1 T
37 N	-4 U	57 T	16 O
38 U	-3 N	2 A	15 S

CLUE: IN MISSOURI

ORDER GRID

				107
				107
		38 U		107
	16 O		37 N	107
1 T				107
107	107	107	107	107

9/11/2007

DECODED MESSAGE:

ANSWERS IN NEXT EDITION

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Answers to Previous *Learning Challenger*

A ROOKIE OF THE YEAR

18 A	20 R	21 O	21 O
20 K	22 I	19 E	19 O
18 F	16 T	23 H	23 E
24 Y	22 E	17 A	17 R

9/10/2007

Run in papers of Tuesday, Sept. 11, 2007

CELEBRITY CIPHER

by Luis Campos

Celebrity Cipher cryptograms are created from quotations by famous people, past and present. Each letter in the cipher stands for another.

Today's clue: C equals F

"D L P X S G ' A A Z N A X L P E S I Z X S P A Y L P N J D." - S G G Y Z V Y J J S E V

"X L P E S I Z Y N U Z Y G I S C E S Y V U P A I L Y G I L G S G D F L T." - V S G E S A F Z E

PREVIOUS SOLUTION — "When you're in a slump, it's almost as if you look out at the field and it's one big glove." - Baseball's Vance Law

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JUMBLE®

THAT SCRAMBLED WORD GAME
by Henri Arnold and Mike Argirion

Unscramble these four Jumbles, one letter to each square, to form four ordinary words.

THYIC

RUGAU

CRIMTE

MANIAE

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www.jumble.com



Now arrange the circled letters to form the surprise answer, as suggested by the above cartoon.

Answer here: " " ON

(Answers tomorrow)

Yesterday's Jumbles: LILAC CAMEO GIMLET CYMBAL
Answer: What the postman delivered to the bachelor — MALE MAIL

Widow is looking for people her age to be 'family'

ANNIE'S MAILBOX

By Kathy Mitchell and Marcy Sugar

Dear Annie: I am an only child, and my parents are deceased. The only relatives left on my mother's side are an uncle and cousin by marriage, both over 80, who live out of state. My father's family is also gone except for one 80-year- old cousin with whom I have little contact, and some second cousins closer to my age (64), who live far away. My late husband was an only child. His parents are dead. He had two children before we married, but I am not in touch with them.

Are there support groups for people who are so totally alone in the world? The grief and depression of having no family is overwhelming. Please don't suggest senior groups. I've found them to be a collection of white-haired folks nearer to my parents' age who like to listen to music from before my time. I don't want to hear "I've Been Working on the Railroad." I like AC/DC and ZZ Top.

I volunteer two days a week, but that doesn't provide a "family" for me to come home to. My church has nothing, either. Can you find anything for me? -- Dying of Loneliness in Oregon

Dear Oregon: You can reach out to those family members you still have and make an effort to get closer. Or you can make new friends who will become your family. You are wrong that senior organizations aren't for you. Take another look at AARP (aarp.org or 1-888-687-2277). Boomers are members now, and they are singing your songs. Also, check out the Red Hat Society (redhatsociety.com). In addition to your volunteer work, consider joining a book club, community choir or theater production. Work for a political candidate. Put up a notice at your church and see if others are interested in starting a support group for those without nearby family. You will have to make an effort to get involved, but once you get started, you'll feel better.

Dear Annie: I just received the wonderful news that my sister is pregnant, and I couldn't be happier for her. The downside is the baby is due in April, which is when I am scheduled to get married in the Caribbean.

Some of the guests have already booked their travel plans, but my sister is the matron of honor, and I can't imagine her not being there. I want to reschedule the wedding and offer to compensate the guests who have to change their plans, but my fiance doesn't agree. What should I do? -- Caught in the Middle

Dear Caught: Pregnancies are unpredictable, but if you want to reschedule to make sure your sister can participate, go right ahead. You shouldn't spend your wedding day sad because such an important person couldn't attend. You are not obligated to reimburse guests for their expenses, although such a conciliatory gesture will help ensure their presence when you reschedule.

Dear Annie: I read the letter from "Frigid Mom," who is married and has two children and says she's lost her sex drive.

I have a suggestion for her: exercise. She should particularly use weights (2-5 pounds are sufficient). I had the same problem with depression and a very low sex drive. I started exercising, and the sex drive went up, up, up. Before, I wanted nothing to do with it, and now there are times where I can't get enough. It also has helped my depression. Exercise and healthy eating are some of the best ways to help bring you to a normal state of mind and body without using pills. -- Feeling Better Now

Dear Feeling Better: There is no question that exercise raises endorphins and can help relieve symptoms of depression, and a healthier body makes everything work better. Thanks for the reminder.

Dear Readers: Today is the sixth anniversary of the 9/11 attacks. Please take a moment to remember the victims, and the families and friends who mourn them.

TUESDAY EVENING

9/11/07	6:00	6:30	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
BROADCAST CHANNELS											
2	News	Friends ∩	MLB Baseball Arizona Diamondbacks at San Francisco Giants. (Live) CC						News (N) CC		Seinfeld ∩
4	News (N)		Extra (N)	Hollywood	The Biggest Loser (Season Premiere) (N) ∩ CC				Law & Order: SVU		News (N)
5	News (N) CC		Eye-Bay	Judge J.	Power of 10 (N) ∩ CC		Big Brother 8 (N) CC		NCIS "Trojan Horse"		News (N)
6	News (N) CC		Jeopardy!	Fortune	Laughs	Laughs	i-Caught (N) CC		Primetime: Crime (N)		News (N)
6	News-Lehrer		Calif. Gold	Europe	Nova ∩ CC (DVS)		Nova ∩ CC (DVS)		Auschwitz: Inside the Nazi State		
8	Paparazzi		Alma Gemela		Película se Anunciará				Alma Gemela		Night Show
9	News-Lehrer		Business	Quest	Nova ∩ CC (DVS)		P.O.V. "The Camden 28" (N) ∩ CC		Wide Angle (N) ∩ CC		
20	Fresh Pr.	My Wife	My Wife	Jim	Perry Mason CC		News		Jim	Married...	Reno 911!
36	Still Stnd	Still Stnd	'70s Show	TMZ (N) ∩	Bones ∩ (PA) CC		House "The Jerk" CC		Frasier ∩	Frasier ∩	TMZ CC
40	Family Guy	Seinfeld ∩	Two Men	Raymond	Bones ∩ (PA) CC		House "The Jerk" CC		News (N) ∩ CC		Two Men
44	Lopez	Simpsons	Simpsons	Two Men	Gilmore Girls ∩ CC		Beauty and the Geek		Family Guy	Family Guy	Two Men
50	The Insider	Entertain	Blind Date	Still Stnd	Raymond	Raymond	Frasier ∩	Frasier ∩	Still Stnd	Entertain	TBA
CABLE CHANNELS											
A&E	Cold Case Files CC		CSI: Miami ∩ CC		Dog	Dog	Dog the Bounty Hunter		Angel	Angel	Angel
AMC	(5:00) **Movie: "Insomnia"** (2002)			**Movie: ★★★ "Escape From Alcatraz"** (1979, Adventure)					**Movie: ★★★½ "Bullitt"** (1968)		
COM	**"Back by Midnight"**		Scrubs ∩	Scrubs ∩	Daily Show	Colbert	Mencia	South Park	Bill Engvall		Daily Show
DISC	Cash Cab	Cash Cab	Lobster Wars		Dirty Jobs CC		Dirty Jobs CC		How-Made	How-Made	Dirty Jobs
DISN	Life Derek	Life Derek	Montana	Suite Life	**Movie: ★★ "A Goofy Movie"** 'G'			So Raven	So Raven	Life Derek	Suite Life
ESPN	Series of Poker		The Contender (N)		SportsCenter (Live) CC		Baseball	NFL Live	SportsCenter (Live) CC		SportsCtr.
FAM	8 Rules	8 Rules	Grounded	Grounded	Lincoln Heights (N) CC		**Movie: ★★½ "Deliver Us From Eva"** (2003)				700 Club
FSB	Final Score	Poker	MLB Baseball Oakland Athletics at Seattle Mariners. (Subject to Blackout)						Final Score	Final Score	Sports
LIFE	Reba CC	Reba CC	Still Stnd	Still Stnd	Reba CC	Reba CC	**Movie: ★★ "Gracie's Choice"** (2004) CC				Will-Grace
NICK	Zoey 101	School	School	Drake	SpongeBob	Drake	Home Imp.	Home Imp.	Lopez	Lopez	Fresh Pr.
SCI FI	Eureka (N) ∩ CC		ECW (Live)		Destination Truth CC		Eureka ∩ CC		Twilight Z.	Twilight Z.	The X-Files
TBS	Friends ∩	Raymond	Raymond	Raymond	Family Guy	Family Guy	Family Guy	Family Guy	The Office	The Office	Sex & City
TNN	CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		CSI: Crime Scn		CSI: NY ∩
TNT	Law & Order CC (DVS)		Law & Order "C.O.D."		Law & Order CC (DVS)		Law & Order CC (DVS)		The Closer CC		Without
USA	Law & Order: SVU		Law Order: CI		Law & Order: SVU		Law & Order: SVU		**Movie: ★★ "Along Came Polly"**		
WGN	Corner Gas	Corner Gas	WGN News at Nine (N)		Sex & City	Scrubs ∩	Scrubs ∩	Becker ∩	Funniest Home Videos		Wilkos
PREMIUM CHANNELS											
HBO	(5:30) **"Billy Madison"**		**Movie: ★★½ "X-Men: The Last Stand"** CC				**Movie: "Pinochet's Last Stand"**			Curb	Tell Me
MAX	(4:45) **★★★ "Syriana"**		**Movie: ★★½ "Idiocracy"** (2006)		**Movie: "Ice Age: The Meltdown"**				**Movie: ★★★ "Galaxy Quest"** ∩		
SHOW	**Movie: ★★ "Aeon Flux"** (2005)			(:45) **Movie: ★★★ "World Trade Center"** (2006) 'PG-13'					Weeds	Weeds	Californ

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667-07

8-28,9-4,11/07

PROPERTY TAX DEFAULT
(DELINQUENT) LIST

I, Shari L. Schapmire, Mendocino County Tax Collector, State of California, certify that:

Notice is hereby given that the real properties listed below were declared to be in tax default at 12:01 a.m. on July 1, 2006, by operation of law. The declaration of default was due to non-payment of the total amount due for the taxes, assessments and other charges levied in 2005-2006 that was a lien on the listed real property. The total that was due on June 30, 2006, is shown opposite the parcel number.

Tax-defaulted real property may be redeemed by payment of all unpaid taxes and assessments, together with the additional penalties and fees, as prescribed by law, or it may be redeemed under an installment plan of redemption. If the taxes remain unpaid after June 30, 2011, the property will be subject to sale at public auction. Property upon which a nuisance abatement lien has been recorded shall be subject to sale if the taxes remain unpaid after June 30, 2009. All information concerning redemption of tax-defaulted property will be furnished, upon request, by Shari L. Schapmire, Mendocino County Tax Collector, 501 Low Gap Road, Room #1060, Ukiah, California 95482 (707) 463-4323 or 463-4321.

This publication shows, in this order, the name of the Assessee, the parcel number with the dollar amount for which the parcel was "tax defaulted".

PARCEL NUMBERING SYSTEM EXPLANATION

The Assessor's Parcel Number (APN), when used to describe property in this list, refers to the assessor's map book, the map page, the block on the map (if applicable), and the individual parcel on the map page or in the block. The assessor's maps and further explanation of the parcel numbering system are available in the assessor's office.

Property tax defaulted on June 30, 2006, for the taxes, assessments and other charges for the fiscal year 2005-2006:

ADAMSEN ALBERT C 1/2
033/190/28/00 $1,793.10
ALARID DAVID WILLIAM
097/202/08/01 $193.66
ALCAZAR MANUEL & MARIA
098/103/06/00 $59.20
ALVAREZ ELSA DAMIAN
162/231/15/00 $1,362.66
ANDERSON DONNA V TTEE
033/240/23/00 $566.74
ANDERSON JAKE
098/015/06/01 $408.80
ANDREWS MARTIN 1/2
034/340/05/00 $821.28
ANO MARTE & MARLYN
100/032/15/05 $43.60
ANTKOWIAK JOHN FREDRICK
100/175/01/01 $271.58
APOSTOLIC ASSEMBLY OF THE FAITH
069/310/05/00 $71.88
ARMSTRONG SAMUEL
014/340/04/00 $34.82
ARREGUIN MIKE M & PATRICIA A
161/290/02/00 $1,098.82
ARTACHO ISABELO S
098/043/07/01 $235.68
AVILA JOSE S & ARTEMIA J
100/081/02/01 $411.12
BAILEY GAIL & DAN E
099/141/10/01 $1,187.62
BAINS BALWANT S & GURMEET K
098/093/06/01 $429.60
BAKER RHETT W
031/010/19/01 $384.78
BALLARD ODIS L TTEE
021/180/24/00 $138.78
BALMAIN GARY V JR 1/2
037/150/01/00 $537.63
037/150/02/00 $64.31
BANK OF NEW YORK TTEE
002/184/03/00 $926.64
BARRETT SHANE & JENNIFER
033/114/02/00 $211.15
BARTOLO REMEDIOS V
096/281/07/01 $357.92
BARTOW CRAIG
103/141/06/00 $2,659.12
BECKLEY TRAVIS
056/200/10/00 $100.46
BEJARANO ARMANDO & SUSAN LINDA
056/420/04/00 $1,624.66
BELL KERRY B
147/322/04/01 $357.24
BELLINO PETE FRANK /
170/220/61/00 $1,183.98
BENNETT JANELLE ELAINE
014/230/42/00 $858.76
BERNAL GABRIEL & MARTA
144/252/05/00 $1,098.86
BERNSTEIN JOSEPH E & ERICA H
053/200/08/00 $1,257.28
BIRKAS ANNA C 1/2 /
026/110/02/00 $344.62
026/110/03/00 $445.04
BISHOP GRANT & BARBARA
047/010/36/00 $657.53
BISSELL SHELDON TTEE 22.92%
047/080/14/01 $5,724.22
BLOM CINDY
008/048/02/00 $2,194.32
BONADUCE BENJAMIN G
013/810/09/00 $1,469.76
BOWMAN CONRAD K & TRUDY L
053/020/12/00 $1,694.14
BOWMAN CONRAD K II & TRUDY LYN
053/020/10/00 $188.90
053/020/16/00 $1,366.74
BOWMAN KENNETH D & DONNA M
012/690/51/00 $62.14
BREEDEN JEAN SOUTHWICK
006/092/05/00 $523.15
BREZINSKI GERALD
099/134/19/00 $86.62
BROCKMAN ANGELA M 1/2
033/250/16/00 $116.44
BROCKWAY PATRICK L
038/450/17/00 $1,049.46
BRUNTON FRANCES M TTEE
097/041/06/01 $220.14
BRUSHY MOUNTAIN HUNTING CLUB
035/270/07/00 $182.64
035/270/12/00 $227.84
035/270/13/00 $57.16
035/280/02/00 $144.54
035/280/03/00 $96.12
BUFARDECI NUNCIO 75%
108/193/26/00 $1,245.96
108/213/01/00 $481.62
BURKHART JEFFREY S
127/060/09/00 $8,414.44
BURNS STEVE R
184/051/02/00 $882.09
CABEZAS ENRIGUE
001/370/03/00 $792.19
CAIN ROBERT D & KATHERINE M
098/272/14/01 $335.78
CANALES MICHAEL R
002/311/36/00 $4,352.42
CAO HUY CAM
097/074/04/01 $135.15
CAPOZZI M BELINDA
002/102/16/00 $1,093.28
CARMICHAEL WILLIAM A TTEE
032/320/25/00 $53.42
CASH DANIEL E & LANAE R
103/240/04/00 $1,176.00
CASH DAVID
181/141/17/00 $1,217.44
CASTANEDA FRANCISCO T
100/081/17/01 $397.96
CAYABYAB ZENAIDA APELIN
098/201/04/01 $320.64
098/212/09/01 $342.96
CHARVET LEONARD W TTEE ESTATE
069/202/26/00 $954.90
CHAVEZ FRANCISCO MENA
096/274/08/01 $148.18
CHILSON JUBAL C 1/2
147/300/24/00 $151.55
147/300/25/00 $431.33
147/312/16/00 $196.80
147/312/17/00 $321.34
CHRISTENSEN GUSSIE TTEE
132/073/05/00 $541.08
CHRISTIANSEN STEPHEN & STEPHAN
053/380/07/00 $2,685.14
053/380/14/00 $91.42
163/020/48/00 $3,333.24
CHRISTIANSEN STEPHEN R & STEPH
012/080/23/00 $424.82
012/080/25/00 $1,049.96
CLARK KATHRYN D
125/250/17/00 $4,324.38
COLLINS RICHARD
011/900/46/00 $245.44
011/900/47/00 $80.79
CONSERVATION FUND THE
026/490/62/00 $48.78
CORDIS MICHAEL
163/082/03/00 $1,079.36
COST JOHN R
069/201/54/00 $1,689.42
CRONK COMPANY
007/060/15/00 $1,777.86
CROWE BETTY JUNE
169/130/03/00 $761.64
CUFF KEVIN
154/040/04/00 $676.90
CULLEN JOHN JOSEPH 1/2
145/210/03/00 $1,238.90
DAILEY GEORGE F /
069/202/28/00 $121.54
DANIEL FINDS THE FEATHER
036/230/30/00 $2,416.38
DAQUIL PAZ B
097/071/08/01 $378.14
DAY JONATHAN B 1/2
046/270/55/00 $5,616.40
DEGUZMAN RODRIGO G & ALMA H
096/182/05/01 $329.68
DELMONTE DANIEL J
056/500/02/00 $2,372.50
056/500/03/00 $307.26
056/500/04/00 $1,213.50
DELVALLE HECTOR A
098/113/11/01 $230.95
DEUTSCHE BANK NATIONAL TRUST C
069/252/08/00 $3,476.02
DIXON KEN 1/2
036/181/08/00 $428.68
036/184/05/00 $428.68
DOCKINS MAGDALENE E 1/2
018/020/19/00 $2,352.74
DODD ALVIN D & EDWINA R
014/060/36/00 $152.43
DONNELLY TIM SEAN
097/122/03/01 $833.76
DOOLEY KENNETH A 60%
038/110/73/00 $3,320.80
DRAGOS V BADEA MIC TRUST THE
156/250/02/00 $256.08
EATON JOHN HAMILTON
027/111/08/00 $2,065.52
ELLIOTT WILLIAM F & CAROLYN C
100/144/11/01 $302.34
EPTON MICHELE
144/260/16/00 $714.32
ESTEBAN EDITHA 1/2
098/153/01/01 $170.84
EVANS BAYSHAUM B
014/400/18/00 $122.22
014/400/29/00 $500.72
EXCHANGE BANK TTEE
166/240/12/00 $9,233.42
166/240/13/00 $803.62
166/240/14/00 $291.06
FANG MINGYU
014/360/13/00 $99.76
FARGEY STAR 1/2
037/050/45/00 $36.10
FAULKNER JAY D
121/061/34/00 $743.15
FAUSTO FRANCISCO
147/253/05/01 $385.79
FEENY TAYLOR
099/042/02/01 $987.06
FELICITY CALLA /
147/062/08/01 $835.32
FETTIG KIETH
013/500/20/01 $218.20
013/520/12/01 $786.06
FILLMAN GAYLE EILEEN
152/210/14/00 $790.72
FINDS THE FEATHER DANIEL TTEE
037/050/59/00 $1,057.88
FINNEGAN BARBARA Z TRUST
037/070/01/00 $150.92
037/070/08/00 $104.74
FIRST BAPTIST CHURCH OF REDWOOD
162/280/13/0C $125.50
FITCH JACKIE
001/400/58/00 $1,386.17
FITES HOWARD
119/530/11/00 $2,548.24
FLORES AUGUSTO C & LIZA MARIA
100/232/04/01 $264.82
FONSEN KELLY D
104/010/12/00 $228.20
FRANKLIN ROBERT M
097/102/05/05 $142.00
FREY PETER C & KAREN K
006/010/19/00 $630.85
FROST BRIAN
014/220/38/00 $138.74
FROST BRIAN R & BRENDA K
014/220/04/00 $506.58
GALLEGOS PETER R
003/074/04/00 $617.90
GALLO MARY & GUIDO TTEES
098/062/14/01 $101.02
GANDEZA ARNOLD & CRISTINA 1/2
100/234/16/01 $426.20
GARCIA MISSY THOMASA A
100/221/08/01 $382.86
GARCIA TOM
011/430/23/00 $520.92
GASS CORYELL ESTATE OF
018/300/08/00 $585.93
GILPATRICK ARLO EUGENE TTEE
098/302/04/01 $259.06
GNATOWSKI TAD & HADLEY
006/076/04/00 $1,264.63
GODWIN JIM A & DOLORES A
036/090/01/00 $304.70
GOLDENGHOST SYRACUSE
105/280/12/00 $3,490.24
GOOD DAVID C
056/340/02/05 $1,110.52
056/340/08/00 $310.82
GORMAN TERRY N
001/291/10/00 $2,088.24
GREGERSON DAVID & CAROLYN C
100/061/04/01 $439.74
GRQ ENTERPRISES
002/193/14/00 $335.14
002/193/15/00 $430.47
GUINTO REYNALDO M & AGNES B
100/182/10/01 $309.34
GUNDERSON HOWARD C
006/141/23/00 $3,111.27
GUTHRIE JAMES DONALD JR & NANC
069/220/21/00 $629.78
069/220/22/00 $591.24
GUZMAN CARLOS R
175/300/16/00 $797.68
HACKER THOMAS R
033/171/02/00 $795.99
033/172/40/00 $138.74
033/172/41/00 $145.52
HALEY STACY
147/311/14/01 $196.80
HALL CURTIS & NOELLE
056/070/03/00 $1,555.71
HALL E F & ELLEN
126/140/13/00 $672.98
HAMADA NATHAN M
100/156/14/05 $1,299.64
HAMILTON HAROLD LEWIS
097/273/08/01 $259.06
HARRIS MILDRED M
145/182/02/00 $2,374.48
HARRIS WAYNE GORDON & JAN ELIZ
145/051/08/00 $1,276.93
HAYDEN JO ANN M TTEE
048/390/08/00 $1,781.46
048/390/20/00 $809.35
HEALEY JAMES E
008/044/10/00 $1,851.18
HEIMBERG WILLIAM TTEE
001/302/21/00 $257.78
HENDERSON CHARLES E
143/090/36/00 $4,755.24
143/090/38/00 $721.66
HERLYCK ROY G 1/3
051/050/06/00 $178.18
HERZOG GEMINI O 1/2
053/020/15/00 $1,915.14
HESS MARK STEPHEN
125/270/53/00 $1,573.44
125/270/54/00 $123.76
HILL ALVIN L & DARLEEN L 1/2
033/171/13/00 $153.56
HOLLINGSWORTH DENNIS H TTEE
019/370/20/00 $5,474.28
HONTOU ERNEST JOEL & KATHY JAN
019/333/07/00 $195.82
HOOPER FRANK W 3/4
188/150/01/00 $62.96
HOOVER KIM DEETZ 1/3
002/122/09/00 $1,567.56
HOWARD HUGH JAMES & CHERYL LYN
037/340/30/00 $345.11
108/192/16/00 $439.62
HSBC BANK USA TTEE
001/460/33/00 $5,276.64
HUBER MATHEW V JR
008/154/05/00 $2,139.18
HUBER TIMOTHY
119/237/07/00 $7,959.15
HUGHES JEFF GABRIEL
013/580/56/00 $89.50
HUISH JAMES LELAND 1/2
056/190/07/00 $1,142.92
HUNTER ARTHUR C & SUSAN M
108/010/01/00 $98.40
HUNTER PAMELA J
118/050/31/00 $3,604.26
HUYNH HAU 1/2
100/174/16/01 $227.91
JACINTO VINCENTE F & MADELALUZ
006/061/24/00 $394.73
JAYNES JESSE & JOYCE
097/151/08/00 $1,433.68
JEANE KATIE
037/650/02/00 $1,431.88
JENKINS JACOB
147/254/07/01 $76.15
147/254/08/01 $82.07
JENSEN DOUG & NANCY
001/111/25/00 $677.50
JIMENEZ JAVIER 1/2
003/581/28/00 $509.10
JOHNSON MELISSA
001/391/08/00 $4,646.48
JOHNSON REX R & RUTH BACCI
038/240/04/00 $251.36
JORDAN HOWARD & MADELEINE
027/443/28/05 $423.79
JUAN ROBERT PATRICK
052/010/05/00 $39.72
JUSTUS DARLENE 1/2
103/142/01/00 $482.65
KENDL ERICK S & JENNIE L
098/203/01/05 $69.90
098/203/02/05 $38.98
KESENHEIMER ERICA L
026/390/34/00 $51.58
026/390/58/00 $250.41
026/390/84/00 $93.16
026/390/85/00 $93.16
KING RAY D & RHONDA JO
161/020/09/00 $1,045.85
KIRKWOOD GREGORY LYNX
100/352/06/01 $134.42
KIRTLAN ROBERT R & HAZEL A
017/430/33/00 $611.76
121/200/04/00 $766.76
KLIPPEL BARRY ALLEN
053/412/14/00 $258.52
KNOLL MICHEAL & LOIS
099/120/06/05 $33.44
KOOMLER MARIE
100/183/07/01 $191.69
KREL ALLA A 1/2
098/103/07/00 $58.94
KUENZL HARDY 1/2
013/570/27/01 $749.36
KVASNICKA VICKI L
006/077/42/00 $1,918.64
LACEY JOSEPH C & CAROL J
147/070/04/00 $830.90
LANGLEY EDITH L
002/102/63/00 $782.94
LARSON ERIK 1/2
014/100/58/00 $411.20
LARSON ERIK 1/4
014/020/51/00 $219.34
014/040/16/00 $219.58
014/040/21/00 $112.78
014/040/24/00 $1,329.04
014/040/25/00 $126.23
014/040/26/00 $331.74
014/040/27/00 $288.32
LARSON SHEILA TTEE
014/200/46/00 $849.54
LAWRENCE LARRY L & TONJA R
144/040/13/00 $3,715.59
LEACH ELLEN
012/540/22/00 $1,410.90
LECH VICTOR 1/2
098/233/05/01 $1,079.32
LEFFLER DIONNA MICHELLE ADMINI
031/040/32/00 $785.66
LEONARD RANDY
003/022/04/00 $4,867.12
LEPLEY ROSALYN TTEE
014/140/35/00 $68.42
LEWIS SCOTT & DANA
097/315/13/01 $378.62
098/013/15/01 $373.98
LEWIS SCOTT W & DANA
005/216/23/00 $1,600.43
LHOIR ALWYN 1/4
013/570/20/00 $1,194.54
LI JULIA SHANE
143/032/07/00 $143.40
143/110/21/00 $427.20
LIGHTY MARK W & TERESA
017/172/26/00 $1,485.38
LIGHTY MARK W & TERESA N
008/244/31/00 $1,264.23
019/690/05/00 $917.23
LILLICOTCH JOHN
012/710/39/00 $1,137.66
LINCO LLC
119/214/22/00 $320.23
LINDBERG JEANE CAROLE
123/390/13/00 $987.64
LIU YUNG MING
098/292/07/01 $220.14
LIU YUNG MING & LEE LI CHUN
097/325/01/01 $342.96
LOLONIS VINEYARDS INC
163/082/09/00 $3,892.78
163/090/07/00 $910.58
163/090/08/00 $401.28
163/100/03/00 $2,966.86
163/110/01/00 $1,810.70
163/150/02/00 $2,161.45
163/160/01/00 $1,100.54
LOMBARDI EVAN 1/2
013/860/06/05 $3,874.34
LOPEZ CRISTOBAL & CARMEN
181/121/06/00 $1,046.51
LOPRESTI JASON M
147/321/07/01 $810.00
LUZZI RONALD & CYNTHIA
019/600/33/00 $1,167.40
LYSSAND ROLF & PAM
048/170/28/00 $1,917.92
MACAHILAS ROBERT A
019/560/41/00 $2,144.66
MACK BARBARA
006/132/28/00 $4,227.58
006/132/29/00 $3,012.94
MADINA ROSA
033/172/45/00 $1,214.64
MAJESKY KEITH 48%
019/380/02/00 $895.40
MAJUK LEONARD K 1/4
056/050/09/00 $391.30
MALCOLM JOHN G & RUTH N
012/540/45/00 $58.78
MALONZO DIOSDADO D & EMRALINA
100/232/02/01 $397.96
MANGAHAS RABEL KELLEY
096/283/16/01 $275.92
MANNEY PHYLLIS
097/274/11/00 $218.68
MARIANO JANET
014/200/45/00 $544.47
MARLATT ROBERT 1/2
032/500/26/00 $37.12
MAROUG SAID M
097/160/06/01 $333.94
MASSON GARY J & JEAN T
177/240/03/00 $152.34
177/250/08/00 $694.34
177/250/12/00 $1,204.84
188/130/03/00 $771.00
188/220/21/00 $704.90
MATTHEWS WILLIAM C
051/130/05/00 $355.18
051/130/13/00 $42.82
MATTHIAS GEORGE L & SHEILA
033/240/06/00 $184.86
MAY BARBARA
141/100/14/00 $2,852.54
MCCRAY GARY
019/480/02/00 $678.89
MCDADE ARTHUR & MARTI
013/830/01/05 $1,357.40
MCDONALD JEREMY & NICOLE
160/200/15/00 $2,540.66
MCDONALD JEREMY D & NICOLE S
169/130/30/00 $3,487.10
MCDONELL JOHN C & LINDA C
069/291/29/00 $1,574.48
MCKEE MILDRED E TTEE
097/220/05/01 $308.62
MEHTLAN ROSS L & MICHELE L
018/052/18/00 $830.46
MENDOCINO BEVERAGES INTERNATIO
021/120/85/00 $4,150.18
MENDOCINO RAILWAY
019/030/20/00 $34.14
MENDOZA FRANCISCO 1/2
048/350/13/00 $4,753.10
MILLER BURKE
162/100/62/00 $5,782.94
MILLER KATHLEEN TTEE
100/063/16/01 $724.72
MILLER RACHEL 1/2
118/560/02/00 $295.46
MILLER ROBERT M
118/080/02/00 $4,761.20
118/080/04/00 $1,194.14
118/080/15/00 $3,024.44
118/080/16/00 $2,483.14
MINIKEL GENE JR & DORA
038/214/06/00 $2,904.32
MINO VIRGINIA 1/2
096/341/10/01 $181.88
MITCHELL LEROY & PATRICIA A
001/202/10/00 $421.06
MIZE STEPHEN T & KRISTIN L
165/090/36/00 $278.25
MOLLETT CHARLES E III & SHEILA
098/234/09/05 $143.98
MOORE DANIEL 1/2
037/580/06/00 $362.32
MOORES WILLIAM M & TONA E
132/100/19/00 $1,583.58
MORRIS MARVIN P & WYNONA D TTE
098/021/03/01 $604.77
MORRISON MICHAEL & DAVETTE
006/077/44/00 $768.23
MUSGRAVE DENNIS L & TRINA ANN
179/080/47/00 $319.82
N R L L INC
098/203/03/05 $78.30
NELSON JON
098/212/12/01 $1,733.92
NEUSTEL JAMES F & KIMBERLY A
001/460/30/00 $1,304.08
NEVES MARGIE D
098/342/12/01 $371.30
NEVIN THOMAS S
098/124/07/01 $973.68
NEWPORT KATE
011/480/18/00 $552.80
NGUYEN HOA 1/2
098/174/05/00 $102.24
NICHOLS ROBERT J & PATRICE K K
118/200/16/00 $3,075.42
NOEL RUTH
129/030/04/00 $1,265.66
NORGARD LEANNA L
168/280/08/00 $1,942.44
OLEARY DAVID
103/190/13/00 $1,099.60
OLEARY DAVID J
032/224/06/00 $162.29
032/224/10/00 $162.29
032/224/21/00 $172.09
032/225/08/00 $162.29
032/225/22/00 $96.06
103/050/12/00 $105.38
103/050/15/00 $1,229.03
103/060/01/00 $673.32
ORENSTEIN CRAIG & RENEE RUSSEL
011/580/24/00 $805.66
OWENS BILLY DUFF & WANDA LORAI
029/420/37/00 $3,045.78
PANGILINAN EMILIANO T & CORAZO
099/052/04/01 $227.03
PATTON JON ORVILLE & LORAINE F
037/310/74/00 $1,290.94
PAUL ROCHELLE M
037/100/09/00 $471.30
PELLEGRI BARRY R 1/2
038/040/07/01 $3,075.52
PERELSTEIN MATHEW & PAULA
017/230/07/00 $1,294.80
017/350/34/00 $874.17
PHILLIPS DAVID E
014/290/33/00 $450.72
PHILLIPS MRS MAXINE
006/045/16/00 $566.28
PIETERS MICHAEL DAELE
098/065/14/01 $248.48
PINOLI WAYNE
003/540/47/00 $4,235.64
PLOWRIGHT THOMAS R & PATRICIA
026/234/05/00 $303.80
POLLARD DONALD R TTEE 1/2 /
017/280/19/00 $13,505.08
POLLOCK PATRICIA
098/211/06/01 $4,677.40
POLSON MARY M 1/2
014/100/83/00 $492.56
RABINOWITZ JASON /
132/162/03/00 $430.52
132/162/04/00 $1,977.16
RAY JOHN N
100/072/02/01 $466.30
REDWOOD LEGAL ASSISTANCE
002/182/13/00 $1,969.76
REID JAMES M
035/130/12/00 $93.10
REIFERS NATHANIEL LEWIS
056/220/05/00 $3,504.77
REILLY IAIN C
153/280/07/00 $697.72
153/300/02/00 $971.74
153/300/03/00 $971.74
REITER FRANCES TTEE
098/101/15/05 $67.12
REPOVSCH ALBERT W JR
014/100/39/00 $2,458.48
REYNOLDS KATHY
014/250/39/00 $3,596.57
RHODES JUDITH N ESTATE OF
175/300/18/00 $663.62
RIDENOUR JOHN
006/110/22/00 $984.30
RIGGS MARK & KITTY
184/052/04/00 $2,209.56
RIVERA GENNETH N 1/3
097/312/15/01 $475.46
ROACH GARY
020/200/74/00 $1,852.02
ROBELLO LOUISE K TTEE
017/370/11/00 $188.28
ROBERTS SHANE B & RONEISHA
001/353/08/00 $926.45
RODRIGUEZ GERMAN
100/062/11/01 $267.52
ROLAND PHILIP E 1/2
097/184/10/01 $1,644.28
ROMAN JAIME ANTONIO
095/280/01/01 $228.52
ROSE DEMIAN & MARY AMBER
170/081/02/00 $6,983.27
ROSS CHARLES
168/230/24/00 $148.78
RUGH DIANE LAURA
019/130/51/00 $1,835.20
RYAN DAVID C & DIANE
178/150/04/00 $1,105.72
178/150/66/00 $3,775.68
178/150/67/00 $350.58
SALAMANCHUK GEORGE A JR
100/175/03/01 $184.92
SALAZAR TERI
145/093/22/00 $5,658.46
SANCHEZ FROILAN G & ELISA A
181/131/08/00 $630.34
SANCTUARY FOREST INC
051/160/01/00 $34.16
051/270/03/00 $231.92
SANCTUARY INVESTMENTS INC
123/060/17/00 $100.82
SANDI DOMINADOR R & ULDARICA P
099/053/11/01 $415.14
SARKELA STEVE & LISA
001/490/67/00 $4,082.50
SAYERS PAUL 1/3
051/180/09/00 $57.46
051/180/10/00 $68.00
SCHRAGE ALLEN
108/132/06/00 $1,511.16
SCOTT JULIE D
001/353/06/00 $411.46
SELLMER WALTER J & CAROL A
161/290/11/00 $692.63
SENOT MELBURGA V
098/272/08/01 $478.00
SESANTE MAXIMA M
096/284/15/01 $275.98
SGHAYER RASHAD O
099/083/02/01 $245.72
SHAPERA MAURICE M 1/2
032/224/08/00 $249.20
056/500/15/00 $627.10
SHARP HEIDI DENISE
020/440/56/00 $1,710.98
SHEPHERD LEE C & JULIANNA C
179/180/19/00 $707.26
SHERGILL SUKHJINDER S & BHUPIN
005/149/03/00 $2,372.58
005/149/09/00 $470.82
SILVA ALFREDO
032/300/39/00 $1,293.70
SIMILA DANIEL J
143/031/04/00 $1,031.47
SIMS GERALD C
106/080/08/00 $588.53
SINGH SURJIT & ANITA RANI
098/114/05/01 $634.84
098/114/06/01 $634.84
SMALL LESTER & APRIL
184/062/11/00 $890.60
SMITH BRUCE J
033/240/57/00 $260.26
SMITH SAMUEL F
097/296/04/01 $289.50
SNODGRASS DYLAN RONDAL
051/071/53/00 $198.76
SNYDER WILLIAM K & TAMMY J
056/200/11/00 $412.03
SOHL MARIE
012/611/22/00 $37.08
SOSS LESTER L
035/180/18/00 $1,296.74
SOUTHERS BRIAN JOHN & DORIS LY

019/402/08/00 $1,814.70
SPENCE LAURIE E MARKOWITZ TTEE
001/440/05/00 $2,915.43
STANTON MARK
013/570/33/01 $2,292.74
STEVENSWOOD HOSPITALITY GROUP
121/010/13/00 $15,796.56
121/010/14/00 $4,824.36
121/010/15/00 $4,824.36
STRAUSS CLARA D
098/352/02/01 $266.80
STUCKEY CINDY & LEO
017/310/08/00 $2,585.94
SULLIVAN HARLEY E & PATRICIA M
100/156/16/01 $219.96
SUPPLE JOSEPH & ROBIN
098/223/04/05 $32.98
SUPPLE JOSEPH 1/3
098/223/05/05 $34.50
SVEDBERG MYRLE D TTEE UND 1/2
095/202/05/01 $178.98
SWAN MELVIN DEE & DEBRA LYNN
161/120/12/00 $1,279.57
SWEENEY ARLENE G TTEE
098/343/03/01 $245.68
TAKIER JERRY TTEE
096/181/01/01 $144.51
TAMAYO JON T
095/050/08/01 $364.66
TAYLOR JOHN T
019/130/15/00 $284.30
TAYLOR THOMAS J & FAY M
098/143/10/01 $107.83
TAYLOR THOMAS J & FAY M TTEES
098/143/11/01 $101.93
THOMAS JEFF C & SHANA J
037/070/09/00 $1,065.84
THOMAS KEITH E 1/3
149/060/13/00 $131.56
THOMPSON WILLIAM J 1/2
020/450/24/00 $457.34
TODD CLARK
017/160/43/00 $818.84
TODD SARAH B
003/072/07/00 $3,544.78
TOLLOW MATTHEW & JANI CREEL-
170/131/30/00 $2,655.60
TREPTE LEE
069/060/26/00 $6,295.16
TROTTIER ROBERT
167/300/11/00 $372.30
TROUETTE PAUL & VICKIE
099/044/11/01 $1,919.96
TUBBS WILSON L III & MARTELEA
008/302/33/00 $2,139.00
TWELLS GORDON T & RAE L
178/150/19/00 $3,407.72
UNITED STATES OF AMERICA
013/500/08/00 $36.40
013/510/02/00 $36.40
URIBE TAWA
056/150/05/00 $2,182.04
VALDEZ CHRISTOPHER M & JENNIFE
096/173/07/01 $183.96
VALERIO EFREN & MINERVA
097/261/12/01 $209.63
VANDERZWAAN ROLF F
026/390/24/00 $51.58
026/390/25/00 $400.30
026/390/33/00 $93.16
VANHOUSEN JAMES & JANET
032/570/03/00 $416.06
VANNUCCI PHILIP M & STACEY R T
179/240/31/00 $2,169.28
VARELA MAURICIO ANTONIO
099/133/14/01 $379.92
VARGAS ROBERT I & ROBIN L
096/253/15/01 $165.32
VATMAN GREGORY A /
098/322/05/01 $425.02
VILLALPANDO JOSE SANCHEZ /
020/490/11/00 $1,325.44
WALKER LARRY S & JAN E
049/280/20/00 $529.62
WALTON JONATHAN D
037/550/02/00 $2,478.70
WATKINS CHRISTOPHER L & MONICA
036/200/91/00 $759.50
WATSON CHARLES F
053/110/16/00 $703.36
WATTS DEBORAH
006/120/15/00 $299.52
WERTHEIMER THOMAS JOSEPH 1/2
107/054/14/00 $492.77
WHITMAN SUZANNE
001/381/10/00 $1,354.76
WILBURN JONI G & RODNEY LEE 2/
033/240/38/00 $396.16
WILLCUTT ANTHONY 1/2
100/236/06/01 $326.18
WILLIAMS THOMAS F & DELVINIA L
108/080/13/00 $95.87
108/120/01/00 $538.24
WINNIE JEFFERY & PATRICIA
147/311/12/01 $32.32
WINNIE JEFFERY A & PATRICIA M
147/311/13/01 $328.40
WM SPECIALTY MORTGAGE LLC TTEE
003/390/31/00 $3,123.16
WOOLSEY JAMES & NELLY
096/154/01/01 $220.14
WUERFEL MARK D
056/160/04/00 $784.12
WUERFEL MARK D & DANA
056/130/18/00 $264.44
WUERFEL MARK D & DANA G
056/160/03/00 $188.04
056/160/08/00 $749.26
YAMBERT ROBERT A
033/150/04/00 $215.70
033/150/16/00 $964.69
YOUNG TOBIAS CAMPBELL 15%
162/011/03/00 $247.08
162/013/08/00 $585.66
2TNT LLC
132/300/32/00 $993.72

I certify (or declare), under penalty of perjury, that the foregoing is true and correct.
/s/ Shari L. Schapmire
Mendocino County Tax Collector
Executed at Ukiah, Mendocino County on August 28, 2007.

FIND WHAT YOU NEED IN THE CLASSIFIEDS!

659-07

8-28,9-4,11/07

Notice to Creditors
SUPERIOR COURT OF CALIFORNIA, COUNTY OF MENDOCINO
In re the
Case No. SCUK CVPB 07-25079
KATHERINE J. SPIVEY
October 31, 2006
NOTICE TO CREDITORS
as restated in the entirety on
August 14, 2007 by **Mark L. Gladden**
[Probate Code Section 19050]
Decedent.
Notice is hereby given to the creditors and contingent creditors of the above-named decedent that all persons having claims against the decedent are required to file them with the Superior Court, at 100 North State Street, room 108, Ukiah, California 95482, and mail or deliver a copy to **DANIEL DAWSON**, as Trustee of the **THE KATERINE J. SPIVEY LIVING TRUST** dated **October 31, 2006**, wherin the decedent was a Trustor, at **PASSALACQUA, MAZZONI, GLADDED, LOPEZ & MARAVIGLIA, LLP, 1201 Vine Street, Suite 200, P.O. Box 455, Healdsburg, California 95448-0455,** within the later of four (4) months after the date of first publication of notice to creditors or, if notice is mailed or personally delivered to you, thirty (30) days after the date this notice is mailed or personally delivered to you, or you must petition to file a late claim as provided in Section 19103 of the Probate Code. A claim form may be obtained from the court clerk. For your protection, you are encouraged to file your claim by certified mail, with return receipt requested.
Dated: **AUGUST 13, 2007** PASSALACQUA, MAZZONI, GLADDED, LOPEZ & MARAVIGLIA, LLP
MARK GLADDEN, Attorney for **DANIEL DAWSON** Trustee
/s/ **Mark Gladden**
MARK GLADDEN
Attorneys for Trustee

699-07

9-11,16,21/07

NOTICE OF PETITION TO ADMINISTER ESTATE
CASE NO.: SCUK CVPB '07 25094
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **DORIS R. PRINGLE, also known as DORIS RAMONA PRINGLE**
A PETITION FOR PROBATE has been filed by: **JOHN CHARLES PRINGLE and MARJORIE JEAN PETERSON** in the Superior Court of California, County of Mendocino.
THE PETITION FOR PROBATE requests that: **JOHN CHARLES PRINGLE and MARJORIE JEAN PETERSON** be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the *Independent Administration of Estates Act.* (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action). The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on **SEPT. 28, 2007** at **9:30 a.m.** in **Dept.: E,** located at: **COURTHOUSE, 100 N. State Street, ROOM 107 Ukiah, CA 95482**
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court *before* the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.
ATTORNEY FOR PETITIONER:
MYRNA L. OGLESBY
533 So. Main St.
P.O. Box 720
Ukiah, CA 95482
707-462-0141

634-07

9-1,6,11/07

ORDER TO SHOW CAUSE FOR CHANGE OF NAME
Case No. **SCUK CVPT '0799769**
SUPERIOR COURT OF CALIFORNIA, COUNTY OF MENDOCINO, Court House, Ukiah, CA 95482
IN THE MATTER OF THE APPLICATION OF: **A. TABITHA LEE MATHIASON**
B. KARLEE MARIE MATHIASON
THE COURT FINDS that Petitioner(s)
A. TABITHA LEE MATHIASON
B. KARLEE MARIE MATHIASON has/have filed a Petition for Change of Applicant(s)' name FROM **A. TABITHA LEE MATHIASON**
B. KARLEE MARIE MATHIASON
TO **A. TABITHA LEE MILES**
B. CARLIE MARIE MILES
THE COURT ORDERS All people interested in this matter appear before this court to show cause why this application for change of name should not be granted on:
HEARING DATE: **Sep. 21st, 2007** at **time a.m**. in **Dept E,** located at **Court House, 100 N. State Street, Ukiah, California 95482**
Dated: **Aug. 10, 2007**
/s/Richard J. Henderson
RICHARD J. HENDERSON
Judge of the Superior Court

678-07

9-4,6,11/07

NOTICE OF PETITION TO ADMINISTER ESTATE
CASE NO.: SCUK CVPB '07-25081
To all heirs, beneficiaries, creditors, contingent creditors, and persons who may otherwise be interested in the will or estate, or both, of: **Stephen Lawrence Ginsburg**
A PETITION FOR PROBATE has been filed by: **Mary Jo Winter** in the Superior Court of California, County of Mendocino.
THE PETITION FOR PROBATE requests that: **Mary Jo Winter** be appointed as personal representative to administer the estate of the decedent.
THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by the court.
THE PETITION requests authority to administer the estate under the *Independent Administration of Estates Act.* (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action). The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.
A HEARING on the petition will be held on **Friday Sept. 21, 2007** at **9:30 a.m.** in **Dept.: E,** located at: **Mendocino County Courthouse, 100 N. State Street, Ukiah, CA 95482**
IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court *before* the hearing. Your appearance may be in person or by your attorney.
IF YOU ARE A CREDITOR or a contingent creditor of the deceased, you must file your claim with the court and mail a copy to the personal representative appointed by the court within four months from the date of first issuance of letters as provided in section 9100 of the California Probate Code. The time for filing claims will not expire before four months from the hearing date noticed above.
YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a *Request for Special Notice* (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A *Request for Special Notice* form is available from the court clerk.
ATTORNEY FOR PETITIONER:
James F. DeMartini
115 West First Street
Cloverdale, CA 95425
707-894-5000
/s/Tina S. Graska
TINA S. GRASKA

PUBLIC NOTICE

670-07

8-28,9-4,11,18/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0576
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
NANCY'S NOTES
1416 S. State #5
Ukiah, CA 95482
Nancy Lee Buchanan
1416 S State #5
Ukiah, CA 95482
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **8-20-07.** Endorsed-Filed on **08/21/2007** at the Mendocino County Clerks Office.
/s/Nancy L. Buchanan
NANCY L BUCHANAN

687-07

9-4,11,18,25/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0470
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
MI PUEBLITO RANCHO, INC.
1252 C1 Airport Park Blvd.
Ukiah, CA 95482
Mi Pueblito Rancho, Inc.
1252 C1 Airport Park Blvd.
Ukiah, CA 95482
This business is conducted by **a Limited Liability Company.** The registrants commenced to transact business under the fictitious business name or names listed above on **Jan., 7, 2007.** Endorsed-Filed on **July 9, 2007** at the Mendocino County Clerks Office.
/s/Ana Perez
ANA PEREZ
CEO

702-07

9-11,18,25,10-2/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0586
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:

PUBLIC NOTICE

C.O.R.E. PHYSICAL THERAPY
195 Seminary Ave
Ukiah, CA 95482
Sara Bogner
485 Todd Rd
Ukiah, CA 95482
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **8-27-2007.** Endorsed-Filed on **08/27/2007** at the Mendocino County Clerks Office.
/s/Sara Bogner
SARA BOGNER

703-07

9-11,18,25,10-2/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0618
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
NORTH FORK CAFE, COVELO JOE - MOBILE TRAILER (COFFEE) MENDO CO.
76365 Covelo Rd.
Covelo, CA 95428
James Denny
.
PO Box 333, 23731 Howard St.
Covelo, CA 95428
This business is conducted by **Husband & Wife.** The registrants commenced to transact business under the fictitious business name or names listed above on **Sept. 10, 2007.** Endorsed-Filed on **Sept. 10, 2007** at the Mendocino County Clerks Office.
/s/James Denny
Lopiano
JAMES DENNY
LOPIANO



PUBLIC NOTICE

652-07

8-21,28,9-4,11/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0571
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
BONITA FASHION
1214 Airport Park Blvd. Suite E
Ukiah, CA 95482
Gerardo Cervantes
137 Meadowbrook Dr. Apt A
Ukiah, CA 95482
This business is conducted by **an Individual.** The registrant commenced to transact business under the fictitious business name or names listed above on **8-17-07.** Endorsed-Filed on **08/17/2007** at the Mendocino County Clerks Office.
/s/Gerardo Cervantes
GERARDO CERVANTES

653-07

8-21,28,9-4,11/07

FICTITIOUS BUSINESS NAME STATEMENT
File No.: 2007-F0572
THE FOLLOWING PERSON(S) IS (ARE) DOING BUSINESS AS:
CENTURION GROUP
570 Tehuacan
Ukiah, CA 95482
Centurion Consulting Group, LLC.
570 Tehuacan
Ukiah, CA 95482
This business is conducted by **a Limited Liability Company.** The registrants commenced to transact business under the fictitious business name or names listed above on **Aug. 20, 2007.** Endorsed-Filed on **Aug. 20, 2007** at the Mendocino County Clerks Office.
/s/Jeffrey W. Kram
JEFFREY W. KRAM
Vise President

10 NOTICES

7 MISTAKES people make in hiring an accident lawyer. Toll Free recorded message reveals all. Call 800-853-9315 today!

ADOPTIONS & FOSTER CARE
TLC Child & Family Services seeks families. Reimbursement, training & professional support provided. 463-1100 #236800809

CONSIDERING ADOPTION?
We match Birthmothers with Families nationwide. Living Expenses Paid. Toll Free 24/7
Abby's One True Gift Adoptions.

LAWYER REVEALS HIDDEN Secrets of Auto Accident claims. Call 800-861-1267 today! Leave your name and address to receive your free report.

THE EBBETTS PASS National Scenic Bypass inaugural celebration event 10 a.m.-5 p.m., Saturday, 9/15/2007. You are invited to join the fun! www.scenic4.org (800)225-3764

30 LOST & FOUND

FOUND
Puppy found on Sept. 1 in the 2200 block of South Dora. Please call to I.D. 462-9492 after 6 p.m.

FOUND: Puppy. Approx. 1 yr. old. Bull Dog Mix. 485-1320, 472-7123



Hello I am a cream colored, male 3 mo. old kitten. On 9/10 I thought I would go to the Ukiah Natural Foods store on Gobbi St. and stock up on some healthy cat treats. I did not even get in the door when I was scooped up and brought to the Ukiah shelter. I am very friendly. I hope my person comes by 9/16 or I will be available for adoption. Find me (and 107 other lost and adoptable cats and kittens!) at 298 Plant Rd. or call Sage at 467-6453

30 LOST & FOUND



Lost: 9/5 2 green love birds, (mini. Parrots) Vic of Jones & Oak St. (Post Off) 462-7047. 468-9790(msg) loiscook@sbcglobalnet.



With no 101 bypass, I heard the Labor Day Weekend traffic, in Willits, is a sight to behold. So I on 9/1 thought I would amble down So Main St and take look. I almost got hit by a car when a kind person picked me up and that was not easy feat as I am huge! She brought me to the Ukiah Shelter at 298 Plant Rd and now I safe but lonely for my people. I am a very big male Black. Lab. If my people do not find me I will be available for adoption on 9/8. Call Sage 467-6453

70 TRAVEL OPPORTUNITIES

PRISCO SAFARIS
Let's Go Africa Safari
Dec 3-14, 2007
www.priscosafaris.com
707-245-9818

TIMESHARE!!! PAYING TOO MUCH 4 maintenance fees and taxes? Sell/rent your timeshare for cash. No Commissions/Broker Fees. 1-877-868-1931. www.VPResales.com

120 HELP WANTED

A COOL TRAVEL job. Now hiring motivated sharp individuals to work and travel entire USA. Paid training. Transportation, lodging furnished. Call today, Start today. 1-877-646-5050

ACCOUNTANT
FT Accountant to oversee AP, PR, maintain GL, prepare FS and required bank reporting, prepare and maintain budgets, forecasting and analysis. Min. BA degree or equivalent or five years exper. Benefits inc. health, retirement, holiday and vacation pay, etc. Job description & application available
Solid Wastes of Willits, 350 Franklin Ave. EOE

Administrative Assist. Organized, energetic, Computer lit. & writing up business plans. Sal. DOE. **Joanne 468-5220**

All Shifts FT & PT Available!!!
No experience needed. Higher wage with experience This year's seniors welcome. Full training provided. Drug testing required, cannabis not tested for hire. Assist disabled in their home and on outings. **Call for interview 485-5168, 485-0165, 468-0602**

ASSISTANT COOK
Must be exp. Pre-employment physical & drug testing req'd. Dental, Vision, Medical benefits. Free co-op child care. **Apply Trinity School 915 W. Church St. Ukiah**

ASSISTANT MANAGER w/computer exp. Please contact Photo Finish 125 N. State St. 462-6242

ATTENTION CDL DRIVERS- Growing carrier w/solid customer base needing great quality driver! We listen. We pay attention. Call McKELVEY now 1-800-410-6255

DRIVER-CDL Training $0 down, financing by Central Refrigerated. Drive for Central, earn up to $40k+ 1st year! 1-800-587-0029 x4779. www.CentralDrivingJobs.net

120 HELP WANTED

Banking Member Service Representative (Teller)
Mendo Lake Credit Union is now accepting applications for our Ukiah Branch for a F/T MSR. Experience & Bilingual a+. Must be highly motivated, a team player, have good organizational, verbal & written skills. We offer competitive salary, excellent benefits, a fun working environment, business casual & **NO Saturdays.**
Send or email (jenniferw@mlcu.org) resume to Mendo Lake Credit Union PO Box 1410, Ukiah, CA 95482 Fax 707-468-0350

BOOKKEEPER
P/T w/busy real estate office. Quickbooks exp. nec. Payroll, AR & AP. Knowledge of office equipment & procedures a+. Hourly wage based on exp.
Send reply to box 03092, c/o Ukiah Daily Journal, P.O. Box 749, Ukiah, CA 95482-0749.

CASEWORKER
Nice, CA
Native American Cash Assistance Program FT w/benefits, $30k closing 09/22/2007. Get application & Job Description at www.cttp.net Fax resume & Application to 707-274-4233 Contact Colleen Pete at 707-262-4404 w/questions. Indian hiring preference applies

Clerical Worker needed for Trinity Youth Services' Ukiah campus. Respons. incl. accounting & gen. office functions. Must type accurately, be detail oriented, ability to multi-task, & possess gd customer service skills. Min. 1 yr related exp. & strong computer skills req. MediCal billing exp. a + Starts $11-$13/hr DOE. Excel. benefits. **Apply at 915 Church St. Ukiah or Fax resume to (877) 382.7617 www.trinityys.org Trinity is an EOE**

CLERK
P/T $8 per hr. **West Coast Dollar 1252 Airport Park Blvd. C3.**

Come Work With Our Team with developmentally disabled adults. F/T, P/T in home setting. Pick up application 1000 Sanford Ranch Rd. Ukiah or call 468-9331

COMMERCIAL ELECTRICIAN Exp. in all phases of elec. wrk. Full bnfts. pkg, 401K, pd vac & holidays, Health ins. & more. $50,000-$80,000+ annually. Clean DMV, Drug free wekpl. Fax app. to 707-964-1404 or email Mark at mark@fbelectric.com

Companion/Driver for 26 y/o male. Head injury. Varied hrs. Reliable car. 477-3108

Consultant firm seeks **OFFICE ASSISTANT** 30hrs/wk. Some bookkeeping exp. pref. Salary DOE. Send resume to box 04042, c/o Ukiah Daily Journal, P.O. Box 749, Ukiah, CA 95482-0749.

Delivery Driver (in our van) for growing Co, M/F 8:30-5:30. $8.25 hr.+med. Raise 90 days. 489-5115

DIESEL MECHANIC
5 yrs. exp. Good pay. + benefits. Clean DMV. 462-9318.

DME Biller
Salary DOE Blue Drug Please Call 468-5220

DRIVE for the **INDUSTRY LEADER!** Great Pay, Benefits. Weekly home time. Top of the line equipment. No CDL? No problem! Apply online www.CREngland.com. Call 1-866-917-7396

120 HELP WANTED

DRIVELINE RETAIL is seeking merchandisers with prior retail experience to call on local stores. No Selling. Must be friendly, reliable, and able to work with limited supervision. Hourly pay. Send name, e-mail address, city, state, and zip code to: cempson@storecast.com

DRIVER
Ferrellgas is the second largest propane company in the United States and third largest propane company in the world! Ferrellgas is looking for a CDL qualified driver for local delivery in the Ukiah/Mendocino County area. The most critical part of our success is our employees. If you want to work for a company where your experience and dedication make a difference, join the Ferrellgas team.
Qualified candidates will have 1+ years driving experience, ability to meet DOT requirements, basic computer skills, and be 21 years or older.
Ferrellgas offers competitive pay, a comprehensive benefits package, 401(k), Employee Stock, paid holidays, vacation, and a quarterly bonus potential. Interested candidates should apply in person or forward their resume and salary requirements mail/fax to: 707-463-0238 or drop off your resume at 3322 N. State St., Ukiah 95482 8am to 5 pm.
EOE/AAP/M/F/D/V
www.ferrellgas.com
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DRIVER: Don't Just Start Your Career, Start It Right! Company sponsored CDL training in 3 weeks. Must be 21. Have CDL? Tuition Reimbursement! www.JoinCRST.com 1-800-781-2778

DRIVER: The respect that you deserve...Get it at Swift! Swift offers excellent miles, compensation, regional and dedicated runs. No experience necessary! Training available. 1-866-476-6828. www.SwiftTruckingJobs.com. EOE

DRIVERS - $1000 HIRING BONUS Golden State Overnight is hiring full & part time drivers with insured, dependable van or pickup w/shell for local morning small package delivery routes in both Mendocino & Lake Counties. Earn a competitive wage plus mileage reimbursement plus additional reimbursement for fuel cost.Routes available Mon-Fri.&Tues - Sat. Benefits available includinghealth coverage & 401k w/company match. **Contact Steven Koller 866-779-7726 or skoller@gso.com**

DRIVERS ACT NOW! Sign-On Bonus. 36 to 45cpm /$1000+ weekly. $0 Lease/ $1.20pm. CDL -A + 3 months OTR. 1-800-635-8669

Drivers-Class A Night Shift, local haul chips, Current DMV printout. Starts at $14.00. 459-4131.

FIREFIGHTER TRAINEE.
Opening for high school grads ages 17-34. Must be in good physical condition and willing to relocate. Good pay/benefits. Call today for interview 1-800-345-6289.

Furniture delivery and warehouse person. Good DMV. **Apply in person 245 East Standley St. Ukiah**

People to work with developmentally disabled adults one on one in their own home. All Shifts available. **Call Cindy 468-9331**

120 HELP WANTED

Hazardous Waste Technician Local govt. agency. Operate haz waste collections. Recycle paint.Good DMV required. $14.42 start, benefits. Call Mike 468-9710 or p/u app at 101 W. Church Rm. 9, Ukiah.

Help Wanted P/T. Dishwasher, baker/breakfast cook, bartender & host. **Apply at Hopland Inn 13401 S. Hwy 101 744-1890**

IMMEDIATE OPENING for Office Mgr. Full charge, Payroll, PR taxes, payables, bank reconciliations, health insurance, phones, mail. Must be highly exp. in MS Word, Excel and cost acctg. Heavy data entry. 35 hr/wk. Full benefits. Mail resume to 10751-B Main St., Potter Valley 95469 wvms@pacific.net or fax 743-1455

IN-HOME CARE Providing in-home care doesn't just pay in dollars, it also pays in joy – in a job well done for someone who gets to stay in their own home because of you. Part and full time jobs available. Flexible hours. $9.00 per hour. Health benefits available (50 hours worked a month minimum) and Workers Compensation Insurance. Workers needed to provide domestic services and/or personal care to aged, blind or disabled persons. Tasks may include housecleaning, cooking, laundry, shopping, and personal care. Must consent to be fingerprinted for a criminal background check, provide references, and attend an orientation class. Applications and orientation are available in Spanish through the Willits office. Mendocino County In-Home Supportive Services (IHSS) Public Authority Referral Registry. To apply, call in Ukiah 467-5875, in Fort Bragg 962-1150, or in Willits 456-3752.

Incognito is hiring Lead Retail Clerk Costume Tech. 30-35 hrs. wk. 2yrs. exp. req. $9.75. **Submit resume 202 S. State St.**

IT ALL ADDS UP

The Ukiah Daily Journal has now partnered with Yahoo! HotJobs to bring you more Ukiah Area jobs at: ukiahdaily journal.com

The Ukiah DAILY JOURNAL

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Join Our Professional Driving Team A local petroleum distributor is currently seeking qualified **Class A Drivers** Applicants will need to have full endorsements, clean DMV, current medical card. Positions are F/T, year-round. Earning potential of $60,000+ annually. Bonus program, health benefits, 401(k) holiday, vacation pay. **Please apply in person at 2401 N. State St. Ukiah 707-462-8811**

LABORATORY ASSISTANT/TRAINEE Clean glassware & assist technicians in busy laboratory. Full time. High school diploma or equivalent required. Apply Alpha Analytical Laboratories, 208 Mason St., Ukiah. No phone calls please.

Pet Care Tech. P/T & F/T. Incl. wknds & holidays. Apply in person only **Blue Ribbon Pets** 5290 N. State St.

LICENSED NURSES & CNA'S We have openings on our team. A $1500 hire on bonus is available for full-time LVN's or RN's. Please contact Lakeport Skilled Nursing Center. 263-6101

Mendocino County
Health & Human Services Agency
Social Services Branch
Currently recruiting for:
- Social Worker Supervisor I
- Social Worker Supervisor II

For further info go to: www.mss.ca.gov to "Career Opportunities" Or call the Jobline: 707-467-5866. Closes 9/21/07

MOUNTAIN VIEW ASSISTED LIVING (senior housing) NOW HIRING!!!
✔MAINTENANCE
✔CAREGIVERS
✔MED PASSERS
✔BEAUTICIAN
✔COOK P/T
ALL SHIFTS
Drug test & background check required. Wage DOE Apply at 1343 S. Dora St. Ukiah

NEW EXCITING POSITION WORKING WITH KIDS **6 wks pd vacation 403 B.** Small homelike environment, good pay & bens. Starting sal $11.76+ hr. On the job training prov. Flex. F/T, P/T pos. avail.Fax resume to 463-6957

OFFICE/MARKETING COORDINATOR **Boutique**-Hopland winery seeks P/T staffer to handle office ops, mktg/sales projects, website mgmt, inventory, rcptn/secr.duties. 4 yrs. office exp. req. 2 or 4 yr. degree prf. Strong computer, math, oral, written skills req. Flex sched/exc wrkg environ. Email resume w/salary hist. to info@saracina.com or fax 707-744-1472

Part time LVN Tired of high case loads? Provide support to 6 adults with Devel. Disabilities in their home and supervise staff. Office 485-5168 Cell 489-0022

PHARMACY CLERK/ TYPIST in training. Computer, typing, MATH, people skills, P/T 9-1, or 4-8, or F/T. Sal. DOE, drug test. **BLUE DRUG DO NOT** come to pharmacy. Call **707-468-5220**

POLICE OFFICERS: Earn up to a $2000 bonus. Train to protect your fellow Soldiers be a leader in the Army National Guar. 1-800-GO-GUARD.com/police

Potter Valley Community Health Center Medical & Dental Front Desk F/T & P/T. Exp. Preferred. Bilingual Preferred Salary DOE. Call Erica 707-743-1188 Ext 110

RECEPTIONIST 8am - 5pm. Mon.-Fri. Apply in person 1211 N. State St.

Receptionist/Office Manager. LUV Homes. Willits. Pay DOE. Will train motivated person. Room to grow. Full benefits, 401K & pd holidays. Fax resume to 459-9580.

SPONSORED CDL TRAINING. No Experience Needed! Earn $40k-$75K in your new career! Stevens Transport will sponsor the total cost of your CDL training! Excellent Benefits & 401K! No Money Down! No Credit Checks! EOE. Call Now! 1-800-333-8595, 1-800-358-9512. www.BecomeADriver.com

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- Auditor - P/T
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Friendly attitude helpful. Willing to train. 984-6800 or come in for application. 200 Cahto Dr. Laytonville
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Now offering employee insurance after 90 days.

RESIDENTIAL SECURITY The California Conservation Corps has an opening for Residential Security position. Mature adult able to effectively interact with young adults ranging from 18-25 years of age. Swing and Graveyard shifts available. Must be available to work weekends. For more information, contact Chris Malinowski at 707-463-2822. You may complete an application in person or online at www.ccc.ca.gov

Taylors Tavern Exp. P/T Bartender Apply Mon-Thurs. before 4pm. 485-5108

Teacher Assistants in Cloverdale, 40 hrs/wk; benefits; seasonal; bilingual (Eng/ Span) pref; Level II: $8.95/hr w/potential up to $10.89/hr; Level I requ & Min 12 units ECE. Must have valid CA driver license; Contact HR, 410 Jones St., Ukiah; 707-468-0194; Deadline: 9/14/07, 5pm; www.ectr.org EOE

TRAVEL AGENT Exp. Preferred. Inside Agent or Independent Contractor. Agent. Send resume to VILLAGE TRAVEL 597 S. Main St Ukiah CA 95482

ACCOUNTING – A/R

Global Manufacturer in Rail Since 1869
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Westinghouse Airbrake Technology Stock Symbol WAB

EXCELLENT BENEFIT & COMPETITIVE COMP PKG

Family health benefits start day of hire. VERY affordable PPO 80% coverage (e.g., $28/Bi-Weekly for empl + children) – Not age driven for cost. 401k -100% match to 3% of Salary plus add'l annual 3% contribution. Two Weeks Vacation Grant on January 1 st – Use at anytime. Holiday and Sick Pay. Competitive Compensation.

2 years previous receivable and G/L reconciliation experience. Physical and Drug Test req 'd. Send resume to kmiller@wabtec.com or fax to 707-459-8540.

An EOE/AA Employer

WELDERS

WABTEC
Global Manufacturer in Rail Since 1869
WWW.WABTEC.COM
Stock Symbol WAB

EXCELLENT BENEFIT & COMPETITIVE COMP PKG

Family health benefits start day of hire. VERY affordable PPO 80% coverage (e.g., $28/Bi-Weekly for empl + children) – Not age driven for cost.
- 401k - 100% match to 3% of Salary plus add'l annual 3% contribution.
- 2 Weeks Vacation Grant on Jan. 1st – Use at anytime.
- Holiday and Sick Pay.
- Competitive Compensation.

2 years MIG welding exp req'd. Physical and Drug Test req'd. Apply in person or by mail to Microphor, A Wabtec Co, 452 E Hill Rd, Willits, 95490; or fax to 707-459-8540.

An EOE/AA Employer

Sutter Lakeside Hospital
Seeks a Full Time
CODING SPECIALIST
Must possess a valid Certification from American Health Information Management Association or the American association of Professional Coders.
Apply in person at SLH's Human Resources Department Online www.sutterhealth.org/employment Or fax resume to 707-262-5119

TEACHER P/T: M-F, 2:30p-6:30p, F/T during summer. Social, recreational, educ. After School Progm for young adults 11-22 w/special needs near Hilltop Mall, Richmond. Prefer ECE or related units. Must have valid CDL, good driving record $14-$16/hr, DOE w/bnfts. 510-374-3981

Teacher- FT Homeroom 8th grade at St. Mary of the Angels, Ukiah; emphasis on History, Math & Writing. Beautiful loc., great staff, wonderful parent & parish support. St. Mary's offers an excel. benefit pkg. incl. vac/sick time, medical, dental, vision & retirement. Sal. commensurte with education & exp. **Send resume to 991 S. Dora St., Ukiah, CA 95482, attn: Mary Leittem-Thomas, principal, or for more info. 462-3888**

TLC Child & Family Services seeks 2 additional homes for Shelter Care program Applicants need to have at least 1 spare bdrm to house a child for up to 30 days. Guaranteed monthly allotment. Generous increase upon placement. Income tax-exempt. Exp. with children req. Parents will receive training, + Social Worker, in-home support & respite. Need 1 or 2-parent homes, with 1 parent home full time. Home with no more than 1 biological child considered. Retirees invited to apply. **Contact TLC 707-463-1100 Lic#236800809**

TOW OPERATOR Apply in person 1211 N. State St. Ukiah

Sell It Fast With Ukiah Daily Journal Classifieds

TRINITY YOUTH SERVICES Child Care Swing & graveyard shifts available. Starting $9.40 per hr. On call $9 per hr. Qualif. 21 years old, Med. & drug exam, T.B. test, criminal background check. Great benefit pkg. **Apply 915 W. Church St. Ukiah 95482**

140 CHILD CARE

Loving child care by responsible 18 y/o ref's CPR cert. house cleaning. 272-8215

200 SERVICES OFFERED

EXPERT CARPENTRY, Reasonalbe rates 468-5937

205 FINANCIAL SERVICES

LENDER FORECLOSURE AUCTION 500+ Homes Must Be Sold! Northern CA Counties. Free Catalog 1-800-963-4551. www.USHomeAuction.com

210 BUSINESS OPPORT.

ALL CASH CANDY Route. Do you earn $800 in a day? Your own local candy route. Includes 30 machines and candy. All for $9,995. MultiVend, LLC 880 Grand Blvd., Deer Park, NY 11729. 1-888-625-2405

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215 BUSINESSES FOR SALE

Ind. Station with gas, mart, restaurant. Easy access from Free Way. Net income $234K/yr. Asking $2.3 M incl. R.E. Call Tim Dinh 408-314-0923 (agt)

220 MONEY TO LOAN

Behind in mortgage payments? Private party has cash to loan. Lewis 707-338-8000

250 BUSINESS RENTALS

New 915sf high traffic location. Reduced price $700 /mo. www.ukiahlawyer.com/commercial 462-1896 Owner/Agt

Warehouse S. Ukiah 1250 sq', lg. fenced yard, with office, 220V, clean. No automotive. $650 + Sec. 462-8273

300 APARTMENTS UNFURNISHED

2BD/1BA No Sec. 8, No/sp, quiet & clean. $850 +dep. (707)391-5256

ALDERWOOD 1ST MO. 1/2 OFF DW\Garage+pool $850 mo. 463-2325

LEE KRAEMER PROPERTY MGMT Spacious 1bd1ba. $750. POOL, LAUNDRY, CARPORTS No Section 8. **463-2134**

PARK PLACE 1 bd. $750-$775 2 bdr. $850 TH $950. Pool/garg. 462-5009

300 APARTMENTS UNFURNISHED

Century 21

POTTER VALLEY

Charming farm house, 4 bd2ba, acreage.$1600/mo.

HOPLAND

2bd. 2ba Country setting with pond. Utils incl.$1300/mo.

UKIAH

140 Zinfandel 1bd1ba. $660 Hud OK.

CENTURY 21 Les Ryan Realty Property Management 468-0463

SPACIOUS 2bd1ba. No pets, water, garbage paid. 462-8600

Spacious 2bd. Pool. H20, trash pd. $825. Also 1bd. $700. Ht. AC Pd. N/P. 462-6075

Studio, Dwntwn. Incl. all util. $565/Mo. + dep. **462-7527. 8-5**

UKIAH WESTSIDE Lg. 2bd1ba. Upstairs. $950+dep. Avail 10/1 N/S/P. 621-1936

320 DUPLEXES

1bdrm. downtown Ukiah. $600. $1200 dep. 1 car gar. 707-468-8380

3BD/1BA new carpets, new blinds, garage, yard, air, near schools $1100 + dep. 468-0834, 468-5463

330 HOMES FOR RENT

2bd 2ba. Redwood Valley, carport. W/D HU. N/S, pets considered. Beautiful views. $1400. 485-7390

2bd. 1ba. Near golf course. $1250. No Smok,drugs, pets. 462-7615 391-7379

2BD/1BA redwood home. Brooktrails $950/mo. NS/NP 805-642-6065

3bdrm.2ba. Only $566/mo. 5% down. 20 yrs. @ 8%apr. For listings 800-749-7901 ext. S622

4bdrm 2.5b, w/river view. Gardener incl. Avail 9-22. $1900/ Mo 6k dep 521 Kennwood Dr. Uk 527-0622

HOME FOR RENT In desirable area $2200 2 stry, 4bd/3ba. View 491 Kenwood Dr. 480-0615

Hopland-Sml. hse. 1 bdrm., yard, no pets, N/S. $850/mo. Connie.744-1488

RENT TO OWN CLEAKLAKE 3bd. 2.5 ba. Brand new homes. (949)338-0196

WestSide-2 Homes #1-Carriage House Beautifully restored. Myriad upgrades. **#2-Upscale Beauty** Bdrm. suite/2 bth **Both: Quiet, Grges** Pristine & Spacious No Pts/Sm 468-9003

350 ROOMS FOR RENT

2 ROOMS FOR RENT, month-month, W.Side, quiet. F preferred 463-0184

370 WANTED TO RENT

Professional couple seeks 2bdrm house. Ukiah to Mendocino 707-357-0512

380 WANTED TO SHARE RENT

Downtown Willits Room $500mo. Utils incl. Nice yard. N/S. Male or fem. 456-9158

380 WANTED TO SHARE RENT

Large room in large house. $490 + $490 dep. util incl. 718-2110

WEST SIDE UPSTAIRS Master Suite avail now, shared kitchen & laundry $550 + 1/2 utilities N/S Female pref. 463-2898

400 NEW & USED EQUIPMENT

NordicTrack CX 990 $475 OBO Ramp motor needs repair call 463-2443

410 MUSICAL INSTRUMENTS

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440 FURNITURE

Beautiful red Ultra-Suede sofa w/ stain guard protection. Perfect cond. **964-2547**

Downsizing? Our expanding office needs solid wood desks, a table & cabinet. Call 462-1818

460 APPLIANCES

USED APPLIANCES & FURNITURE. Guaranteed. 485-1216

480 MISC. FOR SALE

16" Paulan Chain saw. Extra bar. Lots of extras chains. $125. **Complete Karaoke machine.** $40. 467-9678

✔Ergonomic kneeling chair for drafting table. Perfect for artists **$50.** ✔Adjustable photographer's portrait stool, never used. **$40.** **Call 467-3944.**

Kurby Vacuum, 1 yr old. With all attachments & carpet shampooer. $1000 obo. 467-9695 or 391-6885

LOPI Liberty Model EPA Cert. Stove. 24 inch. logs. $1000 obo 894-3294

SAWMILLS FROM ONLY $2,990-Convert your Logs into Valuable Lumber with your own Norwood portable band sawmill. Log skidders also available. www.NorwoodIndustries.com-Free Information: 1-800-578-1363x500-A.

SCOOTER RASCAL paid $1000, sell or same. New additions 463-0184

WOOL FOR SALE 707-743-1542 707-743-2687 MSG

500 PETS & SUPPLIES

Abandoned by owner Call to adopt. 2 adult cats. Very friendly, current on vaccines. **Blue Ribbon Pets 485-8454**

AKC CHOCOLATE Lab pups. Born 7/21 Exc blood line, health guarantee, 1st shots & wormed. M $450, F. $500 (541)-592-3933 www.rivervalleylabs.com

510 LIVESTOCK

RAM FOR SALE 707-743-1542 707-743-2687 MSG

Thoroughbred Mare 14 yrs. 15.2 hands. Very sweet, needs good home. $1000. 278-0332

590 GARAGE SALES

FREE GARAGE SALE SIGNS. Realty World Selzer Realty. 350 E. Gobbi

FRI. TIL ? 8AM-? Lots of furn., antiques, costume jewelry (4000 pieces), camping, rafts, vintage car parts, pump organ, acoustic guitar & amp. Dolls. Washers & dryers. **265 East Clay St. Greg's Transmission**

YARD SALE! 1117 Commerce Dr. Ukiah. Sept. 15, 8-3. Decking, fencing, forklifts & misc. Premium lattice top fence panels. $65 ea.

610 REC VEH CAMPING

2005 Cougar 27ft, 5th wheel, 1 slideout fiberglss sidings $1800 obo 391-5436

R.V. FULLY CONTAINED, sleeps 6. Frig., stove, bthrm $3500 Firm 463-0184

650 4X4'S FOR SALE

Chevy Z71 2004 4x4 Gold 37,000 miles Pwr Window, Pwr lock, Pwr seat. $18,000 Call (707) 489-1214

Ford Ranger 94 XL. Ext cab, 4x4, V6, Tool box, 135K mi. $1500/OBO 272-2490

670 TRUCKS FOR SALE

Chevy Silverado 1994, recent tune up. New tires, matching camper-shell & lumber rack. $5500 984-7282

680 CARS FOR SALE

Buick 2002 Regal LS Perfect cond. 61K orig mi. $8000/obo. 485-7414, 489-8943

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DONATE YOUR CAR: Children's Cancer Fund! help Save A Child's Life Through Research & Support! It's Fast, Easy & Tax Deductible. Please Call Today 1-800-252-0615

Mitsubishi Mirage 1999, 2dr coupe, LS, 221K mi., new tires. $1200 obo 272-2663

Pontiac Bonneville '97, great int. & ext. Runs good. $2,200 obo. 463-2586

720 MOBILES FOR SALE

BRAND NEW MANUFACTURED Homes and Mobile Homes with warranty for $18,900. Information, Floor Plans, and photos online at www.FactoryExpoHomes.com

By owner: Lg. 2bd. 2ba. 1440 sq.ft. 2 Cabana Ct. $120K. **463-1101**

LOW TO NO DOWN! Owner financing! Land/home options. 30-yr. fixed. No cost construction loan. LUV HOMES 707-588-2725

745 COMMERCIAL REAL ESTATE

FOR LEASE **GREAT LOCATION** 970 N. State St. 12K sq ft., good parking. **462-4344, 489-0810**



760 LOTS & ACREAGE

1ST TIME OFFERED New Mexico Ranch Dispersal. 140 acres- $99,900. River access. Northern New Mexico. Cool 6,500' elevation with stunning views. Great tree cover including Ponderosa, rolling grassland and rock outcroppings. Abundant wildlife, great hunting. EZ Terms. Call NML&R, Inc. 1-866-354-5263.

1st TIME OFFERED- Colorado Mountain Ranch. 35 acres- $39,900. Priced for Quick Sale. Overlooking a majestic lake, beautiful treed, 360 degrees mountain views, adjacent to national forest. EZ terms. Offered by Colorado Land & Ranches. 1-888-640-9023.

A RARE FIND New Mexico. Lake Access Retreat. 20 Acres - $29,900. Priced For Quick Sale. Incredible setting, including frequently running Pecos River, views and diverse topography. limited availability. Excellent financing. Call NML&R, Inc. 1-888-204-9760.

ARIZONA LAND LIQUIDATION! Near Tuscon, Football Field Sized Lots. $0 Down/$0 Interest, $159/mo. ($18,995 total). Free Information. Money Back Guarantee! 1-800-682-6103 Op #10

CENTRAL MONTANA LAND Bargains 40AC with pond- $89,900 160 AC- Elk Meadows- $139,900 160 AC with New Log Cabin- $189,900 640 AC w/Beautiful Log Camp- $649,900 Unbelievable views, 350 Class Elk, Huge Muleys & Whitetails, Great Pheasant & Grouse Hunts. "By far the best land investment opportunity in the West." Call Western Skies Land Co. 888-361-3006 or visit www.MontanaLandAndCamps.com

COMMERCIAL LOT Approx. .68 ac. flat S.W. Ukiah. In city limits. Elect. there. Deeded easement for water & sewer. Great spot for a mini storage. By owner. 462-5667 Gary

NEW TO MARKET 3-5 ac Ranch Homesites, starting at $39,900 outside Ruidoso, New Mexico. Located 30 minutes outside Ruidoso has, but more affordable, bigger & prettier. Call municipal water, adjacent to golf, convenient to all Ruidoso has, but more affordable, bigger & prettier. Call NML&R, Inc. 1-888-417-2624

SOUTHERN COLORADO 5 Acre homesites $59,900. Grand Opening Sale September 15th & 16th. Gated community, underground utilities, 1,100 acres of open space, spectacular mountain views. Great primary/secondary home. Recreation galore! Call today for appointment! 1-866-696-5263 X2560

770 REAL ESTATE

FORECLOSURE! 3bdrm. 2 ba. only $130K. For listings 800-749-7901 ext. R397

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770 REAL ESTATE

20 ACRE RANCH REPOSSESSIONS. Near booming El Paso, Texas. $14,900, $200 down/$145 monthly. (10%/225 months) Roads, surveyed, references. Free maps/pictures. Sunset Ranches. 1-800-544-2877

ABSOLUTE STEAL- ARIZONA Ranch Liquidation. 36 AC - $59,900. Perfect for private retreat. Endless views. Beautiful setting with fresh mountain air. Abundant wildlife. Secluded with good access. Financing available. Offered by AZLR 1-877-301-5263.

ARIZONA'S BEST BARGAIN 36 acres - $49,900. Nature calls! Eureka Springs Ranch, near AZ's wine country & charming Wilcox. Incredible views, rolling topography, abundant wildlife. EZ terms. Offered by AZLR. ADWR report avail. Call 1-877-301-5263.

HOW BIG IS 40 ACRES? Come find out! 40 acres - $39,900 Just outside Moses Lake, Washington. Beautiful land with captivating mix of rolling hills and occasional rock outcroppings - must see. Offered by a motivated seller. Excellent financing offered. Call WALR 1-866-585-5687.

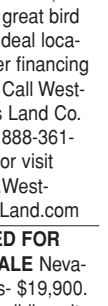
LAND LIQUIDATION. Developer retiring. From $1100 per acre. Electricity-gravel roads- 80 acres- State of Wyoming. Low down- Will finance. No Credit Check. Call Bob - Owner. 1-925-210-0560

MONTANA LAND & CABIN SALE 40AC Country Road- $69,900 40 AC with new cabin- $99,900 160 AC- $99,900 640 AC- $900/Acre! Beautiful views, trophy elk and deer, lots of water, great bird hunting. Ideal location. Owner financing available. Call Western Skies Land Co. anytime 888-361-3006 or visit www.WesternSkiesLand.com

PRICED FOR QUICK SALE Nevada 5 acres- $19,900. Beautiful building site with electric & county maintained roads. 360 degree views. Great recreational opportunities. Financing available. Call now! 1-877-349-0822

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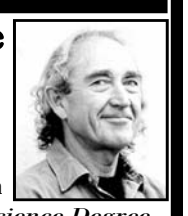
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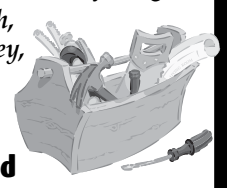
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The Ukiah Daily Journal publishes home improvement and construction advertisements from companies and individuals who have been licensed by the State of California. We also publish advertisements from unlicensed companies and individuals.

All licensed contractors are required by State Law to list their license number in advertisements offering their services. The law also states contractors performing work of improvements totaling $500 or more must be licensed by the State of California.

Advertisements appearing in these columns without a licensed number indicate that the contractor or individuals are not licensed by the State of California. Further information can be obtained by contacting the Contractors State License Board.

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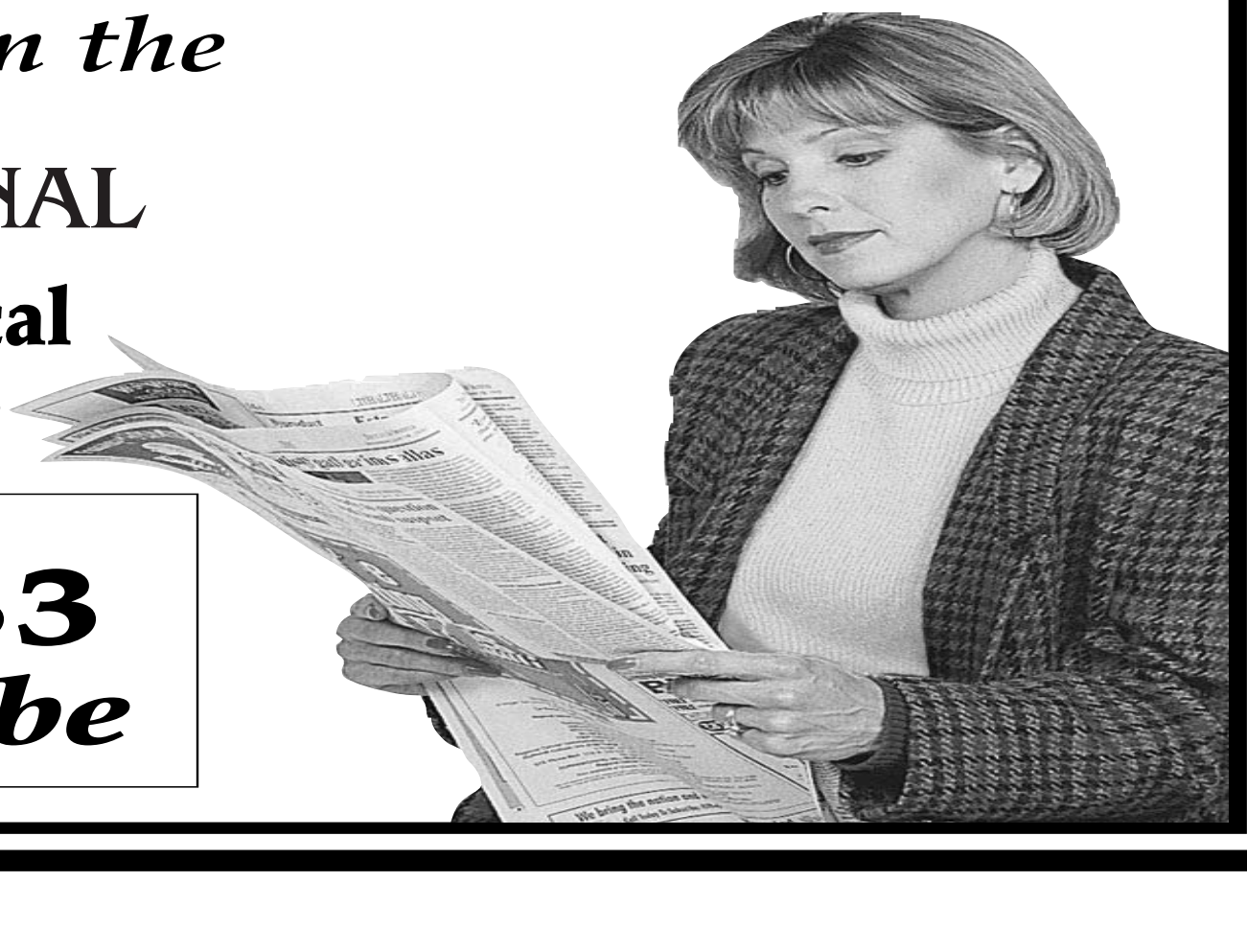
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3-DAY FORECAST

TODAY
93°
Mostly sunny

TONIGHT
52°
Partly cloudy

WEDNESDAY
88°
52°
Sunny to partly cloudy

THURSDAY
83°
49°
Several hours of sunshine

SUN AND MOON

Sunrise today	6:50 a.m.
Sunset tonight	7:28 p.m.
Moonrise today	6:59 a.m.
Moonset today	7:31 p.m.

MOON PHASES

New	First	Full	Last
Sept. 11	Sept. 19	Sept. 26	Oct. 3

ALMANAC

Ukiah through 2 p.m. Monday

Temperature

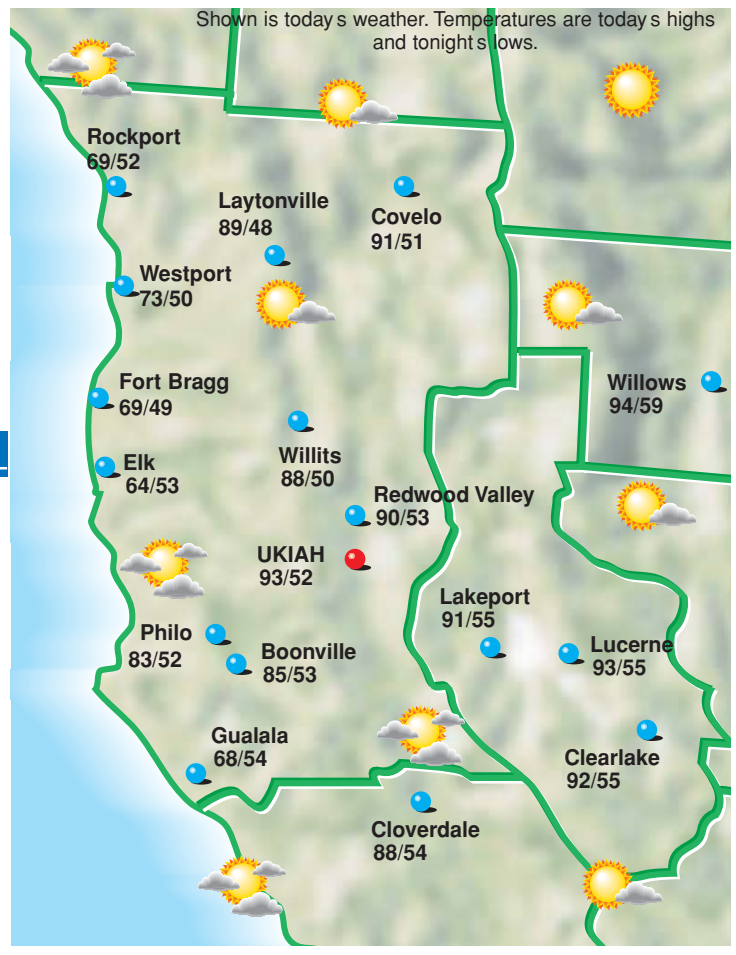
High	84	
Low	52	
Normal high	87	
Normal low	53	
Record high	108	in 1953
Record low	37	in 1911

Precipitation

24 hrs to 2 p.m. Mon.	0.00"
Month to date	Trace
Normal month to date	0.16"
Season to date	0.12"
Last season to date	0.00"
Normal season to date	0.35"

Forecasts and graphics provided by **AccuWeather, Inc.** 2007

REGIONAL WEATHER



CALIFORNIA CITIES

City	Today Hi/Lo/W	Wed. Hi/Lo/W	City	Today Hi/Lo/W	Wed. Hi/Lo/W
Anaheim	88/64/s	91/65/s	Napa	84/54/pc	79/52/pc
Antioch	85/56/s	80/57/s	Needles	109/81/s	109/80/s
Arroyo Grande	79/54/pc	78/51/pc	Oakland	71/55/pc	68/56/pc
Atascadero	89/53/pc	89/53/pc	Ontario	99/64/s	100/64/s
Auburn	93/62/s	88/60/s	Orange	88/64/s	86/60/s
Barstow	102/71/s	104/72/s	Oxnard	70/60/s	71/60/s
Big Sur	74/53/pc	74/57/pc	Palm Springs	108/79/s	108/79/s
Bishop	93/51/s	93/52/s	Pasadena	96/64/s	94/68/s
Blythe	109/79/s	109/81/s	Pomona	98/63/s	97/57/s
Burbank	96/64/s	95/65/s	Potter Valley	91/53/s	88/51/s
California City	97/67/s	100/65/s	Redding	97/56/s	96/54/s
Carpinteria	69/57/s	70/57/s	Riverside	98/63/s	104/63/s
Catalina	71/62/s	71/59/s	Sacramento	89/57/s	84/55/s
Chico	94/61/s	90/58/s	Salinas	70/56/pc	68/56/pc
Crescent City	60/49/pc	61/50/pc	San Bernardino	98/63/s	99/63/s
Death Valley	118/79/s	117/77/s	San Diego	76/66/s	76/66/s
Downey	86/64/s	85/65/s	San Fernando	96/63/s	95/62/s
Encinitas	81/64/s	80/64/s	San Francisco	70/56/pc	68/56/pc
Escondido	94/65/s	89/63/s	San Jose	80/57/pc	78/57/s
Eureka	62/48/pc	60/50/pc	San Luis Obispo	80/54/pc	77/54/pc
Fort Bragg	69/49/pc	68/51/pc	San Rafael	68/54/pc	67/55/pc
Fresno	97/65/s	97/65/s	Santa Ana	79/64/s	78/65/s
Gilroy	81/57/s	80/54/s	Santa Barbara	74/54/s	74/54/s
Indio	108/76/s	108/76/s	Santa Cruz	73/55/pc	72/57/pc
Irvine	79/64/s	78/65/s	Santa Monica	74/62/s	74/63/s
Hollywood	93/63/s	92/66/s	Santa Rosa	80/50/pc	72/52/s
Lake Arrowhead	90/57/s	90/48/s	S. Lake Tahoe	77/37/s	77/40/s
Lodi	92/58/s	88/56/s	Stockton	90/55/s	88/57/s
Lompoc	71/54/pc	70/55/pc	Tahoe Valley	77/37/s	77/40/s
Long Beach	88/64/s	88/64/s	Torrance	82/64/s	81/64/s
Los Angeles	88/64/s	88/66/s	Vacaville	93/57/s	84/56/s
Mammoth	73/45/s	75/41/s	Vallejo	72/55/pc	68/54/pc
Marysville	94/59/s	88/55/s	Van Nuys	98/62/s	99/62/s
Modesto	91/59/s	87/61/s	Visalia	94/61/s	94/61/s
Monrovia	97/64/s	95/65/s	Willits	88/50/s	85/49/s
Monterey	65/54/pc	65/54/pc	Yosemite Valley	92/50/s	93/52/s
Morro Bay	66/56/pc	67/58/pc	Yreka	90/44/s	91/45/s

Weather (W): **s**-sunny, **pc**-partly cloudy, **c**-cloudy, **sh**-showers, **t**-thunderstorms, **r**-rain, **sf**-snow flurries, **sn**-snow, **i**-ice.

Lake Mendocino – Lake level: 724.37 feet; Storage: 47,712 acre-feet (Maximum storage 122,500 acre-feet) Inflow: 250 cfs Outflow: 250 cfs
Air quality – Ozone: .046 ppm (State standard .090 ppm) Carbon monoxide: .33 ppm (20.0 ppm) Nitrogen dioxide: .005 ppm (.25 ppm)

HIV test may become part of annual physical

The Daily Journal

With approval from Gov. Arnold Schawrzenegger, HIV tests could become a routine part of your annual physical following the approval of Assembly Bill 682 Monday.

"More people will be tested," said Patty Berg, D-Eureka who authored the bill. "That means more people will seek treatment earlier, and fewer people will be spreading the virus."

Assembly Bill 682 deletes a provision in existing law that requires patients to sign a special form before receiving a blood test for HIV, the virus that causes AIDS. Experts say this written form tends to discourage people from being tested.

While AB 682 makes it easier for doctors to test their patients, it still ensures that Californians have a right to decline the test. The bill brings California in line with guidelines proposed by the Centers for Disease Control and Prevention.

"This bill is important as it will empower people, educate people, and provide them with opportunities for testing, counseling, support, and information," said Assemblywoman Bonnie Garcia, R-Cathedral City, who urged her fellow Republicans to support the bill.

Studies have shown that people with HIV often go undetected and untreated even when they are receiving medical care for other diseases. Even as recently as 2004, 39 percent of HIV patients were unaware of their status until they were less than a year away from being diagnosed with full-blown AIDS.

"Too many people learn of their HIV status when they present themselves to a healthcare provider due to an illness, often too late to fully benefit from treatment," said Joseph Terrill, public policy coordinator for AIDS Healthcare Foundation, co-sponsor of the bill. "AB 682 will ensure more Californians get access to care and treatment, and interrupt their unwitting exposure of others."

The CDC estimated more than a million Americans live with HIV, but nearly 250,000 don't know it. In California, the State Office of AIDS estimates that about 40,000 Californians don't know they are carrying the virus.

"AB 682 strikes an important balance between protecting the rights of individual patients while removing outdated barriers to routine screening that will help us find those with undiagnosed HIV infection," said Anmol Mahal, MD, President of the California Medical Association, a co-sponsor of the bill. "The State Legislature should be strongly commended for overwhelmingly passing this practical, life-saving legislation," he said.

The bill has received support from statewide AIDS groups, doctors and public health officers in California. It also received bipartisan support throughout the legislative process.

The bill now needs the governor's signature to become law.

For the ninth year, volunteers will help keep Lake Mendocino beautiful

14th annual National Public Lands Day set for Sept. 29

The Daily Journal

The Bushay Campground and Mesa Day-Use Area will be getting a bit of a makeover as Mendocino County residents join together Saturday, Sept. 29 for a one-day volunteer restoration effort for America's public lands at Lake Mendocino.

Local volunteers from community groups, Scout troops, individuals, and families will provide their services by devoting their day to help restore and clean-up the resources and buildings at Lake Mendocino as part of the 14th annual National Public Lands Day on Saturday, Sept. 29.

Sponsored for the ninth consecutive year by Toyota Motor Sales, USA, the national cleanups give Americans an annual chance to make public lands in local communities more attractive.

"Last year we reached a monumental participation of 100,000 volunteers in National Public Lands Day, and we are expecting to increase this by an additional 10,000 this year, said Robb Hampton, director of National Public Lands Day. "Every 100,000 volunteers represent an additional $1.8 million worth of labor for American lands. and we invite you to join us in this effort."

This year's focus for National Public Lands Day is invasive weeds and pests, an issue costing the federal government $120 billion annually on the control and effects of more than 800 out-of-control invaders posing a threat to the environment.

For the fourth year in a row, volunteers who work at a site managed by any of five federal agencies will be rewarded with a pass good for free entry any day during the next year at public land sites managed by those agencies: National Park Service, USDA Forest Service, U.S. Fish and Wildlife Service, Bureau of Land Management and U.S. Army Corps of Engineers.

The first 100 volunteers at Lake Mendocino will receive a National Public Lands Day baseball hat. In addition, all Lake Mendocino volunteers will receive a coupon good for one free night of camping at Lake Mendocino.

For more information, contact Laura Smith at 462-7581 ext. 33, or to see a list of NPLD sites, activities, contacts and downloadable photos from past events, check the Media Center section of www.publiclands-day.org.

County healthcare deadline extended

By LINDA WILLIAMS
The Willits News

Spokespersons for both Mendocino County and the Foundation for Medical Care agree their August 28 talks about the county employee healthcare contract were productive.

Although no issues were fully resolved, the two sides agreed to extend the deadline until September 17 to address the issues that prompted the contract cancellation on August 6.

The county contracted with the foundation in 2001 to provide doctors and conduct procedures at a discounted rate for the county employee's healthcare program.

The county has not raised the physician reimbursement rates since 2002. In March 2007, the foundation sent the county an amended contract with a new pay schedule but received no response from the county.

The proposed new rates are 16 percent higher than the current level, representing a modest three percent per year increase, says Robert Faulk, foundation executive director. Progress on the two other issues cited in the August 6 letter was made during the Aug. 28 meeting, says Faulk. The foundation voted on Aug. 29 to extend the deadline.

"The meeting went well, I think it was a learning experience for both sides," says Linda Clouser, county human resources director.

The county is now waiting for a proposal from the foundation to take to the Mendocino County Board of Supervisors. Any increase in the medical care costs will need to be approved by them as part of the county's budget process.

"All county employees have health insurance," assures Clouser. "Although the county is in negotiations with the Foundation for Medical Care about the contract, the county is self insured and employees will still have insurance no matter what happens with the negotiations."

The county also contracts with Delta Insurance to administer the health plan for county employees.

Students

Continued from Page 1

"Her story is that she gave the students the option to leave and that the other kids left along with them," he said. "I know for a fact that at least four other parents have called the district about this."

Kleim said Steve Turner of UUSD was investigating the incident. Turner said the matter was internal and refused to make a statement.

"This is a personnel issue and I'm not going to comment on it," he said.

Lois Nash, UUSD superintendent, said that the inquest into what happened was being conducted by Turner and was ongoing.

"What I do know is that on Wednesday of last week something occurred on the bus," she said. "Some students got off the bus. Those parents were concerned and called Steve Turner. This morning he went over to the high school to investigate about what went on."

Kylie Kanani, a junior at UHS, said she normally rides the bus, but was not onboard when the event occurred.

She said she sometimes gets on the bus before getting off and transferring to another one.

"I knows the student who thought was being too rowdy," she said. "She said he was waving and being noisy and she got really mad. I've ridden her bus before and nothing like this had ever happened"

Kleim said his son was distraught over the incident and didn't ride the bus the following day.

"From what I've heard, she's still driving," he said.

Rob Burgess can be contacted at udjrb@pacific.net.

Career

Continued from Page 1

Marine Corps booth," Norman said. "People here have really helped tell me what to do. I've learned a lot of stuff I didn't know."

In addition to the booths hosted by prospective schools and employers, Mendocino College also had some its own representatives at a bevy of different booths helping students sign up for Financial Aid, the College Assistance Migrant Program and even certain lesser-known classes at the college.

With a successful turnout and more exhibitors, booths and displays than ever, the Mendocino College Career and University Day helped get the year going on a positive note for many area students.

"Events like this really helps get them kick started," said Donald Moore, head of student services.

For more information about Career and University Day, contact the Mendocino College Career and Transfer Center at 468-3044 or visit www.mendocino.edu.

Zack Sampsel can be reached at udjzs@pacific.net.

Exhibits

Continued from Page 1

- Northern CA Rehab Hospital
- Patten University
- Peace Corps
- Rau and Associates, Inc.
- Redwood Credit Union
- Redwood Empire Electrical JATC
- Retech System
- Robert Ross International University of Nursing
- Safeway (Willits)
- San Francisco State University
- Savings Bank of Mendocino County
- Sierra Nevada College
- Solar Living Institute
- Sonoma State University
- UC San Francisco
- U. S. Air Force
- U. S. Army
- U. S. Army Corps of Engineers
- U. S. Marines
- Ukiah Beauty College
- Ukiah Convalescent Hospital
- Ukiah Valley Medical Center
- USDA Forest Service
- UVAH - Mayacama
- Wal-Mart
- Wells Fargo Bank
- Yuba College

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SUPERBAD (R) - ID REQ'D (420) 700
THE NANNY DIARIES (PG-13) (520) 745
RUSH HOUR 3 (PG-13) (530) 740
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